

Resultater – Divisionsmatch 1. 2. 4. div. 8-4-2018

2018-04-08

H20		(18 / 18)		Tid	Efter		
1.	Malte Kjær Hemmingsen	FIF Hillerød Orientering		49:21			
	2:50 (2:50)	1:52 (4:42)	1:33 (6:15)	1:36 (7:51)	1:58 (9:49)	4:41 (14:30)	
	2:54 (17:24)	3:37 (21:01)	2:35 (23:36)	1:50 (25:26)	2:03 (27:29)	1:35 (29:04)	
	2:47 (31:51)	5:06 (36:57)	0:44 (37:41)	3:17 (40:58)	1:53 (42:51)	1:39 (44:30)	
	3:53 (48:23)	0:36 (48:59)	0:22 (49:21)				
2.	Mikkel Lyskjær	Farum OK		50:47	+1:26		
	3:05 (3:05)	2:13 (5:18)	1:35 (6:53)	1:26 (8:19)	1:38 (9:57)	5:12 (15:09)	
	3:23 (18:32)	3:12 (21:44)	2:53 (24:37)	2:05 (26:42)	2:03 (28:45)	1:28 (30:13)	
	2:44 (32:57)	5:21 (38:18)	0:36 (38:54)	3:33 (42:27)	2:07 (44:34)	1:31 (46:05)	
	3:44 (49:49)	0:37 (50:26)	0:21 (50:47)				
3.	Malthe Poulsen	FIF Hillerød Orientering		51:02	+1:41		
	3:05 (3:05)	2:08 (5:13)	1:45 (6:58)	1:35 (8:33)	1:50 (10:23)	5:05 (15:28)	
	2:54 (18:22)	3:15 (21:37)	3:04 (24:41)	1:55 (26:36)	2:13 (28:49)	1:36 (30:25)	
	2:26 (32:51)	5:52 (38:43)	0:47 (39:30)	3:20 (42:50)	2:14 (45:04)	1:22 (46:26)	
	3:44 (50:10)	0:32 (50:42)	0:20 (51:02)				
4.	Jakob Schøier Kovsted	Tisvide Hegn OK		52:17	+2:56		
	3:02 (3:02)	2:06 (5:08)	1:37 (6:45)	1:39 (8:24)	1:28 (9:52)	5:17 (15:09)	
	3:21 (18:30)	3:30 (22:00)	2:49 (24:49)	2:38 (27:27)	2:08 (29:35)	1:36 (31:11)	
	2:45 (33:56)	5:27 (39:23)	0:37 (40:00)	3:15 (43:15)	2:38 (45:53)	1:39 (47:32)	
	3:52 (51:24)	0:35 (51:59)	0:18 (52:17)				
5.	Jacob Steintal	FIF Hillerød Orientering		53:41	+4:20		
	3:11 (3:11)	2:28 (5:39)	1:40 (7:19)	1:46 (9:05)	2:38 (11:43)	4:59 (16:42)	
	3:04 (19:46)	3:46 (23:32)	2:47 (26:19)	2:11 (28:30)	2:03 (30:33)	1:35 (32:08)	
	3:08 (35:16)	5:52 (41:08)	0:42 (41:50)	3:13 (45:03)	1:53 (46:56)	1:50 (48:46)	
	4:01 (52:47)	0:35 (53:22)	0:19 (53:41)				
6.	Lasse Falck Weber	Tisvide Hegn OK		56:08	+6:47		
	3:17 (3:17)	2:46 (6:03)	1:43 (7:46)	1:48 (9:34)	2:08 (11:42)	5:23 (17:05)	
	3:19 (20:24)	3:39 (24:03)	3:02 (27:05)	2:13 (29:18)	2:15 (31:33)	1:47 (33:20)	
	2:47 (36:07)	6:17 (42:24)	0:46 (43:10)	3:36 (46:46)	2:41 (49:27)	1:32 (50:59)	
	4:08 (55:07)	0:43 (55:50)	0:18 (56:08)				
7.	Emil Olander Lorenz	Allerød OK		1:01:18	+11:57		
	3:16 (3:16)	3:26 (6:42)	1:48 (8:30)	1:43 (10:13)	2:00 (12:13)	6:04 (18:17)	
	3:35 (21:52)	3:41 (25:33)	5:10 (30:43)	2:15 (32:58)	2:34 (35:32)	1:45 (37:17)	
	2:58 (40:15)	7:33 (47:48)	0:58 (48:46)	3:33 (52:19)	2:05 (54:24)	1:34 (55:58)	
	4:15 (1:00:13)	0:39 (1:00:52)	0:26 (1:01:18)				
8.	Rune Østergaard	Søllerød OK		1:02:08	+12:47		
	3:25 (3:25)	2:04 (5:29)	1:51 (7:20)	1:48 (9:08)	2:27 (11:35)	6:43 (18:18)	
	3:11 (21:29)	3:30 (24:59)	2:45 (27:44)	2:26 (30:10)	2:32 (32:42)	1:54 (34:36)	
	3:54 (38:30)	7:32 (46:02)	1:06 (47:08)	4:08 (51:16)	2:41 (53:57)	2:01 (55:58)	
	5:05 (1:01:03)	0:41 (1:01:44)	0:24 (1:02:08)				
9.	Gustav Moll	OK Sorø		1:06:02	+16:41		
	3:45 (3:45)	2:54 (6:39)	2:13 (8:52)	1:45 (10:37)	1:58 (12:35)	7:07 (19:42)	
	3:41 (23:23)	4:30 (27:53)	3:26 (31:19)	3:15 (34:34)	3:04 (37:38)	1:52 (39:30)	
	4:06 (43:36)	6:35 (50:11)	0:54 (51:05)	3:55 (55:00)	2:29 (57:29)	1:37 (59:06)	
	5:50 (1:04:56)	0:45 (1:05:41)	0:21 (1:06:02)				
10.	Sebastian Hansen	Herlufsholm OK		1:08:35	+19:14		
	3:35 (3:35)	3:36 (7:11)	3:05 (10:16)	2:03 (12:19)	3:38 (15:57)	7:09 (23:06)	
	3:59 (27:05)	4:14 (31:19)	3:51 (35:10)	2:52 (38:02)	2:45 (40:47)	2:03 (42:50)	
	3:29 (46:19)	6:18 (52:37)	0:50 (53:27)	4:13 (57:40)	2:37 (1:00:17)	1:51 (1:02:08)	
	5:23 (1:07:31)	0:45 (1:08:16)	0:19 (1:08:35)				
11.	Mikkel Meldgaard	Allerød OK		1:10:58	+21:37		
	4:09 (4:09)	3:10 (7:19)	2:06 (9:25)	2:31 (11:56)	2:21 (14:17)	6:44 (21:01)	
	4:08 (25:09)	4:53 (30:02)	4:17 (34:19)	3:58 (38:17)	2:40 (40:57)	2:53 (43:50)	
	3:29 (47:19)	6:50 (54:09)	0:49 (54:58)	4:08 (59:06)	3:13 (1:02:19)	2:30 (1:04:49)	
	4:57 (1:09:46)	0:45 (1:10:31)	0:27 (1:10:58)				
12.	Peter Hansen	OK Sorø		1:19:49	+30:28		
	4:25 (4:25)	3:43 (8:08)	2:24 (10:32)	2:30 (13:02)	2:55 (15:57)	7:58 (23:55)	
	4:31 (28:26)	5:42 (34:08)	4:30 (38:38)	2:55 (41:33)	3:17 (44:50)	2:58 (47:48)	
	3:44 (51:32)	9:13 (1:00:45)	0:55 (1:01:40)	5:20 (1:07:00)	3:03 (1:10:03)	2:22 (1:12:25)	
	6:14 (1:18:39)	0:42 (1:19:21)	0:28 (1:19:49)				
13.	William Frank Ryom	FIF Hillerød Orientering		1:24:44	+35:23		
	4:14 (4:14)	5:49 (10:03)	4:24 (14:27)	2:11 (16:38)	3:20 (19:58)	6:46 (26:44)	
	4:36 (31:20)	4:54 (36:14)	4:40 (40:54)	4:08 (45:02)	3:00 (48:02)	2:12 (50:14)	
	4:39 (54:53)	10:05 (1:04:58)	0:48 (1:05:46)	4:50 (1:10:36)	4:19 (1:14:55)	2:20 (1:17:15)	
	6:21 (1:23:36)	0:46 (1:24:22)	0:22 (1:24:44)				
14.	Mathias Spendrup Petersen	Ballerup OK		1:42:45	+53:24		
	5:09 (5:09)	3:27 (8:36)	2:16 (10:52)	2:33 (13:25)	4:50 (18:15)	7:29 (25:44)	
	23:32 (49:16)	6:13 (55:29)	5:15 (1:00:44)	3:43 (1:04:27)	3:26 (1:07:53)	3:55 (1:11:48)	
	3:38 (1:15:26)	8:41 (1:24:07)	0:55 (1:25:02)	5:01 (1:30:03)	3:43 (1:33:46)	3:01 (1:36:47)	
	5:02 (1:41:49)	0:37 (1:42:26)	0:19 (1:42:45)				
15.	Jacob Meldgaard	OK ØST Birkerød		1:45:16	+55:55		
	6:01 (6:01)	5:53 (11:54)	2:42 (14:36)	2:42 (17:18)	3:10 (20:28)	7:41 (28:09)	
	5:29 (33:38)	8:17 (41:55)	6:21 (48:16)	4:47 (53:03)	3:45 (56:48)	4:08 (1:00:56)	
	3:54 (1:04:50)	11:20 (1:16:10)	1:15 (1:17:25)	4:46 (1:22:11)	5:59 (1:28:10)	3:14 (1:31:24)	
	12:35 (1:43:59)	0:51 (1:44:50)	0:26 (1:45:16)				
	TEST test	HSOK		Føjklip			
	–(–)	–(–)	–(–)	–(–)	–(–)	–(–)	
	–(–)	–(–)	–(–)	–(–)	–(–)	–(–)	
	–(–)	–(–)	–(–)	–(–)	–(–)	–(–)	
	–(–)	–(–)	–(–)	–(–)	–(–)	–(–)	
	Lasse Fugmann Thamdrup	Allerød OK		Ej startet			
	Søren Thrane Ødum	OK ØST Birkerød		Ej startet			
H21		(22 / 22)		Tid	Efter		
1.	Marius Thrane Ødum	OK ØST Birkerød		45:35			
	2:40 (2:40)	2:04 (4:44)	1:25 (6:09)	1:31 (7:40)	1:22 (9:02)	4:22 (13:24)	
	2:48 (16:12)	2:47 (18:59)	2:25 (21:24)	1:46 (23:10)	1:51 (25:01)	1:25 (26:26)	
	2:23 (28:49)	5:16 (34:05)	0:38 (34:43)	2:59 (37:42)	1:47 (39:29)	1:55 (41:24)	
	3:15 (44:39)	0:33 (45:12)	0:23 (45:35)				
2.	Emil Øbro	Tisvide Hegn OK		47:32	+1:57		

	2:52 (2:52)	2:07 (4:59)	1:29 (6:28)	1:25 (7:53)	2:22 (10:15)	4:34 (14:49)
	2:42 (17:31)	2:51 (20:22)	2:30 (22:52)	1:42 (24:34)	1:59 (26:33)	1:27 (28:00)
	2:35 (30:35)	5:36 (36:11)	0:39 (36:50)	3:19 (40:09)	1:51 (42:00)	1:16 (43:16)
	3:20 (46:36)	0:32 (47:08)	0:24 (47:32)			
3.	Carl Emil Schøier Kovsted	Tisvilde Hegn OK	49:13	+3:38		
	2:50 (2:50)	2:02 (4:52)	1:30 (6:22)	1:29 (7:51)	1:32 (9:23)	4:39 (14:02)
	2:56 (16:58)	3:11 (20:09)	2:57 (23:06)	2:42 (25:48)	1:56 (27:44)	1:36 (29:20)
	2:50 (32:10)	5:32 (37:42)	0:38 (38:20)	3:13 (41:33)	2:00 (43:33)	1:17 (44:50)
	3:29 (48:19)	0:33 (48:52)	0:21 (49:13)			
4.	Mikkel Kaae-Nielsen	Søllerød OK	53:45	+8:10		
	3:08 (3:08)	3:38 (6:46)	1:54 (8:40)	1:40 (10:20)	1:47 (12:07)	5:27 (17:34)
	3:08 (20:42)	3:29 (24:11)	3:06 (27:17)	2:05 (29:22)	2:30 (31:52)	1:36 (33:28)
	2:31 (35:59)	5:36 (41:35)	0:47 (42:22)	3:13 (45:35)	1:52 (47:27)	1:31 (48:58)
	3:46 (52:44)	0:39 (53:23)	0:22 (53:45)			
5.	Asger Skytte Kirkegaard	Tisvilde Hegn OK	55:06	+9:31		
	3:28 (3:28)	2:31 (5:59)	1:51 (7:50)	2:49 (10:39)	2:17 (12:56)	5:31 (18:27)
	3:10 (21:37)	3:23 (25:00)	2:50 (27:50)	2:00 (29:50)	2:08 (31:58)	1:38 (33:36)
	3:12 (36:48)	5:59 (42:47)	0:47 (43:34)	3:21 (46:55)	2:10 (49:05)	1:25 (50:30)
	3:41 (54:11)	0:36 (54:47)	0:19 (55:06)			
6.	Andreas Olesen	PI-København	56:57	+11:22		
	3:09 (3:09)	2:41 (5:50)	1:54 (7:44)	1:56 (9:40)	2:08 (11:48)	5:33 (17:21)
	3:25 (20:46)	3:46 (24:32)	3:15 (27:47)	2:03 (29:50)	2:29 (32:19)	2:09 (34:28)
	3:06 (37:34)	6:35 (44:09)	0:42 (44:51)	3:34 (48:25)	2:09 (50:34)	1:31 (52:05)
	3:50 (55:55)	0:37 (56:32)	0:25 (56:57)			
7.	Ole Andersen	Herlufsholm OK	57:28	+11:53		
	3:15 (3:15)	3:11 (6:26)	1:44 (8:10)	1:54 (10:04)	2:10 (12:14)	5:17 (17:31)
	3:22 (20:53)	3:54 (24:47)	2:58 (27:45)	2:50 (30:35)	2:11 (32:46)	1:59 (34:45)
	2:52 (37:37)	6:09 (43:46)	0:46 (44:32)	3:23 (47:55)	2:10 (50:05)	1:29 (51:34)
	4:44 (56:18)	0:44 (57:02)	0:26 (57:28)			
8.	Asbjørn Mathiasen	Søllerød OK	58:47	+13:12		
	3:20 (3:20)	3:06 (6:26)	1:52 (8:18)	1:44 (10:02)	1:59 (12:01)	6:24 (18:25)
	3:27 (21:52)	3:44 (25:36)	3:04 (28:40)	2:17 (30:57)	2:30 (33:27)	2:01 (35:28)
	2:42 (38:10)	6:56 (45:06)	0:57 (46:03)	3:37 (49:40)	2:17 (51:57)	1:31 (53:28)
	4:09 (57:37)	0:47 (58:24)	0:23 (58:47)			
9.	Christopher Wiberg	PI-København	1:00:14	+14:39		
	3:20 (3:20)	2:35 (5:55)	1:58 (7:53)	2:25 (10:18)	2:07 (12:25)	5:26 (17:51)
	3:35 (21:26)	3:49 (25:15)	3:11 (28:26)	3:57 (32:23)	2:38 (35:01)	1:46 (36:47)
	3:14 (40:01)	6:14 (46:15)	0:49 (47:04)	3:44 (50:48)	2:23 (53:11)	1:50 (55:01)
	4:10 (59:11)	0:38 (59:49)	0:25 (1:00:14)			
10.	Mikkel Skaarup	Ballerup OK	1:00:15	+14:40		
	3:25 (3:25)	3:25 (6:50)	1:49 (8:39)	2:05 (10:44)	2:25 (13:09)	5:38 (18:47)
	3:46 (22:33)	3:38 (26:11)	3:40 (29:51)	2:49 (32:40)	2:33 (35:13)	1:47 (37:00)
	3:30 (40:30)	7:15 (47:45)	0:41 (48:26)	3:22 (51:48)	1:57 (53:45)	1:43 (55:28)
	3:42 (59:10)	0:40 (59:50)	0:25 (1:00:15)			
11.	Anders Bachhausen	FIF Hillerød Orientering	1:03:35	+18:00		
	3:27 (3:27)	2:44 (6:11)	1:54 (8:05)	1:54 (9:59)	3:35 (13:34)	5:53 (19:27)
	3:50 (23:17)	3:47 (27:04)	3:17 (30:21)	2:53 (33:14)	2:46 (36:00)	2:08 (38:08)
	3:10 (41:18)	6:50 (48:08)	0:59 (49:07)	4:11 (53:18)	2:34 (55:52)	1:47 (57:39)
	4:43 (1:02:22)	0:44 (1:03:06)	0:29 (1:03:35)			
12.	Jeppe Damsgaard	Amager OK	1:05:06	+19:31		
	3:30 (3:30)	3:11 (6:41)	1:59 (8:40)	2:04 (10:44)	2:39 (13:23)	6:21 (19:44)
	4:02 (23:46)	4:10 (27:56)	3:40 (31:36)	2:31 (34:07)	2:58 (37:05)	2:10 (39:15)
	3:23 (42:38)	7:14 (49:52)	0:49 (50:41)	4:07 (54:48)	2:28 (57:16)	1:50 (59:06)
	4:44 (1:03:50)	0:49 (1:04:39)	0:27 (1:05:06)			
13.	Casper Vindegaard Sørensen	OK ØST Birkerød	1:12:37	+27:02		
	4:18 (4:18)	2:57 (7:15)	2:15 (9:30)	2:20 (11:50)	2:43 (14:33)	6:50 (21:23)
	4:10 (25:33)	5:11 (30:44)	4:11 (34:55)	3:04 (37:59)	3:46 (41:45)	2:40 (44:25)
	4:07 (48:32)	7:20 (55:52)	1:03 (56:55)	3:54 (1:00:49)	3:19 (1:04:08)	2:23 (1:06:31)
	4:46 (1:11:17)	0:54 (1:12:11)	0:26 (1:12:37)			
14.	Arnau Ormella	Amager OK	1:14:18	+28:43		
	5:49 (5:49)	3:15 (9:04)	2:30 (11:34)	2:45 (14:19)	3:18 (17:37)	6:39 (24:16)
	4:12 (28:28)	4:33 (33:01)	4:04 (37:05)	3:10 (40:15)	3:12 (43:27)	2:42 (46:09)
	3:59 (50:08)	7:51 (57:59)	0:59 (58:58)	4:11 (1:03:09)	2:41 (1:05:50)	2:14 (1:08:04)
	5:08 (1:13:12)	0:43 (1:13:55)	0:23 (1:14:18)			
15.	Rune Rasmussen	Søllerød OK	1:17:04	+31:29		
	3:48 (3:48)	4:12 (8:00)	2:24 (10:24)	2:27 (12:51)	2:47 (15:38)	7:44 (23:22)
	5:03 (28:25)	4:16 (32:41)	4:58 (37:39)	2:59 (40:38)	3:27 (44:05)	2:12 (46:17)
	4:34 (50:51)	8:35 (59:26)	1:01 (1:00:27)	4:33 (1:05:00)	3:28 (1:08:28)	2:11 (1:10:39)
	5:15 (1:15:54)	0:44 (1:16:38)	0:26 (1:17:04)			
16.	Frederik E. Krogh	OK ØST Birkerød	1:17:07	+31:32		
	4:01 (4:01)	5:10 (9:11)	2:19 (11:30)	3:18 (14:48)	2:37 (17:25)	6:19 (23:44)
	3:42 (27:26)	4:00 (31:26)	4:07 (35:33)	2:44 (38:17)	3:14 (41:31)	2:42 (44:13)
	5:47 (50:00)	8:48 (58:48)	1:17 (1:00:05)	5:24 (1:05:29)	2:36 (1:08:05)	1:56 (1:10:01)
	6:09 (1:16:10)	0:35 (1:16:45)	0:22 (1:17:07)			
17.	Andreas Schrøder	Amager OK	1:26:39	+41:04		
	7:42 (7:42)	3:23 (11:05)	2:29 (13:34)	3:00 (16:34)	3:07 (19:41)	7:23 (27:04)
	5:13 (32:17)	5:53 (38:10)	4:48 (42:58)	3:49 (46:47)	3:28 (50:15)	3:27 (53:42)
	4:13 (57:55)	10:07 (1:08:02)	0:52 (1:08:54)	5:08 (1:14:02)	3:17 (1:17:19)	2:02 (1:19:21)
	6:07 (1:25:28)	0:44 (1:26:12)	0:27 (1:26:39)			
18.	Lasse Grønnebæk	Amager OK	1:30:23	+44:48		
	4:12 (4:12)	5:30 (9:42)	2:15 (11:57)	2:52 (14:49)	2:48 (17:37)	7:36 (25:13)
	10:38 (35:51)	4:56 (40:47)	9:01 (49:48)	4:37 (54:25)	2:58 (57:23)	2:13 (59:36)
	4:28 (1:04:04)	8:25 (1:12:29)	1:04 (1:13:33)	4:46 (1:18:19)	3:06 (1:21:25)	2:04 (1:23:29)
	5:37 (1:29:06)	0:49 (1:29:55)	0:28 (1:30:23)			
19.	Jakub Jirasek	Amager OK	1:32:14	+46:39		
	4:24 (4:24)	3:41 (8:05)	2:09 (10:14)	2:05 (12:19)	2:36 (14:55)	7:05 (22:00)
	16:13 (38:13)	6:08 (44:21)	4:10 (48:31)	4:03 (52:34)	3:56 (56:30)	2:34 (59:04)
	4:20 (1:03:24)	7:44 (1:11:08)	0:58 (1:12:06)	5:17 (1:17:23)	3:22 (1:20:45)	3:11 (1:23:56)
	6:34 (1:30:30)	1:06 (1:31:36)	0:38 (1:32:14)			
	Malte Skov Jepsen	Ballerup OK	Fejlklip			
	4:33 (4:33)	2:51 (7:24)	2:24 (9:48)	2:29 (12:17)	2:40 (14:57)	7:06 (22:03)
	4:02 (26:05)	4:45 (30:50)	4:29 (35:19)	3:10 (38:29)	3:10 (41:39)	– (–)
	– (50:14)	7:02 (57:16)	0:59 (58:15)	4:19 (1:02:34)	2:25 (1:04:59)	1:57 (1:06:56)
	4:58 (1:11:54)	0:49 (1:12:43)	0:25 (1:13:08)			
	Mathias Ryen Jonsson	Tisvilde Hegn OK	Fejlklip			
	– (–)	– (37:58)	16:36 (54:34)	2:10 (56:44)	2:41 (59:25)	6:20 (1:05:45)
	5:25 (1:11:10)	5:08 (1:16:18)	6:59 (1:23:17)	3:00 (1:26:17)	3:59 (1:30:16)	2:15 (1:32:31)
	3:14 (1:35:45)	9:40 (1:45:25)	0:50 (1:46:15)	12:12 (1:58:27)	10:07 (2:08:34)	1:52 (2:10:26)
	5:59 (2:16:25)	1:19 (2:17:44)	0:31 (2:18:15)			

