

Resultater – Vinterlang 6. afd. 26-2-2017

2017-02-26

Mellemsvær		(7 / 7)		Tid	Efter		
1.	Dicte Højbjerg Andersen		Helsingør SOK	54:14			
	0:45 (0:45)	3:51 (4:36)	4:50 (9:26)	6:22 (15:48)	5:54 (21:42)	3:56 (25:38)	
	5:45 (31:23)	4:49 (36:12)	3:09 (39:21)	6:54 (46:15)	1:33 (47:48)	4:17 (52:05)	
	1:14 (53:19)	0:55 (54:14)					
2.	Tobias Olloz		Tisvilde Hegn OK	1:01:06	+6:52		
	3:30 (3:30)	3:57 (7:27)	4:29 (11:56)	2:44 (14:40)	6:55 (21:35)	9:22 (30:57)	
	6:21 (37:18)	4:45 (42:03)	3:00 (45:03)	9:31 (54:34)	1:14 (55:48)	3:55 (59:43)	
	0:40 (1:00:23)	0:43 (1:01:06)					
3.	Tim Lasman Husgard		Uden klub	1:03:20	+9:06		
	1:41 (1:41)	6:00 (7:41)	3:47 (11:28)	3:10 (14:38)	6:40 (21:18)	5:09 (26:27)	
	9:06 (35:33)	4:25 (39:58)	3:33 (43:31)	11:05 (54:36)	1:28 (56:04)	3:56 (1:00:00)	
	0:36 (1:00:36)	2:44 (1:03:20)					
4.	Nynne Høst Nedergaard		Helsingør SOK	1:05:00	+10:46		
	0:54 (0:54)	4:50 (5:44)	5:33 (11:17)	3:14 (14:31)	7:32 (22:03)	5:25 (27:28)	
	8:01 (35:29)	6:54 (42:23)	5:23 (47:46)	9:41 (57:27)	1:35 (59:02)	4:24 (1:03:26)	
	0:46 (1:04:12)	0:48 (1:05:00)					
5.	Sarah Dinesen		Helsingør SOK	1:29:38	+35:24		
	3:33 (3:33)	4:35 (8:08)	6:06 (14:14)	14:07 (28:21)	11:31 (39:52)	5:51 (45:43)	
	11:12 (56:55)	6:58 (1:03:53)	4:45 (1:08:38)	11:22 (1:20:00)	2:08 (1:22:08)	5:56 (1:28:04)	
	0:45 (1:28:49)	0:49 (1:29:38)					
6.	Jan Skov		Uden klub	1:37:54	+43:40		
	4:07 (4:07)	6:22 (10:29)	10:32 (21:01)	7:30 (28:31)	11:37 (40:08)	6:56 (47:04)	
	10:08 (57:12)	8:46 (1:05:58)	6:29 (1:12:27)	14:19 (1:26:46)	2:14 (1:29:00)	5:56 (1:34:56)	
	1:03 (1:35:59)	1:55 (1:37:54)					
	Olivia Bonefeld		Helsingør SOK	Udgået			
	1:45 (1:45)	4:40 (6:25)	5:38 (12:03)	6:51 (18:54)	9:59 (28:53)	- (-)	
	- (-)	- (-)	- (-)	- (-)	- (-)	- (-)	
	- (-)	- (-)					
SværKort		(31 / 31)		Tid	Efter		
1.	Christopher Wiberg		PI-København	48:43			
	2:10 (2:10)	1:06 (3:16)	3:13 (6:29)	3:00 (9:29)	4:30 (13:59)	0:59 (14:58)	
	1:50 (16:48)	0:49 (17:37)	1:28 (19:05)	1:58 (21:03)	2:40 (23:43)	1:37 (25:20)	
	1:09 (26:29)	3:45 (30:14)	0:54 (31:08)	5:04 (36:12)	2:12 (38:24)	4:55 (43:19)	
	3:39 (46:58)	0:57 (47:55)	0:48 (48:43)				
2.	Mette Stub		PI-København	55:15	+6:32		
	2:28 (2:28)	1:14 (3:42)	4:11 (7:53)	2:53 (10:46)	4:53 (15:39)	1:02 (16:41)	
	1:31 (18:12)	2:12 (20:24)	3:27 (23:51)	1:46 (25:37)	1:43 (27:20)	1:01 (28:21)	
	1:43 (30:04)	3:44 (33:48)	0:55 (34:43)	5:15 (39:58)	2:08 (42:06)	5:28 (47:34)	
	5:59 (53:33)	0:56 (54:29)	0:46 (55:15)				
3.	Lars Munkved		Allerød OK	55:28	+6:45		
	2:32 (2:32)	1:08 (3:40)	4:21 (8:01)	2:48 (10:49)	4:37 (15:26)	1:01 (16:27)	
	1:35 (18:02)	1:07 (19:09)	1:40 (20:49)	2:14 (23:03)	1:38 (26:19)	1:38 (27:57)	
