



10 km Helsingør Mesterskab 2016

Total mænd

Placering	Navn	Klub/Forening/Firma/By	Tid
1	Anton Harrsen		00:32:49
2	Swooshman Skaaning	Løberen/Fullperformance	00:35:20
3	Kasper Kesje	HIF Atletik	00:35:31
4	Jacob Arum	HIF Atletik	00:37:22
5	Henrik Dufke	HIF Atletik	00:37:33
6	Henrik Petersen	HSOK	00:37:53
7	Michael Bentzen	HSOK	00:38:15
8	Peter Arhning	HSOK	00:39:10
9	Jeppe Haghfelt	HIF Atletik	00:39:32
10	Sebastian Damkær-Ohlsen	HSOK	00:39:32
11	Rolf Lund	HSOK	00:39:39
12	Kasper Kildelund	Trinord	00:39:42
13	Sune Larsen	HSOK	00:39:52
14	Snøvsen Stauning	HIF Atletik	00:40:02
15	Anders Hjortlund	Trinord	00:40:15
16	Jens Hansen	Running Rhino	00:40:36
17	Kristoffer Thygesen		00:40:49
18	Mark Tranto		00:40:51
19	Rasmus Jørgensen	Trinord	00:41:10
20	Jacob Wrisberg	HSOK	00:41:39
21	Jørgen Olsen	HSOK	00:42:06
22	Bo Søby	HSOK	00:42:09
23	Niels Ottzen	CK Kronborg	00:42:12
24	Martin Olsen	HSOK	00:43:03
25	Christian Tyran		00:43:19
26	Michael Knudsen	HSOK	00:43:21
27	Kristian Eriksen	HSOK	00:43:44
28	Ole Lykke Larsen	HSOK	00:43:49
29	Ole Krogh	HIF Atletik	00:44:11
30	Stig Jensen	HSOK	00:45:00
31	John Dinesen		00:45:37
32	Kenneth Højbjerg Sørensen	HSOK	00:45:52
33	Christoffer Folman		00:46:09
34	Jonas Olsson		00:47:03
35	Gert Ottenbro		00:48:42
36	Ole Haghfelt		00:49:00
37	Klaus Helmer	HF & VUC Nordsjælland	00:50:14
38	Tom Svantesson		00:52:05
39	Christian Stenderup	Nordvestskolen	00:52:48
40	Niels Fredriksen	HSOK	00:53:06
41	Holger Ehlers	Rigét	00:53:11
42	Henrik Mehlsen		00:53:32



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43	Peter Balstrup	HSOK	00:53:48
44	Jan Blomqvist	Puls3060	00:55:10
45	Finn H. Christensen	Puls3060	00:56:01
46	Jens Ove Sørensen		00:58:51
47	Tom Jensen	HSOK	00:59:01
48	Sebastian Diemer	Nordvestskolen	01:10:35
49	Nermin Bajramovic	Nordvestskolen	01:10:36
50	Thomas Arvedsen		DNS