Mikkel Aaen		Farum OK		Ej startet	
H35			(18 / 18)	Tid	Efter
1.	Troels Christiansen		Søllerød OK	52:26	
	3:05 (3:05)	2:46 (5:51)	1:36 (7:27)	2:46 (10:13)	2:11 (12:24)
	3:14 (20:35)	3:35 (24:10)	2:41 (26:51)	1:49 (28:40)	2:07 (30:47)
	2:54 (35:19)	5:13 (40:32)	0:39 (41:11)	3:17 (44:28)	1:38 (32:25)
	3:27 (51:32)	0:34 (52:06)	0:20 (52:26)		1:41 (48:05)
2.	Anders Vejgaard		Ballerup OK	57:22	+4:56
	3:37 (3:37)	2:42 (6:19)	1:58 (8:17)	1:44 (10:01)	2:27 (12:28)
	3:31 (21:29)	3:34 (25:03)	3:09 (28:12)	2:57 (31:09)	2:30 (33:39)
	3:07 (38:33)	5:55 (44:28)	0:41 (45:09)	3:30 (48:39)	2:10 (50:49)
	3:54 (56:19)	0:38 (56:57)	0:25 (57:22)		1:36 (52:25)
3.	Claus Cederberg		Ballerup OK	59:49	+7:23
	3:45 (3:45)	3:02 (6:47)	1:57 (8:44)	1:49 (10:33)	2:01 (12:34)
	3:34 (21:53)	4:34 (26:27)	3:22 (29:49)	2:31 (32:20)	2:27 (34:47)
	2:59 (39:31)	6:11 (45:42)	0:51 (46:33)	3:32 (50:05)	2:43 (52:48)
	4:05 (58:39)	0:43 (59:22)	0:27 (59:49)		1:46 (54:34)
4.	Johan Holkmann Jacobsen		OK ØST Birkerød	1:00:53	+8:27
	3:49 (3:49)	2:50 (6:39)	1:54 (8:33)	4:17 (12:50)	1:57 (14:47)
	3:27 (24:21)	3:44 (28:05)	3:10 (31:15)	2:37 (33:52)	2:34 (36:26)
	2:52 (41:10)	6:05 (47:15)	0:44 (47:59)	3:39 (51:38)	2:08 (53:46)
	4:26 (59:52)	0:37 (1:00:29)	0:24 (1:00:53)		1:40 (55:26)
5.	Simon Rosell Holt		Køge OK	1:02:48	+10:22
	3:48 (3:48)	2:59 (6:47)	2:02 (8:49)	1:46 (10:35)	2:08 (12:43)
	3:40 (23:26)	3:51 (27:17)	3:12 (30:29)	2:44 (33:13)	2:31 (35:44)
	3:08 (40:37)	7:25 (48:02)	0:43 (48:45)	4:16 (53:01)	2:34 (55:35)
	4:19 (1:01:41)	0:40 (1:02:21)	0:27 (1:02:48)		1:47 (57:22)
6.	Kristian Deiborg		OK ØST Birkerød	1:04:29	+12:03
	3:18 (3:18)	2:51 (6:09)	2:35 (8:44)	2:20 (11:04)	1:58 (13:02)
	3:32 (22:27)	4:40 (27:07)	4:45 (31:52)	2:51 (34:43)	2:54 (37:37)
	3:31 (42:58)	7:26 (50:24)	0:44 (51:08)	3:33 (54:41)	2:34 (57:15)
	3:55 (1:03:34)	0:32 (1:04:06)	0:23 (1:04:29)		2:24 (59:39)
7.	Kenneth Thomsen		OK Sorø	1:05:00	+12:34
	3:59 (3:59)	3:12 (7:11)	1:56 (9:07)	1:52 (10:59)	2:10 (13:09)
	4:15 (24:10)	4:11 (28:21)	3:32 (31:53)	3:24 (35:17)	2:31 (37:48)
	3:15 (43:55)	7:05 (51:00)	0:45 (51:45)	3:41 (55:26)	2:34 (58:00)
	4:13 (1:04:00)	0:36 (1:04:36)	0:24 (1:05:00)		1:47 (59:47)
8.	Brian Lomholt Jensen		Farum OK	1:09:02	+16:36
	3:46 (3:46)	4:06 (7:52)	2:11 (10:03)	2:34 (12:37)	3:14 (15:51)
	3:56 (26:46)	4:15 (31:01)	3:20 (34:21)	3:46 (38:07)	2:41 (40:48)
	3:59 (46:35)	7:02 (53:37)	0:53 (54:30)	4:09 (58:39)	2:43 (1:01:22)
	4:29 (1:07:59)	0:38 (1:08:37)	0:25 (1:09:02)		2:08 (1:03:30)
9.	Anders Marager		Allerød OK	1:12:08	+19:42
	4:12 (4:12)	3:56 (8:08)	4:14 (12:22)	2:00 (14:22)	3:05 (17:27)
	4:01 (27:23)	4:26 (31:49)	4:05 (35:54)	2:55 (38:49)	3:00 (41:49)
	4:09 (48:30)	6:58 (55:28)	1:19 (56:47)	3:59 (1:00:46)	3:27 (1:04:13)
	4:51 (1:11:03)	0:40 (1:11:43)	0:25 (1:12:08)		1:59 (1:06:12)
10.	Tore Hulgaard		Farum OK	1:13:07	+20:41
	4:17 (4:17)	3:41 (7:58)	2:08 (10:06)	4:15 (14:21)	2:35 (16:56)
	3:43 (26:43)	4:14 (30:57)	4:11 (35:08)	2:54 (38:02)	2:32 (40:34)
	3:13 (46:45)	7:56 (54:41)	0:49 (55:30)	4:11 (59:41)	5:23 (1:05:04)
	4:23 (1:11:53)	0:47 (1:12:40)	0:27 (1:13:07)		2:26 (1:07:30)
11.	Steen Stausholm		Farum OK	1:16:35	+24:09
	4:28 (4:28)	3:54 (8:22)	2:28 (10:50)	2:05 (12:55)	2:52 (15:47)
	4:14 (28:50)	5:24 (34:14)	4:37 (38:51)	2:42 (41:33)	3:16 (44:49)
	3:31 (51:48)	8:28 (1:00:16)	0:44 (1:01:00)	4:18 (1:05:18)	3:10 (1:08:28)
	4:49 (1:15:20)	0:46 (1:16:06)	0:29 (1:16:35)		2:03 (1:10:31)
12.	Michael Nygaard Møller		Ballerup OK	1:16:43	+24:17
	4:31 (4:31)	3:49 (8:20)	2:27 (10:47)	2:27 (13:14)	2:52 (16:06)
	4:59 (28:15)	4:44 (32:59)	3:51 (36:50)	3:57 (40:47)	2:54 (43:41)
	4:09 (49:46)	8:42 (58:28)	0:54 (59:22)	5:20 (1:04:42)	2:45 (1:07:27)
	5:55 (1:15:28)	0:46 (1:16:14)	0:29 (1:16:43)		2:06 (1:09:33)
13.	Tim Abild		Amager OK	1:16:47	+24:21
	4:46 (4:46)	3:56 (8:42)	4:02 (12:44)	2:20 (15:04)	2:56 (18:00)
	4:24 (29:32)	4:33 (34:05)	4:33 (38:38)	4:25 (43:03)	2:59 (46:02)
	4:13 (52:27)	7:42 (1:00:09)	0:53 (1:01:02)	4:15 (1:05:17)	2:53 (1:08:10)
	5:34 (1:15:38)	0:41 (1:16:19)	0:28 (1:16:47)		1:54 (1:10:04)
14.	Jacob Spange Mortensen		PI-København	1:18:30	+26:04
	4:20 (4:20)	3:28 (7:48)	2:07 (9:55)	6:20 (16:15)	2:22 (18:37)
	4:14 (30:17)	5:19 (35:36)	4:28 (40:04)	3:00 (43:04)	2:53 (45:57)
	4:04 (52:59)	8:03 (1:01:02)	0:45 (1:01:47)	4:36 (1:06:23)	2:53 (1:09:16)
	5:24 (1:17:15)	0:45 (1:18:00)	0:30 (1:18:30)		2:35 (1:11:51)
15.	Bo Pedersen		Køge OK	1:19:46	+27:20
	4:36 (4:36)	2:52 (7:28)	1:57 (9:25)	2:26 (11:51)	5:27 (17:18)
	4:08 (28:54)	5:29 (34:23)	6:56 (41:19)	5:03 (46:22)	3:16 (49:38)
	3:29 (57:23)	8:41 (1:06:04)	0:59 (1:07:03)	3:38 (1:10:41)	2:12 (1:12:53)
	4:13 (1:18:33)	0:41 (1:19:14)	0:32 (1:19:46)		1:27 (1:14:20)
16.	Peter Karberg		Herlufsholm OK	1:20:11	+27:45
	5:00 (5:00)	3:43 (8:43)	2:10 (10:53)	2:22 (13:15)	3:14 (16:29)
	4:12 (30:27)	6:29 (36:56)	4:31 (41:27)	3:01 (44:28)	3:20 (47:48)
	3:16 (53:46)	8:55 (1:02:41)	0:57 (1:03:38)	4:17 (1:07:55)	2:59 (1:10:54)
	5:33 (1:18:37)	1:05 (1:19:42)	0:29 (1:20:11)		2:10 (1:13:04)
	Morten Hass		OK Sorø	Ej startet	
	Steen Piil		Søllerød OK	Ej startet	
D20			(12 / 12)	Tid	Efter
1.	Annika Simonsen		FIF Hillerød Orientering	50:56	
	3:32 (3:32)	2:18 (5:50)	1:45 (7:35)	2:52 (10:27)	7:09 (17:36)
	3:47 (24:26)	1:13 (25:39)	2:13 (27:52)	2:20 (30:12)	2:55 (33:07)
	5:20 (42:01)	2:00 (44:01)	4:23 (48:24)	1:27 (49:51)	0:41 (50:32)
2.	Agnes Nørgård Kracht		Tisvilde Hegn OK	52:27	+1:31
	3:40 (3:40)	3:18 (6:58)	2:48 (9:46)	3:49 (13:35)	7:23 (20:58)
	3:33 (27:45)	1:13 (28:58)	3:11 (32:09)	2:18 (34:27)	3:07 (37:34)
	2:40 (43:40)	2:10 (45:50)	4:07 (49:57)	1:28 (51:25)	0:38 (52:03)
3.	Alberte Kaae-Nielsen		Søllerød OK	58:37	+7:41
	4:31 (4:31)	3:26 (7:57)	1:57 (9:54)	3:32 (13:26)	8:34 (22:00)
	4:03 (29:46)	1:23 (31:09)	2:27 (33:36)	2:39 (36:15)	3:33 (39:48)
	3:33 (47:49)	2:34 (50:23)	5:07 (55:30)	1:53 (57:23)	0:46 (58:09)
					3:43 (25:43)
					4:28 (44:16)
					0:28 (58:37)