	1:16 (29:13)	3:57 (33:10)	1:10 (34:20)	5:26 (39:46)	2:25 (42:11)	5:18 (47:29)	
	6:20 (53:49)	0:51 (54:40)	0:48 (55:28)				
4.	Kurt Thuesen		FSK Orientering	1:08:37	+19:54		
	3:06 (3:06)	1:19 (4:25)	4:11 (8:36)	3:36 (12:12)	5:24 (17:36)	1:13 (18:49)	
	1:53 (20:42)	1:30 (22:12)	2:20 (24:32)	2:35 (27:07)	3:58 (31:05)	2:09 (33:14)	
	1:50 (35:04)	4:29 (39:33)	3:23 (42:56)	6:27 (49:23)	4:40 (54:03)	7:12 (1:01:15)	
	5:08 (1:06:23)	1:10 (1:07:33)	1:04 (1:08:37)				
5.	Lasse Grønnebæk		Amager OK	1:10:05	+21:22		
	3:04 (3:04)	1:09 (4:13)	3:52 (8:05)	3:49 (11:54)	4:59 (16:53)	1:10 (18:03)	
	1:45 (19:48)	2:57 (22:45)	4:05 (26:50)	1:57 (28:47)	2:27 (31:14)	1:10 (32:24)	
	2:25 (34:49)	4:09 (38:58)	4:02 (43:00)	6:09 (49:09)	6:02 (55:11)	8:11 (1:03:22)	
	4:09 (1:07:31)	1:07 (1:08:38)	1:27 (1:10:05)				
6.	Michael Nygaard Møller		OK73	1:12:19	+23:36		
	3:16 (3:16)	1:17 (4:33)	3:49 (8:22)	3:48 (12:10)	5:05 (17:15)	11:36 (28:51)	
	1:44 (30:35)	2:02 (32:37)	2:07 (34:44)	2:17 (37:01)	3:49 (40:50)	1:52 (42:42)	
	1:25 (44:07)	4:46 (48:53)	2:28 (51:21)	6:44 (58:05)	2:23 (1:00:28)	6:20 (1:06:48)	
	3:27 (1:10:15)	0:59 (1:11:14)	1:05 (1:12:19)				
7.	Anette Holm		Farum OK	1:14:17	+25:34		
	3:53 (3:53)	1:30 (5:23)	4:40 (10:03)	4:04 (14:07)	7:04 (21:11)	1:23 (22:34)	
	2:23 (24:57)	3:02 (27:59)	4:38 (32:37)	2:11 (34:48)	2:04 (36:52)	1:19 (38:11)	
	2:32 (40:43)	5:55 (46:38)	1:16 (47:54)	7:09 (55:03)	3:02 (58:05)	8:48 (1:06:53)	
	4:45 (1:11:38)	1:30 (1:13:08)	1:09 (1:14:17)				
8.	Mathilde Smedegaard Madsen		OK Sorø	1:14:49	+26:06		
	3:55 (3:55)	1:38 (5:33)	4:59 (10:32)	4:22 (14:54)	6:36 (21:30)	1:28 (22:58)	
	2:13 (25:11)	1:09 (26:20)	2:17 (28:37)	2:46 (31:23)	4:17 (35:40)	2:01 (37:41)	
	1:27 (39:08)	7:12 (46:20)	1:25 (47:45)	8:01 (55:46)	3:28 (59:14)	8:37 (1:07:51)	
	4:26 (1:12:17)	1:21 (1:13:38)	1:11 (1:14:49)				
9.	Eva Smedegaard		OK Sorø	1:14:54	+26:11		
	3:56 (3:56)	1:35 (5:31)	5:03 (10:34)	4:18 (14:52)	6:40 (21:32)	1:21 (22:53)	
	2:12 (25:05)	2:50 (27:55)	4:34 (32:29)	2:04 (34:33)	2:31 (37:04)	1:13 (38:17)	
	2:23 (40:40)	5:41 (46:21)	1:19 (47:40)	8:08 (55:48)	3:19 (59:07)	8:42 (1:07:49)	
	4:27 (1:12:16)	1:24 (1:13:40)	1:14 (1:14:54)				
10.	Daniel Nørgaard Bachmann		Amager OK	1:14:57	+26:14		
	3:13 (3:13)	1:24 (4:37)	4:39 (9:16)	5:53 (15:09)	6:08 (21:17)	1:28 (22:45)	
	2:08 (24:53)	1:18 (26:11)	2:31 (28:42)	2:58 (31:40)	5:03 (36:43)	2:21 (38:04)	
	1:48 (40:52)	5:22 (46:14)	2:07 (48:21)	6:55 (55:16)	4:33 (59:49)	7:56 (1:07:45)	
	4:55 (1:12:40)	1:12 (1:13:52)	1:05 (1:14:57)				
11.	Ole D. Jensen		Tisvilde Hegn OK	1:15:06	+26:23		
	3:33 (3:33)	1:35 (5:08)	4:52 (10:00)	4:29 (14:29)	6:29 (20:58)	1:29 (22:27)	
