



## 10 km Helsingør Mesterskab 2016

### Total

Placering	Navn	Klub/Forening/Firma/By	Tid
1	Anton Harrsen		00:32:49
2	Swooshman Skaaning	Løberen/Fullperformance	00:35:20
3	Kasper Kesje	HIF Atletik	00:35:31
4	Jacob Arum	HIF Atletik	00:37:22
5	Henrik Dufke	HIF Atletik	00:37:33
6	Henrik Petersen	HSOK	00:37:53
7	Michael Bentzen	HSOK	00:38:15
8	Peter Arhning	HSOK	00:39:10
9	Jeppe Haghfelt	HIF Atletik	00:39:32
10	Sebastian Damkær-Ohlsen	HSOK	00:39:32
11	Rolf Lund	HSOK	00:39:39
12	Kasper Kildelund	Trinord	00:39:42
13	Sune Larsen	HSOK	00:39:52
14	Snøvsen Stauning	HIF Atletik	00:40:02
15	Anders Hjortlund	Trinord	00:40:15
16	Lærke Lilleøre	Trinord	00:40:35
17	Jens Hansen	Running Rhino	00:40:36
18	Kristoffer Thygesen		00:40:49
19	Mark Tranto		00:40:51
20	Rasmus Jørgensen	Trinord	00:41:10
21	Jacob Wrisberg	HSOK	00:41:39
22	Jørgen Olsen	HSOK	00:42:06
23	Bo Søby	HSOK	00:42:09
24	Niels Ottzen	CK Kronborg	00:42:12
25	Martin Olsen	HSOK	00:43:03
26	Christian Tyran		00:43:19
27	Michael Knudsen	HSOK	00:43:21
28	Kristian Eriksen	HSOK	00:43:44
29	Ole Lykke Larsen	HSOK	00:43:49
30	Ole Krogh	HIF Atletik	00:44:11
31	Stig Jensen	HSOK	00:45:00
32	John Dinesen		00:45:37
33	Rikke Christensen	HSOK	00:45:42
34	Kenneth Højbjerg Sørensen	HSOK	00:45:52
35	Christoffer Folman		00:46:09
36	Jonas Olsson		00:47:03
37	Gert Ottenbro		00:48:42
38	Ole Haghfelt		00:49:00
39	Lone Rasmussen		00:49:59
40	Klaus Helmer	HF & VUC Nordsjælland	00:50:14
41	Pernille Hjortlund		00:50:53
42	Rikke Jønsson		00:51:48



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Placering	Navn	Klub/Forening/Firma/By	Tid
43	Tom Svantesson		00:52:05
44	Vibeke Rasmussen	Running Rhino	00:52:32
45	Christian Stenderup	Nordvestskolen	00:52:48
46	Niels Fredriksen	HSOK	00:53:06
47	Holger Ehlers	Rigét	00:53:11
48	Henrik Mehlsen		00:53:32
49	Peter Balstrup	HSOK	00:53:48
50	Victoria Ahrendtsen	Nordvestskolen	00:53:56
51	Mette Køster		00:54:13
52	Lisbeth Jørgensen	HSOK	00:54:44
53	Jan Blomqvist	Puls3060	00:55:10
54	Lotte Wahldorf	HSOK	00:55:25
55	Finn H. Christensen	Puls3060	00:56:01
56	Mikala Nielsen	HSOK	00:57:49
57	Vinnie Andersen	HSOK	00:58:49
58	Jens Ove Sørensen		00:58:51
59	Sanne Edgar Olsen	Running Rhino	00:58:52
60	Birgitte Jensen		00:59:00
61	Tom Jensen	HSOK	00:59:01
62	Ikran Dualeh	Nordvestskolen	01:03:56
63	Sebastian Diemer	Nordvestskolen	01:10:35
64	Nermin Bajramovic	Nordvestskolen	01:10:36
65	Kamilla Baumgarten	Nordvestskolen	01:10:57
66	Trine Brøgger	Nordvestskolen	01:10:58
67	Diana Zeaim	Nordvestskolen	DNS
68	Thomas Arvedsen		DNS