4.	Ida Øbro		Tisvide Hegn OK	59:13	+8:17		
	3:40 (3:40)	8:39 (12:19)	2:27 (14:46)	5:50 (20:36)		7:24 (28:00)	3:04 (31:04)
	3:53 (34:57)	1:10 (36:07)	2:19 (38:26)	2:25 (40:51)		3:10 (44:01)	3:23 (47:24)
	2:53 (50:17)	2:16 (52:33)	4:06 (56:39)	1:29 (58:08)		0:38 (58:46)	0:27 (59:13)
5.	Nevena Simeonova		FIF Hillerød Orientering	1:02:00	+11:04		
	4:37 (4:37)	3:42 (8:19)	2:19 (10:38)	4:24 (15:02)		8:29 (23:31)	3:53 (27:24)
	5:32 (32:56)	1:17 (34:13)	2:30 (36:43)	2:30 (39:13)		4:00 (43:13)	4:15 (47:28)
	3:18 (50:46)	3:10 (53:56)	4:50 (58:46)	2:02 (1:00:48)		0:48 (1:01:36)	0:24 (1:02:00)
6.	Mathilde Smedegaard Madsen		Søllerød OK	1:02:22	+11:26		
	4:12 (4:12)	3:38 (7:50)	2:17 (10:07)	4:18 (14:25)		10:04 (24:29)	3:40 (28:09)
	3:51 (32:00)	1:27 (33:27)	3:09 (36:36)	2:49 (39:25)		4:17 (43:42)	4:16 (47:58)
	3:25 (51:23)	3:14 (54:37)	4:47 (59:24)	1:48 (1:01:12)		0:44 (1:01:56)	0:26 (1:02:22)
7.	Marie Erskov Krogh		OK ØST Birkerød	1:02:54	+11:58		
	4:26 (4:26)	3:34 (8:00)	2:07 (10:07)	4:11 (14:18)		10:00 (24:18)	3:46 (28:04)
	4:03 (32:07)	1:35 (33:42)	2:53 (36:35)	3:07 (39:42)		3:59 (43:41)	4:23 (48:04)
	3:24 (51:28)	2:52 (54:20)	5:15 (59:35)	2:02 (1:01:37)		0:49 (1:02:26)	0:28 (1:02:54)
8.	Celina Bregensøe		Tisvide Hegn OK	1:08:10	+17:14		
	4:09 (4:09)	4:30 (8:39)	2:34 (11:13)	3:37 (14:50)		9:50 (24:40)	3:40 (28:20)
	6:14 (34:34)	1:31 (36:05)	3:20 (39:25)	4:12 (43:37)		4:40 (48:17)	4:32 (52:49)
	3:10 (55:59)	2:43 (58:42)	4:42 (1:03:24)	3:32 (1:06:56)		0:48 (1:07:44)	0:26 (1:08:10)
9.	Astrid Skytte Kirkegaard		Tisvide Hegn OK	1:10:19	+19:23		
	4:28 (4:28)	3:45 (8:13)	3:35 (11:48)	4:50 (16:38)		9:34 (26:12)	4:40 (30:52)
	4:58 (35:50)	1:40 (37:30)	3:10 (40:40)	3:37 (44:17)		4:19 (48:36)	5:41 (54:17)
	4:19 (58:36)	2:53 (1:01:29)	5:29 (1:06:58)	2:01 (1:08:59)		0:49 (1:09:48)	0:31 (1:10:19)
10.	Freja Kliem		Farum OK	1:33:42	+42:46		
	6:46 (6:46)	5:10 (11:56)	3:35 (15:31)	6:52 (22:23)		13:27 (35:50)	6:10 (42:00)
	7:09 (49:09)	2:26 (51:35)	7:16 (58:51)	3:56 (1:02:47)		5:05 (1:07:52)	6:23 (1:14:15)
	4:43 (1:18:58)	4:55 (1:23:53)	5:38 (1:29:31)	2:40 (1:32:11)		1:02 (1:33:13)	0:29 (1:33:42)
11.	Marta Kliem		Farum OK	1:55:41	+64:45		
	6:25 (6:25)	9:07 (15:32)	6:18 (21:50)	8:48 (30:38)		14:18 (44:56)	8:31 (53:27)
	7:58 (1:01:25)	3:40 (1:05:05)	6:00 (1:11:05)	4:39 (1:15:44)		7:07 (1:22:51)	7:32 (1:30:23)
	6:13 (1:36:36)	6:27 (1:43:03)	7:19 (1:50:22)	3:28 (1:53:50)		1:23 (1:55:13)	0:28 (1:55:41)
	Amalie Ellegaard Severinsen		OK ØST Birkerød	Ej startet			
D21			(10 / 10)	Tid	Efter		
1.	Vera Mullerova		Amager OK	52:31			
	3:27 (3:27)	3:08 (6:35)	1:54 (8:29)	3:45 (12:14)		7:16 (19:30)	3:23 (22:53)
	4:00 (26:53)	1:21 (28:14)	2:35 (30:49)	2:26 (33:15)		3:58 (37:13)	3:36 (40:49)
	2:53 (43:42)	2:08 (45:50)	4:04 (49:54)	1:29 (51:23)		0:42 (52:05)	0:26 (52:31)
2.	Masha Semak		Farum OK	52:39	+0:08		
	3:40 (3:40)	3:06 (6:46)	1:58 (8:44)	3:18 (12:02)		7:33 (19:35)	3:04 (22:39)
	4:12 (26:51)	1:35 (28:26)	2:13 (30:39)	2:24 (33:03)		3:07 (36:10)	4:10 (40:20)
	3:05 (43:25)	2:18 (45:43)	4:15 (49:58)	1:33 (51:31)		0:46 (52:17)	0:22 (52:39)
3.	Mette Stub		PI-København	54:37	+2:06		
	4:00 (4:00)	3:26 (7:26)	2:04 (9:30)	4:06 (13:36)		7:57 (21:33)	3:15 (24:48)
	4:08 (28:56)	1:16 (30:12)	2:21 (32:33)	2:29 (35:02)		3:10 (38:12)	3:41 (41:53)
	2:58 (44:51)	2:13 (47:04)	4:46 (51:50)	1:39 (53:29)		0:44 (54:13)	0:24 (54:37)
4.	Nicoline F. Klynsner		FIF Hillerød Orientering	1:01:18	+8:47		
	3:59 (3:59)	3:28 (7:27)	2:39 (10:06)	3:34 (13:40)		8:27 (22:07)	3:32 (25:39)
	3:44 (29:23)	1:16 (30:39)	2:31 (33:10)	2:36 (35:46)		3:11 (38:57)	6:26 (45:23)
	5:08 (50:31)	3:51 (54:22)	4:22 (58:44)	1:30 (1:00:14)		0:39 (1:00:53)	0:25 (1:01:18)
5.	Marie Cecilie Hartmeyer		FIF Hillerød Orientering	1:11:43	+19:12		
	4:43 (4:43)	4:19 (9:02)	3:00 (12:02)	5:05 (17:07)		10:41 (27:48)	4:31 (32:19)
	5:03 (37:22)	1:50 (39:12)	3:02 (42:14)	3:30 (45:44)		5:06 (50:50)	5:42 (56:32)
	3:39 (1:00:11)	2:59 (1:03:10)	5:09 (1:08:19)	2:07 (1:10:26)		0:49 (1:11:15)	0:28 (1:11:43)
6.	Line Stub		PI-København	1:12:34	+20:03		
	4:00 (4:00)	3:46 (7:46)	2:35 (10:21)	4:13 (14:34)		9:57 (24:31)	4:17 (28:48)
	5:12 (34:00)	1:39 (35:39)	3:09 (38:48)	3:33 (42:21)		4:51 (47:12)	5:31 (52:43)
	5:50 (58:33)	2:55 (1:01:28)	6:47 (1:08:15)	2:54 (1:11:09)		0:56 (1:12:05)	0:29 (1:12:34)
7.	Jette Grimstrup		Køge OK	1:24:41	+32:10		
	5:50 (5:50)	5:21 (11:11)	4:00 (15:11)	9:19 (24:30)		10:55 (35:25)	4:38 (40:03)
	5:15 (45:18)	2:10 (47:28)	4:18 (51:46)	3:47 (55:33)		5:01 (1:00:34)	4:55 (1:05:29)
	4:58 (1:10:27)	3:37 (1:14:04)	6:31 (1:20:35)	2:31 (1:23:06)		1:02 (1:24:08)	0:33 (1:24:41)
8.	Nina Okkels		OK Sorø	1:26:34	+34:03		
	5:38 (5:38)	4:29 (10:07)	2:28 (12:35)	6:11 (18:46)		10:53 (29:39)	4:44 (34:23)
	5:47 (40:10)	3:31 (43:41)	9:16 (52:57)	3:38 (56:35)		4:49 (1:01:24)	5:44 (1:07:08)
	4:21 (1:11:29)	4:23 (1:15:52)	6:23 (1:22:15)	2:46 (1:25:01)		0:56 (1:25:57)	0:37 (1:26:34)
	Lærke Lundedal Jensen		FIF Hillerød Orientering	Ej startet			
	Mathilde Nørgård Kracht		Tisvide Hegn OK	Ej startet			
D35			(14 / 14)	Tid	Efter		
1.	Anne Konring Larsen		FIF Hillerød Orientering	51:55			
	3:55 (3:55)	3:29 (7:24)	1:54 (9:18)	3:45 (13:03)		7:29 (20:32)	3:15 (23:47)
	3:21 (27:08)	1:14 (28:22)	2:12 (30:34)	2:20 (32:54)		3:27 (36:21)	3:37 (39:58)
	3:07 (43:05)	2:03 (45:08)	3:58 (49:06)	1:26 (50:32)		0:57 (51:29)	0:26 (51:55)
2.	Nina Hoffmann		OK Sorø	1:02:08	+10:13		
	4:06 (4:06)	3:26 (7:32)	3:29 (11:01)	4:11 (15:12)		8:52 (24:04)	3:45 (27:49)
	3:56 (31:45)	1:31 (33:16)	3:09 (36:25)	3:09 (39:34)		3:42 (43:16)	4:10 (47:26)
	3:22 (50:48)	2:49 (53:37)	4:58 (58:35)	2:25 (1:01:00)		0:43 (1:01:43)	0:25 (1:02:08)
3.	Pernille Sommer		OK ØST Birkerød	1:08:00	+16:05		
	4:53 (4:53)	3:22 (8:15)	2:34 (10:49)	4:20 (15:09)		9:32 (24:41)	4:43 (29:24)
	4:56 (34:20)	1:43 (36:03)	3:12 (39:15)	3:05 (42:20)		3:54 (46:14)	5:09 (51:23)
	3:38 (55:01)	3:29 (58:30)	5:45 (1:04:15)	2:10 (1:06:25)		0:58 (1:07:23)	0:37 (1:08:00)
4.	Diana Cederberg		Ballerup OK	1:09:48	+17:53		
	4:31 (4:31)	4:11 (8:42)	2:34 (11:16)	4:56 (16:12)		10:08 (26:20)	4:56 (31:16)
	5:17 (36:33)	1:49 (38:22)	3:20 (41:42)	3:20 (45:02)		4:46 (49:48)	4:32 (54:20)
	3:34 (57:54)	3:00 (1:00:54)	5:28 (1:06:22)	2:01 (1:08:23)		0:54 (1:09:17)	0:31 (1:09:48)
5.	Lise Ravnshøj Andersen		Herlufsholm OK	1:18:17	+26:22		
	4:49 (4:49)	5:13 (10:02)	2:31 (12:33)	6:52 (19:25)		11:31 (30:56)	4:47 (35:43)
	6:29 (42:12)	1:49 (44:01)	3:44 (47:45)	3:39 (51:24)		4:40 (56:04)	4:46 (1:00:50)
	3:56 (1:04:46)	3:29 (1:08:15)	6:18 (1:14:33)	2:16 (1:16:49)		1:00 (1:17:49)	0:28 (1:18:17)
6.	Anne Skovbaek		Søllerød OK	1:23:04	+31:09		
	5:13 (5:13)	3:40 (8:53)	2:50 (11:43)	6:00 (17:43)		11:27 (29:10)	4:57 (34:07)
	6:29 (40:36)	1:47 (42:23)	4:40 (47:03)	3:44 (50:47)		5:08 (55:55)	7:15 (1:03:10)
	5:38 (1:08:48)	3:14 (1:12:02)	6:25 (1:18:27)	3:00 (1:21:27)		1:03 (1:22:30)	0:34 (1:23:04)
7.	Signe Hartvig Petersen		OK ØST Birkerød	1:25:41	+33:46		