	2:20 (24:47)	3:05 (27:52)	4:15 (32:07)	2:29 (34:36)	2:25 (37:01)	1:26 (38:27)	
	2:36 (41:03)	5:36 (46:39)	1:48 (48:27)	7:31 (55:58)	3:40 (59:38)	7:56 (1:07:34)	
	5:14 (1:12:48)	1:16 (1:14:04)	1:02 (1:15:06)				
12.	Nils Sættem		Kildeholm OK	1:18:34	+29:51		
	3:58 (3:58)	1:21 (5:19)	4:10 (9:29)	4:46 (14:15)	6:54 (21:09)	1:17 (22:26)	
	2:00 (24:26)	1:15 (25:41)	2:37 (28:18)	3:48 (32:06)	4:10 (36:16)	2:11 (38:27)	
	2:10 (40:37)	6:08 (46:45)	1:18 (48:03)	7:10 (55:13)	7:23 (1:02:36)	8:38 (1:11:14)	
	4:48 (1:16:02)	1:33 (1:17:35)	0:59 (1:18:34)				

13.	Bent Johansen	OK73	1:19:01	+30:18		
	3:43 (3:43)	1:33 (5:16)	4:22 (9:38)	5:20 (14:58)	6:25 (21:23)	1:25 (22:48)
	2:04 (24:52)	2:51 (27:43)	4:39 (32:22)	2:23 (34:45)	2:21 (37:06)	1:16 (38:22)
	2:45 (41:07)	4:57 (46:04)	1:43 (47:47)	7:24 (55:11)	7:45 (1:02:56)	8:05 (1:11:01)
	5:41 (1:16:42)	1:14 (1:17:56)	1:05 (1:19:01)			
14.	Jørn Mouritzen	Fredensborg OK	1:21:43	+33:00		
	3:59 (3:59)	1:15 (5:14)	3:45 (8:59)	7:56 (16:55)	5:18 (22:13)	1:08 (23:21)
	5:01 (28:22)	2:42 (31:04)	5:20 (36:24)	2:01 (38:25)	2:00 (40:25)	1:12 (41:37)
	2:24 (44:01)	5:00 (49:01)	2:44 (51:45)	6:23 (58:08)	7:32 (1:05:40)	7:45 (1:13:25)
	6:34 (1:19:59)	0:55 (1:20:54)	0:49 (1:21:43)			
15.	Mogens Hansen	OK Skærmøen Værløse	1:21:46	+33:03		
	4:00 (4:00)	1:36 (5:36)	4:35 (10:11)	4:37 (14:48)	6:08 (20:56)	1:19 (22:15)
	2:19 (24:34)	2:48 (27:22)	5:03 (32:25)	2:13 (34:38)	2:17 (36:55)	1:33 (38:28)
	2:22 (40:50)	5:12 (46:02)	1:37 (47:39)	7:21 (55:00)	7:27 (1:02:27)	11:16 (1:13:43)
	5:47 (1:19:30)	1:13 (1:20:43)	1:03 (1:21:46)			
16.	Maria Iben Sell-Petersen	Allerød OK	1:28:54	+40:11		
	4:01 (4:01)	1:27 (5:28)	4:29 (9:57)	4:25 (14:22)	6:37 (20:59)	1:21 (22:20)
	2:02 (24:22)	3:09 (27:31)	4:33 (32:04)	2:20 (34:24)	2:26 (36:50)	1:35 (38:25)
	2:34 (40:59)	5:17 (46:16)	1:54 (48:10)	6:57 (55:07)	10:21 (1:05:28)	13:48 (1:19:16)
	6:08 (1:25:24)	2:32 (1:27:56)	0:58 (1:28:54)			
17.	Niels Hamborg Jensen	OK Skærmøen Værløse	1:30:45	+42:02		
	3:49 (3:49)	1:36 (5:25)	4:21 (9:46)	5:19 (15:05)	6:21 (21:26)	1:25 (22:51)
	4:12 (27:03)	2:56 (29:59)	4:21 (34:20)	2:16 (36:36)	2:10 (38:46)	7:16 (46:02)
	2:11 (48:13)	5:54 (54:07)	4:24 (58:31)	6:57 (1:05:28)	5:01 (1:10:29)	9:00 (1:19:29)
	9:04 (1:28:33)	1:17 (1:29:50)	0:55 (1:30:45)			
18.	Erik Ljungdahl	Faaborg OK	1:30:54	+42:11		
	3:46 (3:46)	1:46 (5:32)	8:40 (14:12)	4:21 (18:33)	7:00 (25:33)	1:43 (27:16)
	2:34 (29:50)	4:53 (34:43)	2:57 (37:40)	4:34 (42:14)	5:13 (47:27)	2:48 (50:15)
	1:59 (52:14)	5:34 (57:48)	2:13 (1:00:01)	8:27 (1:08:28)	3:49 (1:12:17)	9:56 (1:22:13)
	5:56 (1:28:09)	1:34 (1:29:43)	1:11 (1:30:54)			
19.	Bruno Stub	PI-København	1:34:17	+45:34		