	5:04 (5:04)	5:15 (10:19)	3:04 (13:23)	5:52 (19:15)	11:54 (31:09)	5:42 (36:51)
	5:23 (42:14)	1:51 (44:05)	3:45 (47:50)	4:03 (51:53)	5:45 (57:38)	6:42 (1:04:20)
	4:42 (1:09:02)	4:13 (1:13:15)	7:19 (1:20:34)	3:26 (1:24:00)	1:04 (1:25:04)	0:37 (1:25:41)
8.	Kirsten Møller		Søllerød OK	1:29:10	+37:15	
	6:30 (6:30)	11:43 (18:13)	2:24 (20:37)	4:02 (24:39)	17:47 (42:26)	4:29 (46:55)
	5:32 (52:27)	1:56 (54:23)	4:09 (58:32)	4:05 (1:02:37)	4:32 (1:07:09)	4:43 (1:11:52)
	4:01 (1:15:53)	3:16 (1:19:09)	6:11 (1:25:20)	2:27 (1:27:47)	0:54 (1:28:41)	0:29 (1:29:10)
9.	Helena Isabel Mora-Jensen		Farum OK	1:34:31	+42:36	
	6:02 (6:02)	6:07 (12:09)	2:45 (14:54)	7:18 (22:12)	11:13 (33:25)	5:22 (38:47)
	7:29 (46:16)	2:24 (48:40)	6:57 (55:37)	4:04 (59:41)	6:39 (1:06:20)	6:28 (1:12:48)
	4:22 (1:17:10)	6:19 (1:23:29)	7:08 (1:30:37)	2:29 (1:33:06)	0:59 (1:34:05)	0:26 (1:34:31)
10.	Kirsten Lange		Allerød OK	1:44:54	+52:59	
	13:04 (13:04)	5:05 (18:09)	5:14 (23:23)	12:21 (35:44)	10:47 (46:31)	6:35 (53:06)
	7:20 (1:00:26)	2:42 (1:03:08)	5:28 (1:08:36)	4:00 (1:12:36)	6:06 (1:18:42)	7:02 (1:25:44)
	5:09 (1:30:53)	4:00 (1:34:53)	5:38 (1:40:31)	2:52 (1:43:23)	1:03 (1:44:26)	0:28 (1:44:54)
11.	Julia Bjerre Svendsen		Amager OK	1:53:36	+61:41	
	7:42 (7:42)	6:41 (14:23)	3:56 (18:19)	10:25 (28:44)	15:09 (43:53)	6:56 (50:49)
	9:37 (1:00:26)	2:37 (1:03:03)	5:52 (1:08:55)	5:28 (1:14:23)	6:59 (1:21:22)	7:33 (1:28:55)
	5:54 (1:34:49)	4:51 (1:39:40)	7:49 (1:47:29)	4:10 (1:51:39)	1:14 (1:52:53)	0:43 (1:53:36)
12.	Hanne Frost		Ballerup OK	1:56:04	+64:09	
	7:02 (7:02)	6:37 (13:39)	4:01 (17:40)	9:20 (27:00)	16:29 (43:29)	7:09 (50:38)
	10:02 (1:00:40)	3:01 (1:03:41)	7:03 (1:10:44)	5:23 (1:16:07)	6:24 (1:22:31)	8:25 (1:30:56)
	4:50 (1:35:46)	4:43 (1:40:29)	9:33 (1:50:02)	3:55 (1:53:57)	1:33 (1:55:30)	0:34 (1:56:04)
	Camilla Bachhausen		FIF Hillerød Orientering	Føjklip		
	9:00 (9:00)	6:17 (15:17)	3:43 (19:00)	9:19 (28:19)	21:15 (49:34)	7:45 (57:19)
	– (–)	– (–)	– (–)	– (–)	– (1:02:09)	8:47 (1:10:56)
	– (–)	– (–)	– (1:14:48)	5:15 (1:20:03)	1:30 (1:21:33)	0:46 (1:22:19)
	Dorthe Munkved		Allerød OK	Føjklip		
	6:09 (6:09)	4:56 (11:05)	2:58 (14:03)	4:58 (19:01)	10:42 (29:43)	3:56 (33:39)
	4:54 (38:33)	2:06 (40:39)	3:41 (44:20)	3:14 (47:34)	9:20 (56:54)	10:38 (1:07:32)
	– (–)	– (1:11:15)	6:24 (1:17:39)	2:05 (1:19:44)	1:09 (1:20:53)	0:26 (1:21:19)
H40			(15 / 15)	Tid	Efter	
1.	Mads Ingvar Jensen		FIF Hillerød Orientering	42:15		
	2:52 (2:52)	2:09 (5:01)	1:40 (6:41)	3:15 (9:56)	6:25 (16:21)	2:39 (19:00)
	2:58 (21:58)	1:05 (23:03)	1:44 (24:47)	1:55 (26:42)	2:31 (29:13)	2:49 (32:02)
	2:34 (34:36)	2:04 (36:40)	3:23 (40:03)	1:17 (41:20)	0:33 (41:53)	0:22 (42:15)
2.	Jesper Damgaard		Farum OK	46:28	+4:13	
	3:26 (3:26)	2:15 (5:41)	1:40 (7:21)	3:10 (10:31)	7:05 (17:36)	2:53 (20:29)
	3:28 (23:57)	1:10 (25:07)	2:02 (27:09)	2:14 (29:23)	2:53 (32:16)	3:14 (35:30)
	2:35 (38:05)	2:07 (40:12)	3:50 (44:02)	1:23 (45:25)	0:37 (46:02)	0:26 (46:28)
3.	Asger Habekost Nielsen		OK ØST Birkerød	50:46	+8:31	
	3:48 (3:48)	3:27 (7:15)	1:58 (9:13)	3:13 (12:26)	7:16 (19:42)	3:10 (22:52)
	3:19 (26:11)	1:13 (27:24)	2:13 (29:37)	2:21 (31:58)	3:02 (35:00)	3:52 (38:52)
	2:54 (41:46)	2:14 (44:00)	4:09 (48:09)	1:29 (49:38)	0:43 (50:21)	0:25 (50:46)
4.	Jesper Grooss		Allerød OK	51:42	+9:27	
	3:46 (3:46)	2:30 (6:16)	1:50 (8:06)	3:20 (11:26)	8:23 (19:49)	3:14 (23:03)
	3:24 (26:27)	1:29 (27:56)	2:15 (30:11)	2:26 (32:37)	3:11 (35:48)	3:44 (39:32)
	2:50 (42:22)	2:12 (44:34)	4:23 (48:57)	1:31 (50:28)	0:44 (51:12)	0:30 (51:42)
5.	Rune Funder		FIF Hillerød Orientering	52:03	+9:48	
	3:14 (3:14)	3:14 (6:28)	1:43 (8:11)	3:56 (12:07)	7:29 (19:36)	3:02 (22:38)
	3:19 (25:57)	1:07 (27:04)	2:11 (29:15)	2:23 (31:38)	4:14 (35:52)	3:36 (39:28)
	3:37 (43:05)	2:20 (45:25)	3:42 (49:07)	2:00 (51:07)	0:37 (51:44)	0:19 (52:03)
6.	Ronnie Hjorth		Ballerup OK	59:35	+17:20	
	3:50 (3:50)	3:13 (7:03)	2:51 (9:54)	4:36 (14:30)	7:56 (22:26)	3:33 (25:59)
	4:12 (30:11)	1:26 (31:37)	3:06 (34:43)	3:00 (37:43)	3:30 (41:13)	4:15 (45:28)
	3:05 (48:33)	2:46 (51:19)	5:08 (56:27)	1:56 (58:23)	0:47 (59:10)	0:25 (59:35)
7.	Arne Kristensen		Herlufsholm OK	59:54	+17:39	
	3:56 (3:56)	3:11 (7:07)	1:55 (9:02)	4:17 (13:19)	8:30 (21:49)	3:54 (25:43)
	4:45 (30:28)	1:25 (31:53)	2:54 (34:47)	2:49 (37:36)	3:39 (41:15)	4:07 (45:22)
	3:07 (48:29)	2:30 (50:59)	5:33 (56:32)	2:10 (58:42)	0:46 (59:28)	0:26 (59:54)
8.	Peter Steen Landsperg		Tisvilde Hegn OK	1:00:42	+18:27	
	3:54 (3:54)	3:26 (7:20)	2:03 (9:23)	3:32 (12:55)	8:38 (21:33)	3:57 (25:30)
	4:28 (29:58)	2:05 (32:03)	2:27 (34:30)	2:36 (37:06)	3:40 (40:46)	4:22 (45:08)
	3:05 (48:13)	2:37 (50:50)	4:57 (55:47)	3:20 (59:07)	1:09 (1:00:16)	0:26 (1:00:42)
9.	Jesper Vestergaard		Søllerød OK	1:09:37	+27:22	
	4:43 (4:43)	3:15 (7:58)	3:01 (10:59)	4:55 (15:54)	10:22 (26:16)	4:23 (30:39)
	5:32 (36:11)	1:38 (37:49)	3:10 (40:59)	3:25 (44:24)	4:19 (48:43)	4:58 (53:41)
	3:41 (57:22)	2:54 (1:00:16)	5:29 (1:05:45)	2:19 (1:08:04)	1:00 (1:09:04)	0:33 (1:09:37)
10.	Thomas Brinck		Amager OK	1:16:58	+34:43	
	4:55 (4:55)	4:19 (9:14)	2:25 (11:39)	5:19 (16:58)	10:28 (27:26)	5:19 (32:45)
	5:26 (38:11)	1:41 (39:52)	4:10 (44:02)	3:07 (47:09)	4:29 (51:38)	5:33 (57:11)
	5:04 (1:02:15)	3:05 (1:05:20)	8:10 (1:13:30)	2:18 (1:15:48)	0:46 (1:16:34)	0:24 (1:16:58)
11.	Jacob Petersen		Ballerup OK	1:23:05	+40:50	
	5:32 (5:32)	12:49 (18:21)	2:19 (20:40)	4:24 (25:04)	9:04 (34:08)	4:32 (38:40)
	7:49 (46:29)	1:14 (47:43)	5:02 (52:45)	2:36 (55:21)	3:48 (59:09)	4:47 (1:03:56)
	8:10 (1:12:06)	3:33 (1:15:39)	4:04 (1:19:43)	2:16 (1:21:59)	0:43 (1:22:42)	0:23 (1:23:05)
12.	Peter Hilbert		Allerød OK	1:24:56	+42:41	
	7:12 (7:12)	4:33 (11:45)	2:37 (14:22)	7:06 (21:28)	12:01 (33:29)	5:52 (39:21)
	5:49 (45:10)	2:40 (47:50)	3:59 (51:49)	3:14 (55:03)	4:37 (59:40)	5:45 (1:05:25)
	4:52 (1:10:17)	3:55 (1:14:12)	6:39 (1:20:51)	2:42 (1:23:33)	0:54 (1:24:27)	0:29 (1:24:56)
13.	Roland Dumong		OK ØST Birkerød	1:50:55	+68:40	
	6:09 (6:09)	17:18 (23:27)	3:10 (26:37)	7:41 (34:18)	12:17 (46:35)	5:14 (51:49)
	6:34 (58:23)	4:50 (1:03:13)	5:59 (1:09:12)	3:55 (1:13:07)	5:57 (1:19:04)	7:02 (1:26:06)
	6:22 (1:32:28)	4:57 (1:37:25)	8:34 (1:45:59)	3:08 (1:49:07)	1:11 (1:50:18)	0:37 (1:50:55)
	Mikael Lütthje		Søllerød OK	Ej startet		
	Rasmus Nielsen		Tisvilde Hegn OK	Ej startet		
H45			(40 / 40)	Tid	Efter	
1.	Jesper David Jensen		Tisvilde Hegn OK	44:44		
	3:19 (3:19)	2:37 (5:56)	1:40 (7:36)	2:44 (10:20)	6:49 (17:09)	2:51 (20:00)
	2:55 (22:55)	1:08 (24:03)	2:01 (26:04)	2:01 (28:05)	2:45 (30:50)	3:06 (33:56)
	2:30 (36:26)	2:03 (38:29)	3:48 (42:17)	1:25 (43:42)	0:39 (44:21)	0:23 (44:44)
2.	Jan Eg Pedersen		OK ØST Birkerød	50:42	+5:58	
	3:14 (3:14)	2:45 (5:59)	2:02 (8:01)	4:21 (12:22)	7:14 (19:36)	3:03 (22:39)
	3:40 (26:19)	1:14 (27:33)	2:24 (29:57)	2:19 (32:16)	2:59 (35:15)	3:31 (38:46)
	2:44 (41:30)	2:09 (43:39)	4:27 (48:06)	1:29 (49:35)	0:40 (50:15)	0:27 (50:42)

3.	Torben Nørgaard		Allerød OK	51:12	+6:28		
	3:11 (3:11)	3:06 (6:17)	1:51 (8:08)	4:06 (12:14)	7:17 (19:31)	3:03 (22:34)	
	3:24 (25:58)	1:17 (27:15)	2:07 (29:22)	2:34 (31:56)	3:03 (34:59)	3:37 (38:36)	
	2:59 (41:35)	2:27 (44:02)	4:33 (48:35)	1:29 (50:04)	0:40 (50:44)	0:28 (51:12)	
4.	Jakob Landsperg		Tisvide Hegn OK	51:15	+6:31		
	3:18 (3:18)	2:24 (5:42)	2:32 (8:14)	4:37 (12:51)	7:26 (20:17)	3:05 (23:22)	
	3:17 (26:39)	1:12 (27:51)	2:14 (30:05)	2:22 (32:27)	3:35 (36:02)	3:39 (39:41)	
	2:37 (42:18)	2:23 (44:41)	4:02 (48:43)	1:29 (50:12)	0:37 (50:49)	0:26 (51:15)	
5.	Thomas Eriksen		FIF Hillerød Orientering	51:23	+6:39		
	3:34 (3:34)	2:29 (6:03)	2:07 (8:10)	4:13 (12:23)	7:07 (19:30)	3:04 (22:34)	
	3:26 (26:00)	1:14 (27:14)	2:23 (29:37)	2:39 (32:16)	3:16 (35:32)	3:44 (39:16)	
	2:48 (42:04)	2:27 (44:31)	4:07 (48:38)	1:34 (50:12)	0:50 (51:02)	0:21 (51:23)	
6.	Mogens Hagedorn		Søllerød OK	53:31	+8:47		
	3:49 (3:49)	2:43 (6:32)	1:59 (8:31)	3:04 (11:35)	7:25 (19:00)	3:23 (22:23)	
	3:52 (26:15)	1:19 (27:34)	2:30 (30:04)	2:27 (32:31)	3:16 (35:47)	3:39 (39:26)	
	4:32 (43:58)	2:37 (46:35)	4:13 (50:48)	1:33 (52:21)	0:43 (53:04)	0:27 (53:31)	
7.	Steen Olsen		Søllerød OK	54:10	+9:26		
	3:31 (3:31)	3:29 (7:00)	1:54 (8:54)	4:38 (13:32)	7:13 (20:45)	3:10 (23:55)	
	3:27 (27:22)	1:19 (28:41)	3:36 (32:17)	2:13 (34:30)	3:32 (38:02)	3:35 (41:37)	
	2:57 (44:34)	2:32 (47:06)	4:24 (51:30)	1:33 (53:03)	0:42 (53:45)	0:25 (54:10)	
8.	Alex Ottesen		Ballerup OK	55:06	+10:22		
	3:24 (3:24)	3:14 (6:38)	1:56 (8:34)	4:55 (13:29)	8:25 (21:54)	3:15 (25:09)	
	3:54 (29:03)	1:14 (30:17)	2:42 (32:59)	2:27 (35:26)	3:20 (38:46)	3:50 (42:36)	
	2:59 (45:35)	2:04 (47:39)	4:36 (52:15)	1:38 (53:53)	0:47 (54:40)	0:26 (55:06)	
9.	Jens Kovsted		Tisvide Hegn OK	55:46	+11:02		
	3:53 (3:53)	2:37 (6:30)	1:56 (8:26)	4:16 (12:42)	7:55 (20:37)	3:13 (23:50)	
	4:03 (27:53)	1:22 (29:15)	3:10 (32:25)	3:16 (35:41)	3:16 (38:57)	3:42 (42:39)	
	3:05 (45:44)	2:26 (48:10)	4:51 (53:01)	1:36 (54:37)	0:43 (55:20)	0:26 (55:46)	
10.	Carsten Gemmer Hanghøj		Ballerup OK	55:51	+11:07		
	3:57 (3:57)	3:11 (7:08)	1:59 (9:07)	3:40 (12:47)	7:51 (20:38)	3:25 (24:03)	
	3:50 (27:53)	1:21 (29:14)	2:48 (32:02)	2:34 (34:36)	3:28 (38:04)	4:09 (42:13)	
	3:12 (45:25)	2:51 (48:16)	4:29 (52:45)	1:49 (54:34)	0:45 (55:19)	0:32 (55:51)	
11.	Michael Graae		Søllerød OK	56:59	+12:15		
	4:18 (4:18)	3:22 (7:40)	2:06 (9:46)	4:21 (14:07)	7:49 (21:56)	3:53 (25:49)	
	3:53 (29:42)	1:31 (31:13)	3:07 (34:20)	2:30 (36:50)	3:29 (40:19)	4:01 (44:20)	
	2:56 (47:16)	2:21 (49:37)	4:28 (54:05)	1:45 (55:50)	0:44 (56:34)	0:25 (56:59)	
12.	Christian Olsen		Amager OK	57:50	+13:06		
	4:35 (4:35)	3:55 (8:30)	2:00 (10:30)	3:42 (14:12)	7:43 (21:55)	3:45 (25:40)	
	4:26 (30:06)	1:23 (31:29)	3:02 (34:31)	2:43 (37:14)	3:27 (40:41)	3:59 (44:40)	
	3:28 (48:08)	2:35 (50:43)	4:24 (55:07)	1:33 (56:40)	0:45 (57:25)	0:25 (57:50)	
13.	Bjørn Axelsen		Tisvide Hegn OK	58:34	+13:50		
	3:51 (3:51)	2:59 (6:50)	1:48 (8:38)	4:13 (12:51)	9:04 (21:55)	3:52 (25:47)	
	4:07 (29:54)	1:30 (31:24)	2:31 (33:55)	2:38 (36:33)	3:34 (40:07)	4:12 (44:19)	
	3:59 (48:18)	2:24 (50:42)	4:59 (55:41)	1:46 (57:27)	0:41 (58:08)	0:26 (58:34)	
14.	Lars Munktvad		Allerød OK	59:11	+14:27		
	4:07 (4:07)	4:03 (8:10)	2:21 (10:31)	4:07 (14:38)	8:50 (23:28)	3:25 (26:53)	
	3:41 (30:34)	1:24 (31:58)	2:54 (34:52)	2:46 (37:38)	3:19 (40:57)	3:47 (44:44)	
	3:50 (48:34)	2:31 (51:05)	5:03 (56:08)	1:41 (57:49)	0:50 (58:39)	0:32 (59:11)	
15.	Jørn Lind		PI-København	1:01:54	+17:10		
	4:22 (4:22)	3:23 (7:45)	2:18 (10:03)	4:13 (14:16)	9:12 (23:28)	3:40 (27:08)	
	4:25 (31:33)	1:30 (33:03)	3:09 (36:12)	2:41 (38:53)	4:05 (42:58)	4:25 (47:23)	
	3:20 (50:43)	2:56 (53:39)	5:08 (58:47)	1:53 (1:00:40)	0:46 (1:01:26)	0:28 (1:01:54)	
16.	Finn Bregensøe		Tisvide Hegn OK	1:02:19	+17:35		
	4:29 (4:29)	3:17 (7:46)	2:03 (9:49)	5:44 (15:33)	7:37 (23:10)	3:09 (26:19)	
	4:15 (30:34)	1:27 (32:01)	3:07 (35:08)	4:25 (39:33)	3:19 (42:52)	4:20 (47:12)	
	3:54 (51:06)	2:51 (53:57)	5:37 (59:34)	1:40 (1:01:14)	0:41 (1:01:55)	0:24 (1:02:19)	
17.	Lars Rasmussen		Ballerup OK	1:02:36	+17:52		
	4:19 (4:19)	3:10 (7:29)	1:59 (9:28)	4:07 (13:35)	8:47 (22:22)	3:38 (26:00)	
	4:55 (30:55)	1:42 (32:37)	3:01 (35:38)	2:54 (38:32)	4:39 (43:11)	3:57 (47:08)	
	3:22 (50:30)	3:06 (53:36)	5:45 (59:21)	1:59 (1:01:20)	0:48 (1:02:08)	0:28 (1:02:36)	
18.	Lars Lyngsø		Allerød OK	1:02:53	+18:09		
	4:12 (4:12)	3:49 (8:01)	2:41 (10:42)	4:24 (15:06)	9:22 (24:28)	3:55 (28:23)	
	4:24 (32:47)	1:31 (34:18)	3:11 (37:29)	3:11 (40:40)	3:53 (44:33)	4:15 (48:48)	
	3:08 (51:56)	2:41 (54:37)	4:55 (59:32)	1:57 (1:01:29)	0:50 (1:02:19)	0:34 (1:02:53)	
19.	Philip Bæk Christiansen		Søllerød OK	1:04:00	+19:16		
	4:37 (4:37)	3:50 (8:27)	2:19 (10:46)	5:18 (16:04)	8:21 (24:25)	3:53 (28:18)	
	4:39 (32:57)	1:33 (34:30)	3:04 (37:34)	2:34 (40:08)	3:45 (43:53)	4:26 (48:19)	
	4:29 (52:48)	3:08 (55:56)	4:37 (1:00:33)	2:24 (1:02:57)	0:38 (1:03:35)	0:25 (1:04:00)	
20.	Søren Albæk Jensen		Amager OK	1:04:48	+20:04		
	4:49 (4:49)	4:09 (8:58)	1:57 (10:55)	4:11 (15:06)	8:28 (23:34)	3:58 (27:32)	
	4:22 (31:54)	1:36 (33:30)	4:04 (37:34)	3:01 (40:35)	3:43 (44:18)	4:26 (48:44)	
	3:59 (52:43)	3:30 (56:13)	5:32 (1:01:45)	1:50 (1:03:35)	0:45 (1:04:20)	0:28 (1:04:48)	
21.	Per Meyhoff-Madsen		Farum OK	1:05:36	+20:52		
	4:32 (4:32)	3:11 (7:43)	2:23 (10:06)	4:33 (14:39)	9:57 (24:36)	3:57 (28:33)	
	5:03 (33:36)	1:39 (35:15)	2:53 (38:08)	2:58 (41:06)	4:12 (45:18)	5:15 (50:33)	
	3:28 (54:01)	3:58 (57:59)	4:25 (1:02:24)	2:06 (1:04:30)	0:41 (1:05:11)	0:25 (1:05:36)	
22.	Anders Knudsen		Herlufsholm OK	1:06:10	+21:26		
	3:47 (3:47)	3:14 (7:01)	1:57 (8:58)	4:04 (13:02)	13:55 (26:57)	4:08 (31:05)	
	4:17 (35:22)	1:38 (37:00)	3:29 (40:29)	2:59 (43:28)	3:27 (46:55)	4:37 (51:32)	
	3:47 (55:19)	2:50 (58:09)	4:49 (1:02:58)	1:58 (1:04:56)	0:50 (1:05:46)	0:24 (1:06:10)	
23.	Stephen Hall Reusch		OK ØST Birkerød	1:11:16	+26:32		
	4:06 (4:06)	3:20 (7:26)	1:55 (9:21)	3:54 (13:15)	8:04 (21:19)	3:44 (25:03)	
	3:46 (28:49)	1:32 (30:21)	2:39 (33:00)	14:48 (47:48)	4:07 (51:55)	5:03 (56:58)	
	3:19 (1:00:17)	3:02 (1:03:19)	4:59 (1:08:18)	1:48 (1:10:06)	0:42 (1:10:48)	0:28 (1:11:16)	
24.	Henrik Glimø		Køge OK	1:11:57	+27:13		
	4:53 (4:53)	3:37 (8:30)	2:30 (11:00)	5:54 (16:54)	9:04 (25:58)	5:25 (31:23)	
	4:53 (36:16)	1:23 (37:39)	3:56 (41:35)	3:39 (45:14)	3:45 (48:59)	9:18 (58:17)	
	4:02 (1:02:19)	2:40 (1:04:59)	4:15 (1:09:14)	1:37 (1:10:51)	0:44 (1:11:35)	0:22 (1:11:57)	
25.	Bo Rasmussen		Søllerød OK	1:14:45	+30:01		
	4:28 (4:28)	4:29 (8:57)	3:11 (12:08)	4:57 (17:05)	8:38 (25:43)	3:34 (29:17)	
	5:44 (35:01)	1:32 (36:33)	9:44 (46:17)	2:44 (49:01)	3:53 (52:54)	4:59 (57:53)	
	3:30 (1:01:23)	3:01 (1:04:24)	6:58 (1:11:22)	2:09 (1:13:31)	0:45 (1:14:16)	0:29 (1:14:45)	
26.	Frank Holmberg		FIF Hillerød Orientering	1:15:59	+31:15		
	5:37 (5:37)	3:16 (8:53)	1:56 (10:49)	5:07 (15:56)	9:49 (25:45)	3:45 (29:30)	
	7:45 (37:15)	1:53 (39:08)	4:34 (43:42)	6:53 (50:35)	3:46 (54:21)	5:23 (59:44)	
	3:33 (1:03:17)	4:04 (1:07:21)	4:34 (1:11:55)	3:06 (1:15:01)	0:36 (1:15:37)	0:22 (1:15:59)	