	4:54 (4:54)	1:58 (6:52)	6:18 (13:10)	4:58 (18:08)	9:54 (28:02)	1:33 (29:35)
	3:23 (32:58)	3:41 (36:39)	5:09 (41:48)	2:17 (44:05)	2:40 (46:45)	5:05 (51:50)
	3:06 (54:56)	6:15 (1:01:11)	1:26 (1:02:37)	9:02 (1:11:39)	3:28 (1:15:07)	10:55 (1:26:02)
	5:19 (1:31:21)	1:32 (1:32:53)	1:24 (1:34:17)			
20.	Christian Bovet	OK73	1:37:08	+48:25		
	3:35 (3:35)	1:06 (4:41)	3:48 (8:29)	3:06 (11:35)	4:25 (16:00)	12:55 (28:55)
	3:45 (32:40)	2:27 (35:07)	4:34 (39:41)	4:00 (43:41)	2:29 (46:10)	5:23 (51:33)
	2:19 (53:52)	3:59 (57:51)	2:14 (1:00:05)	8:12 (1:08:17)	3:27 (1:11:44)	11:12 (1:22:56)
	10:15 (1:33:11)	1:50 (1:35:01)	2:07 (1:37:08)			
21.	Preben Lupnaav	Herlufsholm OK	1:45:14	+56:31		
	4:03 (4:03)	1:59 (6:02)	7:55 (13:57)	5:09 (19:06)	7:42 (26:48)	1:52 (28:40)
	2:18 (30:58)	4:00 (34:58)	6:37 (41:35)	2:55 (44:30)	2:37 (47:07)	4:37 (51:44)
	3:10 (54:54)	7:48 (1:02:42)	1:56 (1:04:38)	8:59 (1:13:37)	10:45 (1:24:22)	9:10 (1:33:32)
	8:05 (1:41:37)	1:59 (1:43:36)	1:38 (1:45:14)			
22.	Thibaud Turcat	PI-København	1:47:12	+58:29		
	4:38 (4:38)	4:16 (8:54)	5:28 (14:22)	4:13 (18:35)	7:52 (26:27)	1:25 (27:52)
	3:28 (31:20)	1:30 (32:50)	2:56 (35:46)	3:22 (39:08)	6:12 (45:20)	2:47 (48:07)
	7:28 (55:35)	5:24 (1:00:59)	4:46 (1:05:45)	17:14 (1:22:59)	4:10 (1:27:09)	10:02 (1:37:11)
	5:58 (1:43:09)	2:01 (1:45:10)	2:02 (1:47:12)			
23.	Annelise Hansen	FIF Hillerød Orientering	2:09:48	+81:05		
	4:09 (4:09)	2:14 (6:23)	7:12 (13:35)	5:50 (19:25)	7:57 (27:22)	2:09 (29:31)
	2:36 (32:07)	4:13 (36:20)	6:26 (42:46)	3:40 (46:26)	12:07 (58:33)	11:55 (1:10:28)
	3:58 (1:14:26)	6:34 (1:21:00)	2:45 (1:23:45)	9:36 (1:33:21)	6:01 (1:39:22)	18:59 (1:58:21)
	7:56 (2:06:17)	2:10 (2:08:27)	1:21 (2:09:48)			
24.	Camilla Bøgevig Larkai	OK73	2:13:33	+84:50		
	3:30 (3:30)	1:40 (5:10)	5:33 (10:43)	6:22 (17:05)	7:20 (24:25)	1:34 (25:59)
	2:31 (28:30)	7:50 (36:20)	7:37 (43:57)	6:53 (50:50)	6:54 (57:44)	3:29 (1:01:13)
	1:58 (1:03:11)	6:42 (1:09:53)	9:04 (1:18:57)	11:09 (1:30:06)	8:57 (1:39:03)	18:50 (1:57:53)
	12:00 (2:09:53)	1:50 (2:11:43)	1:50 (2:13:33)			
	Bjarne Sørensen	Amager OK	Fejlklip			
	4:06 (4:06)	1:58 (6:04)	8:04 (14:08)	4:52 (19:00)	7:21 (26:21)	1:46 (28:07)
	2:24 (30:31)	4:08 (34:39)	8:16 (42:55)	12:53 (55:48)	3:32 (59:20)	10:34 (1:09:54)
	4:06 (1:14:00)	6:42 (1:20:42)	2:33 (1:23:15)	10:28 (1:33:43)	5:08 (1:38:51)	19:19 (1:58:10)
	8:23 (2:06:33)	- (-)	- (2:10:01)			
	Torkil Hansen	PI-København	Udgået			
	2:43 (2:43)	1:16 (3:59)	3:56 (7:55)	3:16 (11:11)	5:14 (16:25)	1:50 (18:15)
	2:21 (20:36)	1:39 (22:15)	2:46 (25:01)	2:57 (27:58)	5:05 (33:03)	- (-)
	- (-)	- (-)	- (-)	- (-)	- (-)	- (-)
	- (-)	- (-)	- (-)			