27.	Lars Sørensen		OK ØST Birkerød	1:16:12	+31:28		
	4:38 (4:38)	4:18 (8:56)	3:01 (11:57)	5:12 (17:09)		10:01 (27:10)	4:33 (31:43)
	5:28 (37:11)	1:58 (39:09)	3:51 (43:00)	3:38 (46:38)		4:33 (51:11)	5:28 (56:39)
	4:32 (1:01:11)	5:16 (1:06:27)	5:52 (1:12:19)	2:32 (1:14:51)		0:52 (1:15:43)	0:29 (1:16:12)
28.	Lars Almer		PI-København	1:16:29	+31:45		
	4:51 (4:51)	4:21 (9:12)	3:33 (12:45)	6:59 (19:44)		11:39 (31:23)	4:35 (35:58)
	4:59 (40:57)	1:40 (42:37)	4:06 (46:43)	3:19 (50:02)		4:38 (54:40)	4:48 (59:28)
	3:51 (1:03:19)	3:17 (1:06:36)	6:01 (1:12:37)	2:15 (1:14:52)		1:01 (1:15:53)	0:36 (1:16:29)
29.	Peter Becker		Søllerød OK	1:18:17	+33:33		
	4:54 (4:54)	5:17 (10:11)	2:23 (12:34)	6:24 (18:58)		11:14 (30:12)	4:09 (34:21)
	7:06 (41:27)	1:44 (43:11)	4:06 (47:17)	3:02 (50:19)		6:36 (56:55)	4:37 (1:01:32)
	4:13 (1:05:45)	3:15 (1:09:00)	6:02 (1:15:02)	2:08 (1:17:10)		0:41 (1:17:51)	0:26 (1:18:17)
30.	Stig Møller		OK Sorø	1:20:33	+35:49		
	5:06 (5:06)	6:18 (11:24)	2:46 (14:10)	13:01 (27:11)		8:27 (35:38)	4:12 (39:50)
	4:45 (44:35)	2:19 (46:54)	4:49 (51:43)	3:11 (54:54)		4:04 (58:58)	6:02 (1:05:00)
	3:20 (1:08:20)	3:17 (1:11:37)	5:35 (1:17:12)	2:07 (1:19:19)		0:47 (1:20:06)	0:27 (1:20:33)
31.	Jan Koue Larsen		OK Sorø	1:21:51	+37:07		
	5:41 (5:41)	3:43 (9:24)	2:39 (12:03)	5:34 (17:37)		11:08 (28:45)	4:28 (33:13)
	12:48 (46:01)	2:17 (48:18)	3:34 (51:52)	3:13 (55:05)		3:51 (58:56)	5:52 (1:04:48)
	5:02 (1:09:50)	3:08 (1:12:58)	5:27 (1:18:25)	2:14 (1:20:39)		0:47 (1:21:26)	0:25 (1:21:51)
32.	Ivar Aagaard-Hansen		Søllerød OK	1:26:37	+41:53		
	- (-)	9:27:42 (9:05:43)	- (15:59)	6:10 (22:09)		11:58 (34:07)	5:16 (39:23)
	5:54 (45:17)	2:12 (47:29)	3:54 (51:23)	4:21 (55:44)		5:13 (1:00:57)	5:31 (1:06:28)
	5:41 (1:12:09)	3:53 (1:16:02)	6:29 (1:22:31)	2:42 (1:25:13)		0:54 (1:26:07)	0:30 (1:26:37)
33.	Søren Sønberg Kristensen		Køge OK	1:28:11	+43:27		
	6:44 (6:44)	3:13 (9:57)	3:46 (13:43)	5:11 (18:54)		9:47 (28:41)	4:55 (33:36)
	6:38 (40:14)	2:08 (42:22)	6:09 (48:31)	5:19 (53:50)		6:07 (59:57)	5:56 (1:05:53)
	6:19 (1:12:12)	4:25 (1:16:37)	6:43 (1:23:20)	2:59 (1:26:19)		1:13 (1:27:32)	0:39 (1:28:11)
34.	Jesper Munch Jespersen		OK Sorø	1:28:41	+43:57		
	5:37 (5:37)	4:33 (10:10)	2:40 (12:50)	5:35 (18:25)		10:35 (29:00)	4:34 (33:34)
	10:03 (43:37)	1:46 (45:23)	5:25 (50:48)	4:56 (55:44)		7:04 (1:02:48)	5:10 (1:07:58)
	6:08 (1:14:06)	4:24 (1:18:30)	6:35 (1:25:05)	2:12 (1:27:17)		0:55 (1:28:12)	0:29 (1:28:41)
35.	Henrik Mathiesen		Herlufsholm OK	1:44:46	+60:02		
	6:20 (6:20)	6:00 (12:20)	11:51 (24:11)	14:23 (38:34)		12:12 (50:46)	6:01 (56:47)
	6:26 (1:03:13)	1:50 (1:05:03)	4:56 (1:09:59)	3:26 (1:13:25)		5:01 (1:18:26)	5:24 (1:23:50)
	6:54 (1:30:44)	4:27 (1:35:11)	6:16 (1:41:27)	2:09 (1:43:36)		0:45 (1:44:21)	0:25 (1:44:46)
36.	Heine Dalsgaard		OK ØST Birkerød	1:46:46	+62:02		
	5:52 (5:52)	5:33 (11:25)	9:16 (20:41)	8:49 (29:30)		16:03 (45:33)	4:40 (50:13)
	9:09 (59:22)	3:09 (1:02:31)	5:47 (1:08:18)	4:03 (1:12:21)		5:31 (1:17:52)	6:02 (1:23:54)
	5:50 (1:29:44)	6:02 (1:35:46)	5:58 (1:41:44)	3:11 (1:44:55)		1:22 (1:46:17)	0:29 (1:46:46)
37.	Peter Steffensen		Køge OK	2:08:41	+83:57		
	13:48 (13:48)	5:51 (19:39)	5:35 (25:14)	19:02 (44:16)		9:44 (54:00)	5:08 (59:08)
	19:22 (1:18:30)	5:40 (1:24:10)	6:50 (1:31:00)	4:07 (1:35:07)		5:22 (1:40:29)	8:23 (1:48:52)
	4:36 (1:53:28)	4:33 (1:58:01)	6:10 (2:04:11)	2:26 (2:06:37)		1:32 (2:08:09)	0:32 (2:08:41)
	Jesper Jensen		Farum OK	Ej startet			
	Kasper Levring		OK Sorø	Ej startet			
	René E. Viem		Farum OK	Ej startet			

D40		(7 / 7)		Tid	Efter		
1.	Merete Nørgaard		Allerød OK	38:47			
	3:45 (3:45)	3:25 (7:10)	3:58 (11:08)	1:02 (12:10)		3:39 (15:49)	2:23 (18:12)
	3:16 (21:28)	1:22 (22:50)	2:52 (25:42)	3:10 (28:52)		2:30 (31:22)	4:05 (35:27)
	2:50 (38:17)	0:30 (38:47)					
2.	Dorthe Skovlyst		FIF Hillerød Orientering	43:13	+4:26		
	4:05 (4:05)	4:29 (8:34)	4:21 (12:55)	1:24 (14:19)		4:05 (18:24)	2:35 (20:59)
	3:50 (24:49)	1:46 (26:35)	2:51 (29:26)	3:18 (32:44)		2:52 (35:36)	4:08 (39:44)
	3:00 (42:44)	0:29 (43:13)					
3.	Pernille Brunstedt Jacobsen		OK ØST Birkerød	49:02	+10:15		
	3:58 (3:58)	4:24 (8:22)	4:44 (13:06)	1:20 (14:26)		4:52 (19:18)	3:14 (22:32)
	3:55 (26:27)	2:19 (28:46)	3:33 (32:19)	3:58 (36:17)		2:56 (39:13)	5:38 (44:51)
	3:36 (48:27)	0:35 (49:02)					
4.	Tine Friis Scheby		OK Sorø	53:06	+14:19		
	5:32 (5:32)	5:15 (10:47)	4:47 (15:34)	1:59 (17:33)		5:21 (22:54)	3:33 (26:27)
	4:06 (30:33)	2:16 (32:49)	3:34 (36:23)	4:29 (40:52)		3:55 (44:47)	3:54 (48:41)
	3:59 (62:40)	0:26 (63:06)					
5.	Lotta Lühje		Søllerød OK	1:01:42	+22:55		
	5:16 (5:16)	5:08 (10:24)	6:02 (16:26)	2:41 (19:07)		5:29 (24:36)	3:51 (28:27)
	5:23 (33:50)	2:33 (36:23)	3:46 (40:09)	4:45 (44:54)		4:44 (49:38)	6:39 (56:17)
	4:51 (1:01:08)	0:34 (1:01:42)					
6.	Hanne Rasmussen		Allerød OK	1:11:40	+32:53		
	4:28 (4:28)	6:23 (10:51)	4:26 (15:17)	1:22 (16:39)		12:07 (28:46)	2:56 (31:42)
	13:20 (45:02)	3:12 (48:14)	3:53 (52:07)	5:34 (57:41)		3:48 (1:01:29)	5:10 (1:06:39)
	4:27 (1:11:06)	0:34 (1:11:40)					
7.	Mette Bæk Christiansen		Søllerød OK	1:18:35	+39:48		
	6:56 (6:56)	6:06 (13:02)	7:09 (20:11)	2:28 (22:39)		6:40 (29:19)	4:32 (33:51)
	5:50 (39:41)	3:12 (42:53)	5:10 (48:03)	5:10 (53:13)		4:39 (57:52)	15:27 (1:13:19)
	4:39 (1:17:58)	0:37 (1:18:35)					

D45		(24 / 24)		Tid	Efter		
1.	Maria M. Høyer Staugaard		FIF Hillerød Orientering	38:28			
	3:13 (3:13)	3:29 (6:42)	3:27 (10:09)	0:55 (11:04)		3:23 (14:27)	2:13 (16:40)
	2:45 (19:25)	1:52 (21:17)	4:26 (25:43)	3:38 (29:21)		2:24 (31:45)	3:48 (35:33)
	2:30 (38:03)	0:25 (38:28)					
2.	Camilla Rath Nielsen		PI-København	40:12	+1:44		
	4:03 (4:03)	3:43 (7:46)	3:44 (11:30)	1:11 (12:41)		3:59 (16:40)	2:29 (19:09)
	3:03 (22:12)	1:58 (24:10)	2:47 (26:57)	3:17 (30:14)		2:53 (33:07)	3:42 (36:49)
	2:57 (39:46)	0:26 (40:12)					
3.	Mette Rønning Steffensen		OK ØST Birkerød	41:41	+3:13		
	3:40 (3:40)	3:45 (7:25)	4:17 (11:42)	1:20 (13:02)		3:55 (16:57)	2:18 (19:15)
	3:48 (23:03)	1:32 (24:35)	2:59 (27:34)	3:50 (31:24)		2:30 (33:54)	4:14 (38:08)
	3:03 (41:11)	0:30 (41:41)					
4.	Iben Maag		Søllerød OK	45:10	+6:42		
	3:37 (3:37)	4:43 (8:20)	4:27 (12:47)	1:40 (14:27)		3:57 (18:24)	2:40 (21:04)
	3:50 (24:54)	1:30 (26:24)	4:03 (30:27)	3:48 (34:15)		3:22 (37:37)	4:02 (41:39)
	3:08 (44:47)	0:23 (45:10)					
5.	Christina H. Sørensen		Tisvilde Hegn OK	47:32	+9:04		

	4:15 (4:15)	3:58 (8:13)	4:27 (12:40)	1:50 (14:30)	4:07 (18:37)	2:25 (21:02)
	4:24 (25:26)	1:38 (27:04)	3:16 (30:20)	4:32 (34:52)	3:37 (38:29)	4:40 (43:09)
	3:59 (47:08)	0:24 (47:32)				
6.	Naja Dan Møller		Allerød OK	51:19 +12:51		
	5:16 (5:16)	4:13 (9:29)	4:51 (14:20)	1:57 (16:17)	4:37 (20:54)	2:48 (23:42)
	4:16 (27:58)	2:06 (30:04)	4:46 (34:50)	3:58 (38:48)	3:13 (42:01)	5:14 (47:15)
	3:28 (50:43)	0:36 (51:19)				
7.	Birgitte Erskov Halland		OK ØST Birkerød	51:48 +13:20		
	4:04 (4:04)	4:54 (8:58)	6:45 (15:43)	1:29 (17:12)	4:40 (21:52)	2:57 (24:49)
	4:19 (29:08)	2:34 (31:42)	3:32 (35:14)	4:49 (40:03)	3:41 (43:44)	4:26 (48:10)
	3:09 (51:19)	0:29 (51:48)				
8.	Jytte Olander Rasmussen		Allerød OK	52:59 +14:31		
	4:44 (4:44)	4:20 (9:04)	6:05 (15:09)	1:31 (16:40)	4:40 (21:20)	2:48 (24:08)
	4:50 (28:58)	1:51 (30:49)	5:22 (36:11)	5:09 (41:20)	3:08 (44:28)	4:37 (49:05)
	3:24 (52:29)	0:30 (52:59)				
9.	Mette Filskov		OK Sorø	53:19 +14:51		
	4:21 (4:21)	4:11 (8:32)	4:33 (13:05)	1:44 (14:49)	5:02 (19:51)	2:36 (22:27)
	10:14 (32:41)	1:33 (34:14)	4:06 (38:20)	3:41 (42:01)	3:12 (45:13)	4:30 (49:43)
	3:02 (52:45)	0:34 (53:19)				
10.	Bodil Karlsmose Kliem		Farum OK	53:41 +15:13		
	7:38 (7:38)	4:55 (12:33)	4:56 (17:29)	1:30 (18:59)	4:48 (23:47)	3:01 (26:48)
	4:11 (30:59)	1:50 (32:49)	4:58 (37:47)	3:43 (41:30)	3:24 (44:54)	4:35 (49:29)
	3:46 (53:15)	0:26 (53:41)				
11.	Heidi L. Holmberg		FIF Hillerød Orientering	54:56 +16:28		
	5:24 (5:24)	4:43 (10:07)	4:48 (14:55)	1:53 (16:48)	5:03 (21:51)	3:06 (24:57)
	8:04 (33:01)	1:35 (34:36)	4:15 (38:51)	3:46 (42:37)	3:11 (45:48)	4:55 (50:43)
	3:39 (54:22)	0:34 (54:56)				
12.	Susanne Gjedsig Thomsen		Tisvilde Hegn OK	55:19 +16:51		
	4:37 (4:37)	5:17 (9:54)	4:58 (14:52)	1:39 (16:31)	4:39 (21:10)	3:06 (24:16)
	9:10 (33:26)	1:43 (35:09)	3:37 (38:46)	3:49 (42:35)	3:37 (46:12)	5:09 (51:21)
	3:28 (54:49)	0:30 (55:19)				
13.	Helle Roested		Herlufsholm OK	58:13 +19:45		
	5:55 (5:55)	5:00 (10:55)	5:33 (16:28)	1:58 (18:26)	5:16 (23:42)	3:22 (27:04)
	5:47 (32:51)	2:06 (34:57)	4:03 (39:00)	4:24 (43:24)	3:44 (47:08)	5:21 (52:29)
	5:08 (57:37)	0:36 (58:13)				
14.	Susanne Grøn		Tisvilde Hegn OK	1:00:11 +21:43		
	5:08 (5:08)	5:37 (10:45)	5:39 (16:24)	3:35 (19:59)	5:43 (25:42)	3:35 (29:17)
	4:42 (33:59)	2:22 (36:21)	4:06 (40:27)	4:20 (44:47)	6:29 (51:16)	4:53 (56:09)
	3:30 (59:39)	0:32 (1:00:11)				
15.	Berit Ahlmann		OK Sorø	1:03:48 +25:20		
	5:11 (5:11)	5:48 (10:59)	6:50 (17:49)	2:18 (20:07)	6:42 (26:49)	3:28 (30:17)
	5:41 (35:58)	2:06 (38:04)	4:14 (42:18)	5:05 (47:23)	4:45 (52:08)	6:37 (58:45)
	4:26 (1:03:11)	0:37 (1:03:48)				
16.	Heidi Kristensen		Søllerød OK	1:08:33 +30:05		
	7:17 (7:17)	5:19 (12:36)	5:49 (18:25)	2:34 (20:59)	5:36 (26:35)	3:07 (29:42)
	12:30 (42:12)	2:12 (44:24)	3:58 (48:22)	4:36 (52:58)	4:38 (57:36)	6:19 (1:03:55)
	4:05 (1:08:00)	0:33 (1:08:33)				
17.	Gitte Grauert		Ballerup OK	1:11:03 +32:35		
	6:19 (6:19)	9:51 (16:10)	6:22 (22:32)	2:06 (24:38)	5:52 (30:30)	4:03 (34:33)
	6:15 (40:48)	2:15 (43:03)	6:38 (49:41)	5:36 (55:17)	4:11 (59:28)	6:02 (1:05:30)
	4:51 (1:10:21)	0:42 (1:11:03)				
18.	Karin Lomholt Finnemann		Farum OK	1:13:26 +34:58		
	5:20 (5:20)	6:00 (11:20)	6:57 (18:17)	1:53 (20:10)	5:34 (25:44)	4:08 (29:52)
	8:14 (38:06)	2:57 (41:03)	8:23 (49:26)	6:37 (56:03)	4:42 (1:00:45)	7:23 (1:08:08)
	4:43 (1:12:51)	0:35 (1:13:26)				
19.	Heidi Olander Petersen		Amager OK	1:15:45 +37:17		
	6:32 (6:32)	7:20 (13:52)	8:25 (22:17)	2:54 (25:11)	5:18 (30:29)	5:50 (36:19)
	5:52 (42:11)	3:31 (45:42)	4:46 (50:28)	5:18 (55:46)	3:18 (59:04)	4:42 (1:03:46)
	11:25 (1:15:11)	0:34 (1:15:45)				
20.	Tine Meyhoff Petersen		Herlufsholm OK	1:17:49 +39:21		
	4:41 (4:41)	5:06 (9:47)	5:54 (15:41)	1:40 (17:21)	5:50 (23:11)	3:03 (26:14)
	15:33 (41:47)	1:53 (43:40)	10:46 (54:26)	4:44 (59:10)	3:48 (1:02:58)	10:02 (1:13:00)
	4:12 (1:17:12)	0:37 (1:17:49)				
21.	Maiken Andersen		Ballerup OK	1:40:06 +61:38		
	7:07 (7:07)	9:03 (16:10)	10:02 (26:12)	2:57 (29:09)	9:35 (38:44)	6:39 (45:23)
	8:29 (53:52)	4:20 (58:12)	8:12 (1:06:24)	8:27 (1:14:51)	6:55 (1:21:46)	10:16 (1:32:02)
	7:08 (1:39:10)	0:56 (1:40:06)				
	Siri Klausen		Ballerup OK	Ej startet		
	Tenna Nørgaard Landsperg		Tisvilde Hegn OK	Ej startet		
	Tine Alkjær		FIF Hillerød Orientering	Ej startet		
H16			(9 / 9)	Tid Efter		
1.	Mathias Buchgreitz		Søllerød OK	32:58		
	2:43 (2:43)	3:16 (5:59)	3:18 (9:17)	0:51 (10:08)	2:45 (12:53)	1:59 (14:52)
	2:42 (17:34)	1:08 (18:42)	2:52 (21:34)	2:55 (24:29)	2:23 (26:52)	3:25 (30:17)
	2:21 (32:38)	0:20 (32:58)				
2.	Lukas Becker		Søllerød OK	33:47 +0:49		
	2:31 (2:31)	2:59 (5:30)	4:28 (9:58)	1:13 (11:11)	2:54 (14:05)	1:43 (15:48)
	2:40 (18:28)	1:05 (19:33)	2:45 (22:18)	3:05 (25:23)	2:14 (27:37)	3:36 (31:13)
	2:16 (33:29)	0:18 (33:47)				
3.	Asger L. Holmberg		FIF Hillerød Orientering	38:02 +5:04		
	3:19 (3:19)	3:33 (6:52)	3:37 (10:29)	1:16 (11:45)	3:06 (14:51)	1:58 (16:49)
	2:47 (19:36)	1:04 (20:40)	3:21 (24:01)	3:36 (27:37)	2:35 (30:12)	4:00 (34:12)
	3:30 (37:42)	0:20 (38:02)				
4.	Magnus Andersen		Ballerup OK	38:37 +5:39		
	3:19 (3:19)	3:45 (7:04)	3:48 (10:52)	1:06 (11:58)	3:43 (15:41)	2:17 (17:58)
	3:18 (21:16)	1:20 (22:36)	2:58 (25:34)	3:09 (28:43)	2:50 (31:33)	3:42 (35:15)
	2:56 (38:11)	0:26 (38:37)				
5.	Victor Mørup-Petersen		Allerød OK	53:17 +20:19		
	3:55 (3:55)	4:27 (8:22)	5:19 (13:41)	5:29 (19:10)	3:46 (22:56)	2:41 (25:37)
	6:30 (32:07)	2:15 (34:22)	3:27 (37:49)	4:04 (41:53)	3:33 (45:26)	4:33 (49:59)
	2:53 (52:52)	0:25 (53:17)				
6.	Vilhelm Hørring Riegels		Ballerup OK	1:22:01 +49:03		
	7:13 (7:13)	7:28 (14:41)	8:59 (23:40)	2:50 (26:30)	7:28 (33:58)	6:09 (40:07)
	6:50 (46:57)	5:51 (52:48)	5:25 (58:13)	6:56 (1:05:09)	5:36 (1:10:45)	6:25 (1:17:10)
	4:26 (1:21:36)	0:25 (1:22:01)				

Lukas Kjær Hemmingsen		FIF Hillerød Orientering	Føjklip		
7:55 (7:55)	– (–)	– (–)	– (–)	– (–)	– (–)
– (21:50)	3:57 (25:47)	– (–)	– (–)	– (–)	– (–)
– (33:21)	1:45 (35:06)				
Oscar David Broman Jensen		Allerød OK	Ej startet		
Theis Munktvad		Allerød OK	Ej startet		
H50		(33 / 33)	Tid	Efter	
1. Jens Knud Maarup		Allerød OK	30:40		
2:35 (2:35)	2:51 (5:26)	3:03 (8:29)	0:53 (9:22)	2:52 (12:14)	1:47 (14:01)
2:20 (16:21)	1:07 (17:28)	2:31 (19:59)	2:40 (22:39)	2:05 (24:44)	3:22 (28:06)
2:11 (30:17)	0:23 (30:40)				
2. Jakob Ødum		OK ØST Birkerød	31:47	+1:07	
2:28 (2:28)	3:00 (5:28)	3:25 (8:48)	0:58 (9:46)	3:08 (12:54)	1:48 (14:42)
2:37 (17:19)	1:06 (18:25)	2:33 (20:58)	2:37 (23:35)	2:05 (25:40)	3:25 (29:05)
2:17 (31:22)	0:25 (31:47)				
3. Tim Falck Weber		Tisvilde Hegn OK	32:56	+2:16	
2:38 (2:38)	3:01 (5:39)	3:25 (9:04)	0:56 (10:00)	3:06 (13:06)	2:10 (15:16)
2:48 (18:04)	1:09 (19:13)	2:26 (21:39)	2:50 (24:29)	2:29 (26:58)	3:20 (30:18)
2:19 (32:37)	0:19 (32:56)				
4. Lars Simonsen		FIF Hillerød Orientering	35:55	+5:15	
4:00 (4:00)	3:05 (7:05)	3:54 (10:59)	1:08 (12:07)	3:04 (15:11)	2:13 (17:24)
2:42 (20:06)	1:12 (21:18)	3:32 (24:50)	2:36 (27:26)	2:04 (29:30)	3:13 (32:43)
2:47 (35:30)	0:25 (35:55)				
5. Rolf Valery		Tisvilde Hegn OK	36:54	+6:14	
3:53 (3:53)	3:25 (7:18)	3:43 (11:01)	1:20 (12:21)	3:22 (15:43)	2:05 (17:48)
2:48 (20:36)	1:16 (21:52)	2:45 (24:37)	2:55 (27:32)	2:21 (29:53)	3:59 (33:52)
2:37 (36:29)	0:25 (36:54)				
6. Jørgen Rolighed Thyme		Allerød OK	37:23	+6:43	
2:56 (2:56)	3:19 (6:15)	3:50 (10:05)	1:06 (11:11)	3:52 (15:03)	2:17 (17:20)
3:13 (20:33)	1:19 (21:52)	2:35 (24:27)	3:29 (27:56)	2:20 (30:16)	3:53 (34:09)
2:49 (36:58)	0:25 (37:23)				
7. Kåre Sørensen		OK Sorø	37:54	+7:14	
3:09 (3:09)	3:26 (6:35)	3:38 (10:13)	1:17 (11:30)	3:17 (14:47)	2:29 (17:16)
5:04 (22:20)	1:15 (23:35)	2:39 (26:14)	2:52 (29:06)	2:18 (31:24)	3:34 (34:58)
2:29 (37:27)	0:27 (37:54)				
8. Henrik Skov Andersen		Farum OK	38:08	+7:28	
3:05 (3:05)	3:55 (7:00)	4:44 (11:44)	1:12 (12:56)	4:01 (16:57)	1:56 (18:53)
3:12 (22:05)	1:28 (23:33)	2:26 (25:59)	3:31 (29:30)	2:19 (31:49)	3:22 (35:11)
2:31 (37:42)	0:26 (38:08)				
9. Lars Thorslund		OK ØST Birkerød	38:44	+8:04	
3:15 (3:15)	3:33 (6:48)	3:53 (10:41)	1:12 (11:53)	3:34 (15:27)	2:37 (18:04)
3:33 (21:37)	1:23 (23:00)	2:59 (25:59)	3:04 (29:03)	2:44 (31:47)	3:53 (35:40)
2:40 (38:20)	0:24 (38:44)				
10. Sten Skytte Kirkegaard		Tisvilde Hegn OK	41:39	+10:59	
3:53 (3:53)	3:38 (7:31)	4:14 (11:45)	1:13 (12:58)	3:42 (16:40)	2:25 (19:05)
3:18 (22:23)	1:15 (23:38)	2:40 (26:18)	4:00 (30:18)	3:23 (33:41)	4:07 (37:48)
3:23 (41:11)	0:28 (41:39)				
11. Magnus Oscarsson		Søllerød OK	41:59	+11:19	
3:21 (3:21)	3:32 (6:53)	4:07 (11:00)	1:09 (12:09)	3:41 (15:50)	2:34 (18:24)
5:57 (24:21)	1:24 (25:45)	2:53 (28:38)	3:29 (32:07)	2:43 (34:50)	3:53 (38:43)
2:49 (41:32)	0:27 (41:59)				
12. Claus Kaae-Nielsen		Søllerød OK	43:59	+13:19	
3:57 (3:57)	3:39 (7:36)	7:26 (15:02)	1:24 (16:26)	3:50 (20:16)	2:48 (23:04)
3:09 (26:13)	1:29 (27:42)	2:55 (30:37)	3:10 (33:47)	2:59 (36:46)	3:55 (40:41)
2:51 (43:32)	0:27 (43:59)				
13. Niels Torm		Køge OK	45:03	+14:23	
4:16 (4:16)	4:18 (8:34)	4:33 (13:07)	1:12 (14:19)	4:08 (18:27)	2:33 (21:00)
3:58 (24:58)	1:32 (26:30)	3:56 (30:26)	3:41 (34:07)	2:51 (36:58)	4:24 (41:22)
3:11 (44:33)	0:30 (45:03)				
14. Kristian Kærsgaard Hansen		OK Sorø	46:15	+15:35	
3:29 (3:29)	4:15 (7:44)	4:58 (12:42)	1:48 (14:30)	4:15 (18:45)	2:51 (21:36)
4:10 (25:46)	1:42 (27:28)	3:25 (30:53)	3:49 (34:42)	3:00 (37:42)	4:44 (42:26)
3:18 (45:44)	0:31 (46:15)				
15. Peter Bæcker Hansen		OK ØST Birkerød	46:47	+16:07	
3:30 (3:30)	4:18 (7:48)	4:31 (12:19)	1:23 (13:42)	3:59 (17:41)	2:58 (20:39)
4:46 (25:25)	1:37 (27:02)	4:30 (31:32)	4:35 (36:07)	2:52 (38:59)	4:12 (43:11)
3:03 (46:14)	0:33 (46:47)				
16. Claus Rytter Larsen		Farum OK	47:55	+17:15	
3:41 (3:41)	4:34 (8:15)	4:49 (13:04)	1:33 (14:37)	4:10 (18:47)	2:59 (21:46)
4:04 (25:50)	1:46 (27:36)	3:48 (31:24)	3:46 (35:10)	3:19 (38:29)	5:01 (43:30)
3:52 (47:22)	0:33 (47:55)				
17. Jens Herman Krebs		Søllerød OK	49:16	+18:36	
4:24 (4:24)	4:21 (8:45)	4:57 (13:42)	1:38 (15:20)	4:27 (19:47)	2:47 (22:34)
3:42 (26:16)	1:47 (28:03)	3:27 (31:30)	5:53 (37:23)	2:56 (40:19)	4:31 (44:50)
3:47 (48:37)	0:39 (49:16)				
18. Ulrik Illum		Søllerød OK	49:55	+19:15	
5:09 (5:09)	4:34 (9:43)	5:03 (14:46)	1:28 (16:14)	5:13 (21:27)	2:44 (24:11)
4:12 (28:23)	1:43 (30:06)	3:31 (33:37)	4:07 (37:44)	3:02 (40:46)	4:52 (45:38)
3:49 (49:27)	0:28 (49:55)				
19. Jesper Andreasen		Farum OK	51:55	+21:15	
3:45 (3:45)	3:56 (7:41)	4:55 (12:36)	1:24 (14:00)	3:25 (17:25)	10:03 (27:28)
3:53 (31:21)	1:29 (32:50)	4:41 (37:31)	3:41 (41:12)	3:19 (44:31)	3:49 (48:20)
3:06 (51:26)	0:29 (51:55)				
20. Lars Carstensen		Køge OK	53:00	+22:20	
4:38 (4:38)	4:10 (8:48)	4:42 (13:30)	4:41 (18:11)	4:26 (22:37)	2:45 (25:22)
4:57 (30:19)	2:04 (32:23)	3:36 (35:59)	3:48 (39:47)	3:13 (43:00)	6:00 (49:00)
3:29 (52:29)	0:31 (53:00)				
21. Jens Kristian Sørensen		Allerød OK	53:31	+22:51	
4:47 (4:47)	3:39 (8:26)	12:25 (20:51)	3:46 (24:37)	3:48 (28:25)	2:34 (30:59)
3:31 (34:30)	1:30 (36:00)	3:51 (39:51)	3:16 (43:07)	2:42 (45:49)	4:15 (50:04)
2:56 (53:00)	0:31 (53:31)				
22. Peter Dyrsting		FIF Hillerød Orientering	55:15	+24:35	
5:18 (5:18)	4:52 (10:10)	5:23 (15:33)	2:34 (18:07)	4:42 (22:49)	3:32 (26:21)
4:36 (30:57)	1:52 (32:49)	4:12 (37:01)	4:29 (41:30)	3:41 (45:11)	5:27 (50:38)
4:01 (54:39)	0:36 (55:15)				