	Bendt Frandsen	Farum OK	Ej startet			
	Leif Jensen	OK Skærmøen Værløse	Ej startet			
	Mette Seir Hansen	Helsingør SOK	Ej startet			
	Rasmus Velling	OK Skærmøen Værløse	Ej startet			
	Theis Munktvad	Allerød OK	Ej startet			
SværLang		(4 / 4)	Tid	Efter		
1.	Steen Piiil	Søllerød OK	1:59:31			
	3:24 (3:24)	1:57 (5:21)	1:42 (7:03)	0:48 (7:51)	1:51 (9:42)	2:13 (11:55)
	2:51 (14:46)	1:29 (16:15)	1:13 (17:28)	4:34 (22:02)	1:12 (23:14)	8:58 (32:12)
	2:38 (34:50)	4:51 (39:41)	3:50 (43:31)	2:46 (46:17)	2:56 (49:13)	4:31 (53:44)
	1:49 (55:33)	7:30 (1:03:03)	2:01 (1:05:04)	7:17 (1:12:21)	7:23 (1:19:44)	5:29 (1:25:13)
	3:51 (1:29:04)	4:13 (1:33:17)	8:43 (1:42:00)	4:09 (1:46:09)	6:34 (1:52:43)	3:42 (1:56:25)
	3:06 (1:59:31)					
2.	Mikkel Skaarup	Ballerup OK	1:59:50	+0:19		
	3:27 (3:27)	1:55 (5:22)	1:45 (7:07)	0:47 (7:54)	2:03 (9:57)	2:24 (12:21)
	2:37 (14:58)	1:22 (16:20)	1:03 (17:23)	8:06 (25:29)	0:58 (26:27)	8:35 (35:02)
	2:28 (37:30)	4:25 (41:55)	3:05 (45:00)	2:25 (47:25)	2:25 (49:50)	4:01 (53:51)
	1:38 (55:29)	5:30 (1:00:59)	9:17 (1:10:16)	6:43 (1:16:59)	6:03 (1:23:02)	5:04 (1:28:06)
	3:24 (1:31:30)	3:27 (1:34:57)	7:28 (1:42:25)	4:06 (1:46:31)	5:59 (1:52:30)	4:00 (1:56:30)
	3:20 (1:59:50)					
3.	Ulrik Staugaard	FIF Hillerød Orientering	2:19:27	+19:56		
	3:48 (3:48)	2:11 (5:59)	1:18 (7:17)	2:10 (9:27)	3:25 (12:52)	1:40 (14:32)
	1:59 (16:31)	1:15 (17:46)	1:43 (19:29)	5:48 (25:17)	1:07 (26:24)	9:50 (36:14)
	3:14 (39:28)	5:57 (45:25)	4:35 (50:00)	3:16 (53:16)	3:59 (57:15)	5:28 (1:02:43)
	2:04 (1:04:47)	7:15 (1:12:02)	2:38 (1:14:40)	8:36 (1:23:16)	9:07 (1:32:23)	6:21 (1:38:44)
	4:42 (1:43:26)	4:40 (1:48:06)	9:48 (1:57:54)	5:13 (2:03:07)	8:16 (2:11:23)	4:27 (2:15:50)
	3:37 (2:19:27)					
	Jesper David Jensen	Tisvilde Hegn OK	Ej startet			

SværMellem		(25 / 25)	Tid	Efter
1.	Martin Laage Kragh	OK Roskilde	1:05:12	
	4:39 (4:39)	1:48 (6:27)	3:07 (13:43)	1:52 (15:35)
	0:46 (17:42)	1:19 (19:01)	2:32 (23:14)	1:27 (24:41)
	3:00 (28:49)	1:09 (29:58)	3:03 (40:47)	4:10 (44:57)
	2:24 (49:23)	2:21 (51:44)	2:11 (53:55)	2:24 (1:01:06)
	1:49 (1:03:41)	0:49 (1:04:30)	0:42 (1:05:12)	0:46 (1:01:52)
2.	Rune Østergaard	Søllerød OK	1:05:41	+0:29
	4:33 (4:33)	1:52 (6:25)	3:14 (13:47)	1:45 (15:32)
	0:48 (17:40)	1:17 (18:57)	2:34 (23:25)	1:24 (24:49)
	3:05 (28:56)	1:07 (30:03)	3:07 (40:59)	4:31 (45:30)
	2:40 (50:15)	2:30 (52:45)	2:26 (55:11)	2:29 (1:01:31)
	1:51 (1:04:11)	0:48 (1:04:59)	0:42 (1:05:41)	0:49 (1:02:20)
3.	Mikkel Kaee-Nielsen	Søllerød OK	1:06:02	+0:50
	4:37 (4:37)	1:46 (6:23)	4:11 (10:34)	1:49 (15:34)
	0:50 (17:44)	1:18 (19:02)	1:45 (20:47)	2:34 (23:21)
	2:59 (28:45)	1:08 (29:53)	7:58 (37:51)	2:54 (40:45)