23.	Jens Rose-Møller 4:43 (4:43) 4:06 (32:42) 3:40 (57:53)	6:11 (10:54) 2:01 (34:43) 0:26 (58:19)	Søllerød OK 6:16 (17:10) 4:11 (38:54)	58:19 +27:39 1:40 (18:50) 4:37 (43:31)	6:30 (25:20) 3:18 (46:49)	3:16 (28:36) 7:24 (54:13)
24.	Martin Munk 9:26 (9:26) 4:54 (35:44) - (12:54:00)	5:50 (15:16) 1:57 (37:41) - (58:45)	OK Sorø 7:39 (22:55) 4:24 (42:05)	58:45 +28:05 1:22 (24:17) 12:11:55 (12:54:00)	4:04 (28:21) - (12:54:00)	2:29 (30:50) - (12:54:00)
25.	Henrik Carlsen 5:15 (5:15) 8:29 (36:38) 3:43 (59:40)	6:52 (12:07) 2:30 (39:08) 0:32 (1:00:12)	FIF Hillerød Orientering 5:07 (17:14) 3:45 (42:53)	1:00:12 +29:32 1:33 (18:47) 4:21 (47:14)	5:37 (24:24) 3:28 (50:42)	3:45 (28:09) 5:15 (55:57)
26.	Morten Nissen 4:42 (4:42) 7:27 (35:03) 4:13 (59:43)	4:26 (9:08) 1:56 (36:59) 0:33 (1:00:16)	Søllerød OK 5:29 (14:37) 4:07 (41:06)	1:00:16 +29:36 4:23 (19:00) 4:54 (46:00)	5:36 (24:36) 3:48 (49:48)	3:00 (27:36) 5:42 (55:30)
27.	Flemming Aa. Bruun 4:25 (4:25) 5:13 (32:04) 4:25 (1:00:56)	5:01 (9:26) 2:12 (34:16) 0:36 (1:01:32)	Allerød OK 5:55 (15:21) 5:37 (39:53)	1:01:32 +30:52 1:39 (17:00) 6:20 (46:13)	6:29 (23:29) 4:02 (50:15)	3:22 (26:51) 6:16 (56:31)
28.	Jens Frandsen 4:55 (4:55) 5:18 (34:00) 4:34 (1:02:40)	5:34 (10:29) 2:12 (36:12) 0:31 (1:03:11)	OK Sorø 6:04 (16:33) 6:44 (42:56)	1:03:11 +32:31 2:12 (18:45) 5:06 (48:02)	5:58 (24:43) 3:59 (52:01)	3:59 (28:42) 6:05 (58:06)
29.	Flemming Sparre Sørensen 5:48 (5:48) 12:00 (39:20) 4:15 (1:05:58)	4:54 (10:42) 1:56 (41:16) 0:33 (1:06:31)	Amager OK 5:50 (16:32) 4:17 (45:33)	1:06:31 +35:51 2:13 (18:45) 7:07 (52:40)	5:24 (24:09) 3:30 (56:10)	3:11 (27:20) 5:33 (1:01:43)
30.	John Hørlyk 9:54 (9:54) 6:29 (49:47) 3:01 (1:10:03)	10:51 (20:45) 2:10 (51:57) 0:25 (1:10:28)	Farum OK 5:49 (26:34) 3:19 (55:16)	1:10:28 +39:48 1:17 (27:51) 3:40 (58:56)	13:01 (40:52) 3:06 (1:02:02)	2:26 (43:18) 5:00 (1:07:02)
31.	Henrik Petersen 6:03 (6:03) 6:27 (39:32) 5:47 (1:11:56)	6:32 (12:35) 2:50 (42:22) 0:47 (1:12:43)	Ballerup OK 7:08 (19:43) 5:56 (48:18)	1:12:43 +42:03 1:22 (22:06) 5:22 (53:40)	6:29 (28:35) 4:51 (58:31)	4:30 (33:05) 7:38 (1:06:09)
32.	Peter Hansen 6:25 (6:25) 5:50 (1:10:43) 5:02 (1:39:52) Jakob Albahn	7:55 (14:20) 2:42 (1:13:25) 0:23 (1:40:15)	Herlufsholm OK 7:45 (22:05) 4:43 (1:18:08)	1:40:15 +69:35 2:51 (24:56) 5:48 (1:23:56)	12:57 (37:53) 4:51 (1:28:47)	27:00 (1:04:53) 6:03 (1:34:50)
			Tisviide Hegn OK	Ej startet		
H55			(33 / 33)	Tid Efter		
1.	Peter Østergaard 3:16 (3:16) 2:51 (19:57) 2:36 (35:08)	3:13 (6:29) 1:26 (21:23) 0:26 (35:34)	Søllerød OK 3:54 (10:23) 2:29 (23:52)	35:34 1:05 (11:28) 2:40 (26:32)	3:18 (14:46) 2:28 (29:00)	2:20 (17:06) 3:32 (32:32)
2.	Bjarne Topp 2:49 (2:49) 3:30 (20:14) 3:13 (38:32)	3:21 (6:10) 1:44 (21:58) 0:29 (39:01)	OK ØST Birkerød 3:38 (9:48) 2:55 (24:53)	39:01 +3:27 1:00 (10:48) 3:41 (28:34)	3:40 (14:28) 2:34 (31:08)	2:16 (16:44) 4:11 (35:19)
3.	Troels Christensen 3:31 (3:31) 3:46 (22:02) 2:35 (38:40)	3:36 (7:07) 1:35 (23:37) 0:25 (39:05)	Ballerup OK 3:48 (10:55) 2:39 (26:16)	39:05 +3:31 1:16 (12:11) 2:58 (29:14)	3:37 (15:48) 2:52 (32:06)	2:28 (18:16) 3:59 (36:05)
4.	John Søndergård 3:05 (3:05) 3:09 (21:14) 2:51 (38:49)	3:22 (6:27) 1:28 (22:42) 0:35 (39:24)	FIF Hillerød Orientering 4:01 (10:28) 2:52 (25:34)	39:24 +3:50 1:22 (11:50) 3:06 (28:40)	3:56 (15:46) 3:10 (31:50)	2:19 (18:05) 4:08 (35:58)
5.	Morten Ebbensgaard 3:14 (3:14) 3:24 (20:37) 3:04 (39:03)	3:14 (6:28) 1:26 (22:03) 0:31 (39:34)	OK ØST Birkerød 3:59 (10:27) 3:35 (25:38)	39:34 +4:00 1:01 (11:28) 3:27 (29:05)	3:32 (15:00) 2:38 (31:43)	2:13 (17:13) 4:16 (35:59)
6.	Søren Sloth 3:38 (3:38) 4:06 (22:30) 2:38 (39:33)	3:27 (7:05) 1:24 (23:54) 0:27 (40:00)	FIF Hillerød Orientering 4:01 (11:06) 2:59 (26:53)	40:00 +4:26 1:20 (12:26) 3:29 (30:22)	3:29 (15:55) 2:44 (33:06)	2:29 (18:24) 3:49 (36:55)
7.	Carsten Stenberg 3:08 (3:08) 3:23 (21:21) 3:16 (40:20)	3:22 (6:30) 1:40 (23:01) 0:40 (41:00)	FIF Hillerød Orientering 4:08 (10:38) 3:12 (26:13)	41:00 +5:26 1:20 (11:58) 3:36 (29:49)	3:37 (15:35) 2:54 (32:43)	2:23 (17:58) 4:21 (37:04)
8.	Helge Lang Pedersen 3:30 (3:30) 3:24 (22:55) 3:00 (40:59)	3:58 (7:28) 1:31 (24:26) 0:32 (41:31)	Farum OK 4:30 (11:58) 3:00 (27:26)	41:31 +5:57 1:12 (13:10) 3:28 (30:54)	4:02 (17:12) 2:48 (33:42)	2:19 (19:31) 4:17 (37:59)
9.	Jesper Børsting 4:05 (4:05) 3:35 (23:28) 2:56 (43:26)	3:47 (7:52) 1:28 (24:56) 0:27 (43:53)	Herlufsholm OK 4:29 (12:21) 3:17 (28:13)	43:53 +8:19 1:13 (13:34) 4:02 (32:15)	3:58 (17:32) 2:40 (34:55)	2:21 (19:53) 5:35 (40:30)
10.	Claus Carlsen 3:42 (3:42) 3:48 (24:19) 3:03 (44:18)	3:48 (7:30) 1:42 (26:01) 0:35 (44:53)	OK ØST Birkerød 4:41 (12:11) 3:56 (29:57)	44:53 +9:19 1:13 (13:24) 3:43 (33:40)	4:29 (17:53) 3:08 (36:48)	2:38 (20:31) 4:27 (41:15)
11.	Jens Anders Hansen 3:55 (3:55) 3:59 (25:51) 3:23 (45:23)	4:06 (8:01) 1:39 (27:30) 0:27 (45:50)	Søllerød OK 5:24 (13:25) 3:01 (30:31)	45:50 +10:16 1:29 (14:54) 3:32 (34:03)	4:21 (19:15) 3:00 (37:03)	2:37 (21:52) 4:57 (42:00)
12.	Frede Lillelund 4:08 (4:08) 3:40 (24:12) 3:13 (45:30)	3:48 (7:56) 1:47 (25:59) 0:28 (45:58)	Søllerød OK 4:27 (12:23) 3:23 (29:22)	45:58 +10:24 1:34 (13:57) 3:50 (33:12)	4:06 (18:03) 2:57 (36:09)	2:29 (20:32) 6:08 (42:17)
13.	Gunnar Grue-Sørensen 3:59 (3:59) 3:52 (24:38) 3:42 (46:33)	3:56 (7:55) 2:17 (26:55) 0:31 (47:04)	Køge OK 4:52 (12:47) 4:18 (31:13)	47:04 +11:30 1:23 (14:10) 3:30 (34:43)	4:03 (18:13) 3:31 (38:14)	2:33 (20:46) 4:37 (42:51)
13.	Henrik Molsen		Søllerød OK	47:04 +11:30		

	4:21 (4:21)	4:28 (8:49)	5:06 (13:55)	1:45 (15:40)	4:13 (19:53)	2:47 (22:40)
	4:01 (26:41)	1:51 (28:32)	2:59 (31:31)	4:11 (35:42)	3:44 (39:26)	4:14 (43:40)
	2:57 (46:37)	0:27 (47:04)				
15.	Uffe Just Pedersen		Søllerød OK	48:43 +13:09		
	3:55 (3:55)	4:13 (8:08)	4:39 (12:47)	1:28 (14:15)	4:22 (18:37)	2:54 (21:31)
	4:59 (26:30)	1:53 (28:23)	3:50 (32:13)	4:15 (36:28)	3:13 (39:41)	5:04 (44:45)
	3:28 (48:13)	0:30 (48:43)				
16.	Lasse Lybek Jensen		Ballerup OK	48:46 +13:12		
	5:06 (5:06)	4:10 (9:16)	4:51 (14:07)	1:27 (15:34)	4:11 (19:45)	2:57 (22:42)
	4:28 (27:10)	1:57 (29:07)	3:35 (32:42)	3:46 (36:28)	3:14 (39:42)	4:53 (44:35)
	3:43 (48:18)	0:28 (48:46)				
17.	Per Rasmussen		Amager OK	48:57 +13:23		
	4:43 (4:43)	4:19 (9:02)	4:55 (13:57)	1:31 (15:28)	5:01 (20:29)	3:03 (23:32)
	4:59 (28:31)	2:12 (30:43)	3:33 (34:16)	3:29 (37:45)	3:11 (40:56)	4:26 (45:22)
	3:03 (48:25)	0:32 (48:57)				
18.	Per Windfeld-Hansen		OK ØST Birkerød	50:21 +14:47		
	4:51 (4:51)	4:24 (9:15)	5:47 (15:02)	1:26 (16:28)	4:29 (20:57)	2:35 (23:32)
	3:59 (27:31)	1:44 (29:15)	3:55 (33:10)	4:01 (37:11)	3:48 (40:59)	5:20 (46:19)
	3:34 (49:53)	0:28 (50:21)				
19.	Jens Bentsen		OK ØST Birkerød	50:29 +14:55		
	4:23 (4:23)	4:59 (9:22)	5:12 (14:34)	1:45 (16:19)	5:09 (21:28)	2:58 (24:26)
	5:45 (30:11)	1:52 (32:03)	3:23 (35:26)	3:59 (39:25)	3:01 (42:26)	4:29 (46:55)
	3:00 (49:55)	0:34 (50:29)				
20.	Lars Hanghøj Petersen		Ballerup OK	52:32 +16:58		
	4:21 (4:21)	4:09 (8:30)	4:50 (13:20)	1:33 (14:53)	4:05 (18:58)	2:53 (21:51)
	7:59 (29:50)	2:08 (31:58)	3:42 (35:40)	4:35 (40:15)	3:16 (43:31)	4:58 (48:29)
	3:26 (51:55)	0:37 (52:32)				
21.	Gunner Sie		OK ØST Birkerød	54:36 +19:02		
	5:14 (5:14)	4:35 (9:49)	5:50 (15:39)	1:32 (17:11)	5:06 (22:17)	4:38 (26:55)
	4:43 (31:38)	1:46 (33:24)	4:15 (37:39)	3:44 (41:23)	3:13 (44:36)	5:49 (50:25)
	3:34 (53:59)	0:37 (54:36)				
22.	Jan Kofoed Nielsen		PI-København	55:30 +19:56		
	7:28 (7:28)	4:15 (11:43)	5:12 (16:55)	1:38 (18:33)	5:18 (23:51)	2:48 (26:39)
	4:41 (31:20)	2:53 (34:13)	3:57 (38:10)	5:09 (43:19)	3:26 (46:45)	4:34 (51:19)
	3:34 (54:53)	0:37 (55:30)				
23.	Jesper Kirkeskov		Søllerød OK	56:12 +20:38		
	9:28 (9:28)	4:35 (14:03)	4:53 (18:56)	2:11 (21:07)	4:38 (25:45)	2:46 (28:31)
	4:42 (33:13)	2:41 (35:54)	3:49 (39:43)	4:30 (44:13)	2:51 (47:04)	4:51 (51:55)
	3:44 (55:39)	0:33 (56:12)				
24.	Ernst Poulsen		Amager OK	57:11 +21:37		
	4:19 (4:19)	6:24 (10:43)	5:58 (16:41)	1:32 (18:13)	5:02 (23:15)	3:40 (26:55)
	4:59 (31:54)	2:03 (33:57)	4:21 (38:18)	5:21 (43:39)	3:39 (47:18)	5:24 (52:42)
	3:58 (56:40)	0:31 (57:11)				
25.	Torben Schorlemmer		Ballerup OK	59:03 +23:29		
	4:52 (4:52)	4:10 (9:02)	8:11 (17:13)	1:32 (18:45)	4:21 (23:06)	2:57 (26:03)
	4:17 (30:20)	2:40 (33:00)	8:37 (41:37)	4:36 (46:13)	3:27 (49:40)	5:14 (54:54)
	3:41 (58:35)	0:28 (59:03)				
26.	Bo Konring		Søllerød OK	1:03:35 +28:01		
	5:46 (5:46)	5:16 (11:02)	6:44 (17:46)	1:59 (19:45)	5:29 (25:14)	3:56 (29:10)
	5:10 (34:20)	2:15 (36:35)	5:11 (41:46)	4:46 (46:32)	4:20 (50:52)	7:03 (57:55)
	4:39 (1:02:34)	1:01 (1:03:35)				
27.	Kaj Munck		Herlufsholm OK	1:05:06 +29:32		
	4:51 (4:51)	5:50 (10:41)	5:36 (16:17)	1:39 (17:56)	9:54 (27:50)	3:46 (31:36)
	5:29 (37:05)	2:09 (39:14)	5:08 (44:22)	4:53 (49:15)	4:23 (53:38)	6:41 (1:00:19)
	4:11 (1:04:30)	0:36 (1:05:06)				
28.	Jan Johansen		PI-København	1:05:32 +29:58		
	4:49 (4:49)	4:36 (9:25)	9:14 (18:39)	1:11 (19:50)	4:32 (24:22)	7:03 (31:25)
	5:47 (37:12)	2:34 (39:46)	3:28 (43:14)	6:07 (49:21)	7:16 (56:37)	4:35 (1:01:12)
	3:45 (1:04:57)	0:35 (1:05:32)				
29.	Hans Granholm		OK ØST Birkerød	1:18:38 +43:04		
	7:19 (7:19)	7:14 (14:33)	7:37 (22:10)	2:19 (24:29)	6:42 (31:11)	4:33 (35:44)
	6:49 (42:33)	5:14 (47:47)	5:58 (53:45)	6:14 (59:59)	5:07 (1:05:06)	6:58 (1:12:04)
	5:45 (1:17:49)	0:49 (1:18:38)				
30.	Morten Løjmand		Herlufsholm OK	1:19:48 +44:14		
	20:56 (20:56)	5:23 (26:19)	6:35 (32:54)	2:02 (34:56)	5:58 (40:54)	3:45 (44:39)
	5:43 (50:22)	3:19 (53:41)	5:21 (59:02)	4:42 (1:03:44)	4:17 (1:08:01)	6:07 (1:14:08)
	4:59 (1:19:07)	0:41 (1:19:48)				
	Jens Viktor Nørgaard		FIF Hillerød Orientering	Føjklip		
	4:17 (4:17)	4:33 (8:50)	6:45 (15:35)	2:23 (17:58)	5:40 (23:38)	— (—)
	— (—)	— (—)	— (—)	— (—)	— (—)	— (—)
	— (—)	— (34:52)				
	Erik Ellegaard Simonsen		OK ØST Birkerød	Ej startet		
	Poul Henning Poulsen		Tisvilde Hegn OK	Ej startet		
D16			(6 / 6)	Tid Efter		
1.	Siri Simonsen		FIF Hillerød Orientering	34:18		
	2:08 (2:08)	1:25 (3:33)	3:30 (7:03)	2:28 (9:31)	3:15 (12:46)	2:24 (15:10)
	3:59 (19:09)	2:21 (21:30)	3:12 (24:42)	2:29 (27:11)	3:52 (31:03)	2:08 (33:11)
	0:42 (33:53)	0:25 (34:18)				
2.	Camille Marie Næstoft Juhl		Søllerød OK	37:16 +2:58		
	2:24 (2:24)	1:34 (3:58)	4:02 (8:00)	2:19 (10:19)	3:41 (14:00)	2:35 (16:35)
	4:23 (20:58)	2:06 (23:04)	3:23 (26:27)	2:43 (29:10)	4:30 (33:40)	2:24 (36:04)
	0:47 (36:51)	0:25 (37:16)				
3.	Hedda Kärner Grooss		Allerød OK	38:35 +4:17		
	2:51 (2:51)	2:32 (5:23)	3:43 (9:06)	2:23 (11:29)	3:22 (14:51)	2:28 (17:19)
	4:21 (21:40)	2:21 (24:01)	3:14 (27:15)	2:49 (30:04)	4:44 (34:48)	2:27 (37:15)
	0:52 (38:07)	0:28 (38:35)				
4.	Xenia Bregensøe		Tisvilde Hegn OK	42:18 +8:00		
	2:03 (2:03)	1:25 (3:28)	3:40 (7:08)	2:03 (9:11)	2:40 (11:51)	1:57 (13:48)
	7:47 (21:35)	2:42 (24:17)	7:41 (31:58)	2:32 (34:30)	4:22 (38:52)	2:11 (41:03)
	0:51 (41:54)	0:24 (42:18)				
5.	Vigga Graff Frederiksen		FIF Hillerød Orientering	43:16 +8:58		
	2:15 (2:15)	2:50 (5:05)	4:29 (9:34)	1:46 (11:20)	3:31 (14:51)	2:39 (17:30)
	4:18 (21:48)	4:39 (26:27)	4:26 (30:53)	2:39 (33:32)	5:19 (38:51)	3:06 (41:57)
	0:56 (42:53)	0:23 (43:16)				
6.	Cecilie Spendrup Petersen		Ballerup OK	1:03:33 +29:15		