	2:33 (49:30)	3:16 (52:46)	2:29 (55:15)	3:52 (59:07)
	1:59 (1:04:33)	0:51 (1:05:24)	0:38 (1:06:02)	2:40 (1:01:47)
4.	Kristian Juda Husgard	Uden klub	1:13:53	+8:41
	4:43 (4:43)	1:47 (6:30)	4:09 (10:39)	3:21 (14:00)
	0:49 (17:57)	1:22 (19:19)	2:01 (21:20)	2:25 (23:45)
	7:19 (33:26)	1:18 (34:44)	8:21 (43:05)	4:21 (47:26)
	2:48 (56:39)	2:36 (59:15)	2:33 (1:01:48)	4:35 (1:06:23)
	2:19 (1:12:21)	0:51 (1:13:12)	0:41 (1:13:53)	2:44 (1:09:07)
5.	Tim Falck Weber	Tisvilde Hegn OK	1:13:54	+8:42
	5:55 (5:55)	3:49 (9:44)	4:59 (14:43)	3:19 (18:02)
	0:51 (22:22)	1:40 (24:02)	1:57 (25:59)	3:01 (29:00)
	3:23 (35:02)	1:00 (36:02)	8:42 (44:44)	2:36 (47:20)
	2:38 (56:37)	2:36 (59:13)	2:39 (1:01:52)	4:23 (1:06:15)
	2:10 (1:12:18)	0:57 (1:13:15)	0:39 (1:13:54)	2:03 (20:05)
6.	Rolf Valery	Tisvilde Hegn OK	1:16:36	+11:24
	5:56 (5:56)	3:44 (9:40)	4:49 (14:29)	3:49 (18:18)
	0:52 (22:49)	1:46 (24:35)	1:59 (26:34)	2:38 (29:12)
	3:09 (35:08)	0:58 (36:06)	9:00 (45:06)	2:41 (47:47)
	2:46 (57:31)	3:23 (1:00:54)	2:47 (1:03:41)	4:38 (1:08:19)
	2:27 (1:14:55)	0:54 (1:15:49)	0:47 (1:16:36)	3:07 (1:11:26)
7.	Claus Cederberg	Ballerup OK	1:21:32	+16:20
	5:38 (5:38)	4:02 (9:40)	4:51 (14:31)	3:34 (18:05)
	0:55 (22:39)	1:54 (24:33)	2:13 (26:46)	3:25 (30:11)
	4:00 (37:19)	1:26 (38:45)	9:16 (48:01)	3:33 (51:34)
	3:00 (1:01:52)	3:20 (1:05:12)	3:00 (1:08:12)	5:00 (1:13:12)
	2:15 (1:19:49)	0:56 (1:20:45)	0:47 (1:21:32)	3:19 (1:16:31)
8.	Christian Olsen	Amager OK	1:21:56	+16:44
	5:41 (5:41)	4:06 (9:47)	5:00 (14:47)	3:24 (18:11)
	0:52 (22:44)	1:54 (24:38)	2:11 (26:49)	3:24 (30:13)
	3:55 (37:12)	1:27 (38:39)	9:42 (48:21)	3:23 (51:44)
	3:06 (1:02:02)	3:17 (1:05:19)	3:00 (1:08:19)	4:51 (1:13:10)
	2:23 (1:20:05)	1:04 (1:21:09)	0:47 (1:21:56)	3:27 (1:16:37)
9.	Leif E. Larsen	Tisvilde Hegn OK	1:22:30	+17:18
	6:12 (6:12)	3:45 (9:57)	4:57 (14:54)	3:45 (18:39)
	0:56 (23:17)	1:42 (24:59)	2:13 (27:12)	3:06 (30:18)
	4:00 (37:16)	1:24 (38:40)	10:05 (48:45)	2:55 (51:40)
	3:01 (1:02:19)	3:13 (1:05:32)	2:55 (1:08:27)	5:00 (1:13:27)
	2:40 (1:20:35)	0:59 (1:21:34)	0:56 (1:22:30)	3:21 (1:16:48)
10.	Søren Sloth	FIF Hillerød Orientering	1:32:20	+27:08
	6:22 (6:22)	3:48 (10:10)	5:43 (15:53)	4:16 (20:09)
	1:00 (25:07)	2:08 (27:15)	2:31 (29:46)	4:12 (33:58)
	4:41 (41:51)	1:11 (43:02)	11:13 (54:15)	3:18 (57:33)
	3:15 (1:09:17)	3:15 (1:12:32)	3:29 (1:16:01)	6:31 (1:22:32)
	2:54 (1:30:12)	1:11 (1:31:23)	0:57 (1:32:20)	3:39 (1:26:11)
11.	Jørgen Skaarup	Ballerup OK	1:32:21	+27:09
	6:06 (6:06)	4:01 (10:07)	5:48 (15:55)	4:05 (20:00)
	0:58 (25:11)	2:09 (27:20)	2:19 (29:39)	3:26 (33:05)
	6:08 (42:39)	1:05 (43:44)	10:22 (54:06)	3:29 (57:35)
	3:22 (1:09:26)	3:08 (1:12:34)	3:26 (1:16:00)	6:28 (1:22:28)
	2:48 (1:30:08)	1:16 (1:31:24)	0:57 (1:32:21)	3:40 (1:26:08)
12.	Steen Stausholm	Farum OK	1:33:18	+28:06
	6:04 (6:04)	3:39 (9:43)	5:25 (15:08)	3:50 (18:58)
	1:00 (24:21)	1:48 (26:09)	2:18 (28:27)	3:28 (31:55)
	5:53 (42:33)	1:03 (43:36)	10:15 (53:51)	4:21 (58:12)
	3:35 (1:10:37)	4:09 (1:14:46)	3:11 (1:17:57)	5:58 (1:23:55)
	2:41 (1:31:25)	1:02 (1:32:27)	0:51 (1:33:18)	3:38 (1:27:33)
13.	Jan Frederiksen	OK Roskilde	1:33:25	+28:13
	6:24 (6:24)	3:38 (10:02)	4:56 (14:58)	3:47 (18:45)
	0:51 (24:00)	1:42 (25:42)	2:22 (28:04)	3:27 (31:31)
	8:13 (43:28)	1:53 (45:21)	10:26 (55:47)	3:44 (59:31)
	3:26 (1:10:49)	3:59 (1:14:48)	3:14 (1:18:02)	5:49 (1:23:51)
	2:45 (1:31:28)	1:02 (1:32:30)	0:55 (1:33:25)	3:31 (1:27:22)
14.	Carsten Hansen	FIF Hillerød Orientering	1:42:13	+37:01
	7:08 (7:08)	2:48 (9:56)	7:03 (16:59)	4:03 (21:02)
	1:21 (26:35)	2:47 (29:22)	2:53 (32:15)	4:04 (36:19)
	4:28 (45:42)	1:43 (47:25)	11:08 (58:33)	3:47 (1:02:20)
	3:26 (1:17:38)	3:37 (1:21:15)	3:48 (1:25:03)	6:24 (1:31:27)
	2:48 (1:39:49)	1:19 (1:41:08)	1:05 (1:42:13)	4:16 (1:35:43)
15.	Jesper Vestergaard	Søllerød OK	1:42:36	+37:24
	7:09 (7:09)	2:28 (9:37)	6:02 (15:39)	4:32 (20:11)
	1:04 (26:00)	2:23 (28:23)	2:27 (30:50)	4:09 (34:59)
	4:30 (43:07)	1:12 (44:19)	12:32 (56:51)	4:26 (1:01:17)
	3:53 (1:14:27)	7:34 (1:22:01)	3:41 (1:25:42)	6:06 (1:31:48)
	3:22 (1:40:34)	1:07 (1:41:41)	0:55 (1:42:36)	4:05 (1:35:53)
16.	Morten Ploug	Ballerup OK	1:42:50	+37:38
	6:20 (6:20)	3:42 (10:02)	5:49 (15:51)	4:23 (20:14)
	1:15 (26:16)	2:17 (28:33)	2:40 (31:13)	4:03 (35:16)
	4:56 (44:09)	2:39 (46:48)	12:01 (58:49)	3:46 (1:02:35)
	4:28 (1:17:09)	3:57 (1:21:06)	4:02 (1:25:08)	6:15 (1:31:23)
	3:23 (1:40:51)	1:01 (1:41:52)	0:58 (1:42:50)	4:36 (1:35:59)

17.	Poul Henning Poulsen	Tisvilde Hegn OK	1:46:11	+40:59		
	6:51 (6:51)	3:21 (10:12)	6:54 (17:06)	4:26 (21:32)	2:39 (24:11)	2:38 (26:49)
	1:14 (28:03)	2:44 (30:47)	2:37 (33:24)	3:56 (37:20)	2:02 (39:22)	1:31 (40:53)
	4:48 (45:41)	1:48 (47:29)	12:12 (59:41)	4:43 (1:04:24)	5:54 (1:10:18)	3:52 (1:14:10)
	3:35 (1:17:45)	6:04 (1:23:49)	5:59 (1:29:48)	6:04 (1:35:52)	3:54 (1:39:46)	1:18 (1:41:04)
	3:01 (1:44:05)	1:03 (1:45:08)	1:03 (1:46:11)			
18.	Peter Dyrsting	FIF Hillerød Orientering	1:48:29	+43:17		
	7:27 (7:27)	2:37 (10:04)	6:51 (16:55)	4:34 (21:29)	3:06 (24:35)	2:02 (26:37)
	1:21 (27:58)	2:47 (30:45)	2:48 (33:33)	4:13 (37:46)	2:05 (39:51)	1:34 (41:25)
	4:55 (46:20)	1:36 (47:56)	13:48 (1:01:44)	4:11 (1:05:55)	7:06 (1:13:01)	3:32 (1:16:33)
	4:19 (1:20:52)	3:56 (1:24:48)	4:51 (1:29:39)	6:54 (1:36:33)	4:40 (1:41:13)	1:32 (1:42:45)
	3:37 (1:46:22)	1:17 (1:47:39)	0:50 (1:48:29)			
19.	Thomas Østergaard	OK ØST Birkerød	1:48:55	+43:43		
	7:05 (7:05)	2:47 (9:52)	7:13 (17:05)	4:42 (21:47)	2:52 (24:39)	2:03 (26:42)
	1:24 (28:06)	2:35 (30:41)	2:39 (33:20)	4:15 (37:35)	1:58 (39:33)	1:36 (41:09)
	4:26 (45:35)	2:05 (47:40)	11:53 (59:33)	5:33 (1:05:06)	6:36 (1:11:42)	3:22 (1:15:04)
	3:52 (1:18:56)	4:57 (1:23:53)	5:51 (1:29:44)	6:24 (1:36:08)	4:13 (1:40:21)	1:34 (1:41:55)
	3:48 (1:45:43)	1:47 (1:47:30)	1:25 (1:48:55)			
20.	Max Prang	Fredensborg OK	1:52:16	+47:04		
	6:26 (6:26)	3:42 (10:08)	6:54 (17:02)	4:24 (21:26)	3:00 (24:26)	1:59 (26:25)
	1:27 (27:52)	2:33 (30:25)	2:44 (33:09)	4:02 (37:11)	2:14 (39:25)	1:40 (41:05)
	4:21 (45:26)	2:08 (47:34)	12:02 (59:36)	5:16 (1:04:52)	7:26 (1:12:18)	4:09 (1:16:27)
	4:12 (1:20:39)	6:14 (1:26:53)	5:24 (1:32:17)	7:10 (1:39:27)	4:51 (1:44:18)	1:48 (1:46:06)
	3:39 (1:49:45)	1:26 (1:51:11)	1:05 (1:52:16)			
21.	Lars Almer	PI-København	1:54:39	+49:27		
	8:54 (8:54)	2:41 (11:35)	8:01 (19:36)	4:50 (24:26)	2:57 (27:23)	2:04 (29:27)
	4:40 (34:07)	2:20 (36:27)	2:49 (39:16)	4:03 (43:19)	2:19 (45:38)	1:54 (47:32)
	6:07 (53:39)	1:35 (55:14)	13:03 (1:08:17)	5:28 (1:13:45)	7:09 (1:20:54)	3:08 (1:24:02)
	4:06 (1:28:08)	3:50 (1:31:58)	4:00 (1:35:58)	6:32 (1:42:30)	4:26 (1:46:56)	1:28 (1:48:24)
	3:21 (1:51:45)	1:19 (1:53:04)	1:35 (1:54:39)			
22.	Frederik E. Krogh	OK ØST Birkerød	2:15:41	+70:29		
	6:39 (6:39)	3:26 (10:05)	8:02 (18:07)	5:05 (23:12)	2:43 (25:55)	2:07 (28:02)
	6:23 (34:25)	2:57 (37:22)	4:38 (42:00)	7:25 (49:25)	3:21 (52:46)	1:53 (54:39)
	7:42 (1:02:21)	2:25 (1:04:46)	14:40 (1:19:26)	5:54 (1:25:20)	8:23 (1:33:43)	4:05 (1:37:48)
	5:01 (1:42:49)	5:04 (1:47:53)	6:07 (1:54:00)	7:22 (2:01:22)	5:30 (2:06:52)	2:24 (2:09:16)
	3:32 (2:12:48)	1:55 (2:14:43)	0:58 (2:15:41)			
	Ebbe Kajberg	OK Sorø	Fejlkli			
	8:51 (8:51)	2:51 (11:42)	9:56 (21:38)	5:57 (27:35)	3:57 (31:32)	2:35 (34:07)
	35:55 (1:10:02)	4:28 (1:14:30)	3:24 (1:17:54)	6:31 (1:24:25)	11:44 (1:36:09)	3:23 (1:39:32)
	7:43 (1:47:15)	2:06 (1:49:21)	21:22 (2:10:43)	14:34 (2:25:17)	- (-)	- (-)
	- (-)	- (-)	- (-)	- (-)	- (-)	- (-)
	- (2:41:41)	1:58 (2:43:39)	1:13 (2:44:52)			
	Lasse Falck Weber	Tisvilde Hegn OK	Udgået			
	6:08 (6:08)	3:40 (9:48)	5:03 (14:51)	3:51 (18:42)	2:16 (20:58)	1:51 (22:49)
	0:59 (23:48)	1:50 (25:38)	2:28 (28:06)	3:56 (32:02)	3:02 (35:04)	- (-)
	- (-)	- (-)	- (-)	- (-)	- (-)	- (-)
	- (-)	- (-)	- (-)	- (37:26)	- (-)	- (-)
	- (47:13)	1:23 (48:36)	1:29 (50:05)			
	Mogens Hagedorn	Søllerød OK	Ej startet			
Let		(1 / 1)	Tid	Efter		
1.	Sophie Hill	Helsingør SOK	40:33			
	2:21 (2:21)	2:26 (6:57)	6:20 (13:17)	5:05 (18:22)		- (-)
	- (-)	- (33:07)	6:24 (39:31)	1:02 (40:33)		