3:41 (3:41)	3:59 (7:40)	5:23 (13:03)	2:45 (15:48)	5:10 (20:58)	3:55 (24:53)
10:58 (35:51)	3:36 (39:27)	7:26 (46:53)	3:40 (50:33)	8:02 (58:35)	3:28 (1:02:03)
0:57 (1:03:00)	0:33 (1:03:33)				
D50	(20 / 20)	Tid	Efter		
1. Anne Maarup	Allerød OK	39:02			
2:38 (2:38)	2:08 (4:46)	4:06 (8:52)	2:06 (10:58)	3:15 (14:13)	2:43 (16:56)
4:38 (21:34)	2:13 (23:47)	3:34 (27:21)	2:57 (30:18)	4:32 (34:50)	2:46 (37:36)
0:53 (38:29)	0:33 (39:02)				
2. Karen Jensen	OK ØST Birkerød	41:19	+2:17		
2:37 (2:37)	2:54 (5:31)	4:33 (10:04)	2:03 (12:07)	3:23 (15:30)	2:50 (18:20)
5:15 (23:35)	2:24 (25:59)	3:29 (29:28)	2:55 (32:23)	4:22 (36:45)	3:09 (39:54)
0:53 (40:47)	0:32 (41:19)				
3. Maria Douglas Stilling	FIF Hillerød Orientering	41:46	+2:44		
2:37 (2:37)	2:15 (4:52)	4:35 (9:27)	2:09 (11:36)	3:51 (15:27)	2:59 (18:26)
4:45 (23:11)	2:44 (25:55)	4:00 (29:55)	3:01 (32:56)	4:54 (37:50)	2:39 (40:29)
0:47 (41:16)	0:30 (41:46)				
4. Birgit Børsting	Herlufsholm OK	41:56	+2:54		
2:50 (2:50)	2:07 (4:57)	4:33 (9:30)	2:09 (11:39)	3:39 (15:18)	3:25 (18:43)
4:34 (23:17)	2:32 (25:49)	3:34 (29:23)	3:08 (32:31)	5:07 (37:38)	2:45 (40:23)
1:00 (41:23)	0:33 (41:56)				
5. Anne Kaae-Nielsen	Søllerød OK	41:59	+2:57		
2:35 (2:35)	2:51 (5:26)	4:19 (9:45)	1:59 (11:44)	3:37 (15:21)	2:25 (17:46)
4:41 (22:27)	2:06 (24:33)	5:01 (29:34)	2:42 (32:16)	5:08 (37:24)	3:19 (40:43)
0:46 (41:29)	0:30 (41:59)				
6. Eva Smedegaard	Søllerød OK	42:04	+3:02		
3:00 (3:00)	2:16 (5:16)	4:41 (9:57)	2:08 (12:05)	4:26 (16:31)	3:01 (19:32)
4:16 (23:48)	2:16 (26:04)	3:33 (29:37)	2:58 (32:35)	5:05 (37:40)	2:55 (40:35)
0:54 (41:29)	0:35 (42:04)				
7. Sandra Simonsen	FIF Hillerød Orientering	42:50	+3:48		
2:51 (2:51)	2:06 (4:57)	4:21 (9:18)	2:17 (11:35)	3:45 (15:20)	3:02 (18:22)
5:06 (23:28)	2:29 (25:57)	3:43 (29:40)	3:10 (32:50)	5:32 (38:22)	2:52 (41:14)
1:00 (42:14)	0:36 (42:50)				
8. Lise Jonasen	Allerød OK	44:02	+5:00		
3:52 (3:52)	2:28 (6:20)	4:45 (11:05)	2:18 (13:23)	4:02 (17:25)	3:00 (20:25)
5:14 (25:39)	2:27 (28:06)	3:40 (31:46)	2:50 (34:36)	4:40 (39:16)	3:24 (42:40)
0:55 (43:35)	0:27 (44:02)				
9. Anne Bloch Frandsen	OK Sorø	44:42	+5:40		
5:01 (5:01)	1:53 (6:54)	4:28 (11:22)	4:07 (15:29)	3:47 (19:16)	2:51 (22:07)
5:11 (27:18)	2:13 (29:31)	3:41 (33:12)	3:07 (36:19)	4:34 (40:53)	2:28 (43:21)
0:51 (44:12)	0:30 (44:42)				
10. Bente Kjær Hemmingsen	FIF Hillerød Orientering	44:58	+5:56		
3:13 (3:13)	2:00 (5:13)	5:35 (10:48)	2:02 (12:50)	4:12 (17:02)	3:21 (20:23)
5:24 (25:47)	2:33 (28:20)	3:40 (32:00)	3:16 (35:16)	4:51 (40:07)	3:25 (43:32)
1:00 (44:32)	0:26 (44:58)				
11. Birgitte Brage Stevens	OK ØST Birkerød	47:11	+8:09		
3:02 (3:02)	2:06 (5:08)	5:02 (10:10)	2:21 (12:31)	4:32 (17:03)	3:21 (20:24)
5:34 (25:58)	2:25 (28:23)	5:13 (33:36)	2:55 (36:31)	5:34 (42:05)	3:16 (45:21)
1:10 (46:31)	0:40 (47:11)				
12. Ea Bregensøe	Tisvilde Hegn OK	48:07	+9:05		
3:07 (3:07)	3:59 (7:06)	4:32 (11:38)	2:19 (13:57)	5:18 (19:15)	3:22 (22:37)
5:49 (28:26)	2:49 (31:15)	4:12 (35:27)	3:06 (38:33)	4:39 (43:12)	3:22 (46:34)
1:00 (47:34)	0:33 (48:07)				
13. Charlotte Bergmann	Allerød OK	48:11	+9:09		
2:47 (2:47)	3:44 (6:31)	4:52 (11:23)	2:26 (13:49)	4:17 (18:06)	3:27 (21:33)
5:29 (27:02)	2:42 (29:44)	4:19 (34:03)	3:38 (37:41)	5:50 (43:31)	3:00 (46:31)
1:01 (47:32)	0:39 (48:11)				
14. Tine Demandt	OK Sorø	51:43	+12:41		
3:04 (3:04)	3:44 (6:48)	4:32 (11:20)	2:22 (13:42)	4:45 (18:27)	3:07 (21:34)
6:47 (28:21)	4:19 (32:40)	5:00 (37:40)	3:31 (41:11)	4:43 (45:54)	4:14 (50:08)
1:01 (51:09)	0:34 (51:43)				
15. Lykke Berg	Herlufsholm OK	53:10	+14:08		
3:16 (3:16)	2:54 (6:10)	5:48 (11:58)	2:40 (14:38)	4:59 (19:37)	3:48 (23:25)
6:31 (29:56)	3:02 (32:58)	4:54 (37:52)	4:41 (42:33)	5:18 (47:51)	3:09 (51:00)
1:34 (52:34)	0:36 (53:10)				
16. Jane Britt Dalsgaard	OK ØST Birkerød	57:34	+18:32		
3:03 (3:03)	2:34 (5:37)	6:19 (11:56)	2:30 (14:26)	4:53 (19:19)	4:05 (23:24)
8:37 (32:01)	4:56 (36:57)	4:42 (41:39)	3:17 (44:56)	6:59 (51:55)	3:51 (55:46)
1:12 (56:58)	0:36 (57:34)				
17. Mette Uhre Lang	Amager OK	1:01:13	+22:11		
3:34 (3:34)	4:58 (8:32)	7:06 (15:38)	2:54 (18:32)	5:20 (23:52)	3:56 (27:48)
8:02 (35:50)	3:11 (39:01)	6:42 (45:43)	3:43 (49:26)	6:30 (55:56)	3:31 (59:27)
1:09 (1:00:36)	0:37 (1:01:13)				
18. Birgitte Skytthe	Farum OK	1:05:44	+26:42		
3:13 (3:13)	3:12 (6:25)	5:16 (11:41)	2:43 (14:24)	5:24 (19:48)	4:38 (24:26)
18:06 (42:32)	2:34 (45:06)	6:18 (51:24)	3:12 (54:36)	5:34 (1:00:10)	3:51 (1:04:01)
1:05 (1:05:06)	0:38 (1:05:44)				
19. Mette Hørlyk Friis	Farum OK	1:15:56	+36:54		
3:29 (3:29)	4:26 (7:55)	6:11 (14:06)	4:17 (18:23)	14:03 (32:26)	5:45 (38:11)
10:46 (48:57)	3:36 (52:33)	6:44 (59:17)	4:34 (1:03:51)	6:04 (1:09:55)	4:07 (1:14:02)
1:14 (1:15:16)	0:40 (1:15:56)				
Marianne Illum	Søllerød OK	Ej startet			
D55	(19 / 19)	Tid	Efter		
1. Lena Wraa	Tisvilde Hegn OK	40:37			
2:31 (2:31)	1:58 (4:29)	4:14 (8:43)	2:05 (10:48)	5:25 (16:13)	2:52 (19:05)
4:06 (23:11)	2:24 (25:35)	3:42 (29:17)	2:44 (32:01)	4:22 (36:23)	2:50 (39:13)
0:52 (40:05)	0:32 (40:37)				
2. Lotte Friberg	FIF Hillerød Orientering	41:06	+0:29		
2:41 (2:41)	2:28 (5:09)	4:29 (9:38)	2:03 (11:41)	3:30 (15:11)	3:18 (18:29)
4:34 (23:03)	2:20 (25:23)	3:46 (29:09)	2:55 (32:04)	5:11 (37:15)	2:38 (39:53)
0:45 (40:38)	0:28 (41:06)				
3. Birgitte Birck	Allerød OK	42:40	+2:03		
2:37 (2:37)	3:02 (5:39)	4:20 (9:59)	2:13 (12:12)	4:40 (16:52)	2:57 (19:49)
4:45 (24:34)	2:21 (26:55)	3:44 (30:39)	2:58 (33:37)	5:01 (38:38)	2:38 (41:16)
0:55 (42:11)	0:29 (42:40)				

4.	Søs Munch Hansen		OK Sorø	44:05	+3:28		
	2:57 (2:57)	1:56 (4:53)	4:54 (9:47)	2:37 (12:24)		4:42 (17:06)	2:54 (20:00)
	5:02 (25:02)	2:52 (27:54)	4:03 (31:57)	3:10 (35:07)		4:52 (39:59)	2:32 (42:31)
	0:58 (43:29)	0:36 (44:05)					
5.	Anette Holm		Farum OK	44:57	+4:20		
	2:51 (2:51)	2:05 (4:56)	4:47 (9:43)	2:08 (11:51)		3:40 (15:31)	3:00 (18:31)
	5:26 (23:57)	2:49 (26:46)	5:12 (31:58)	3:10 (35:08)		5:18 (40:26)	3:03 (43:29)
	0:56 (44:25)	0:32 (44:57)					
6.	Annette Bonde		Ballerup OK	45:42	+5:05		
	2:52 (2:52)	2:33 (5:25)	4:32 (9:57)	2:19 (12:16)		3:57 (16:13)	3:21 (19:34)
	5:40 (25:14)	2:36 (27:50)	4:20 (32:10)	3:24 (35:34)		5:23 (40:57)	3:16 (44:13)
	0:56 (45:09)	0:33 (45:42)					
7.	Charlotte Grauert		Ballerup OK	49:20	+8:43		
	5:08 (5:08)	4:05 (9:13)	4:54 (14:07)	2:18 (16:25)		3:56 (20:21)	3:23 (23:44)
	5:36 (29:20)	2:35 (31:55)	4:21 (36:16)	3:32 (39:48)		4:50 (44:38)	3:11 (47:49)
	0:58 (48:47)	0:33 (49:20)					
8.	Rita Breum		PI-København	53:25	+12:48		
	2:54 (2:54)	2:17 (5:11)	15:03 (20:14)	1:53 (22:07)		3:46 (25:53)	2:51 (28:44)
	4:28 (33:12)	2:12 (35:24)	4:59 (40:23)	3:26 (43:49)		5:35 (49:24)	2:48 (52:12)
	0:45 (52:57)	0:28 (53:25)					
9.	Lisa Tantholdt		OK ØST Birkerød	56:54	+16:17		
	4:11 (4:11)	3:49 (8:00)	6:57 (14:57)	2:52 (17:49)		5:30 (23:19)	3:38 (26:57)
	6:57 (33:54)	3:11 (37:05)	5:21 (42:26)	3:33 (45:59)		5:30 (51:29)	3:37 (55:06)
	1:15 (56:21)	0:33 (56:54)					
10.	Bettina Katy Andersen		Søllerød OK	57:10	+16:33		
	3:27 (3:27)	4:55 (8:22)	6:06 (14:28)	3:12 (17:40)		6:49 (24:29)	4:01 (28:30)
	6:16 (34:46)	2:46 (37:32)	4:53 (42:25)	4:06 (46:31)		5:53 (52:24)	3:17 (55:41)
	0:56 (56:37)	0:33 (57:10)					
11.	Birgitte Wraa		Tisvilde Hegn OK	58:17	+17:40		
	3:23 (3:23)	3:16 (6:39)	6:59 (13:38)	3:15 (16:53)		5:00 (21:53)	4:57 (26:50)
	6:35 (33:25)	2:57 (36:22)	5:17 (41:39)	4:02 (45:41)		6:12 (51:53)	4:20 (56:13)
	1:21 (57:34)	0:43 (58:17)					
12.	Susanne Tanderup		Herlufsholm OK	1:06:34	+25:57		
	3:37 (3:37)	9:11 (12:48)	8:15 (21:03)	4:09 (25:12)		5:02 (30:14)	5:49 (36:03)
	5:34 (41:37)	2:48 (44:25)	6:10 (50:35)	3:48 (54:23)		5:56 (1:00:19)	4:49 (1:05:08)
	0:58 (1:06:06)	0:28 (1:06:34)					
13.	Susan Houmark Stub		PI-København	1:08:12	+27:35		
	6:43 (6:43)	4:39 (11:22)	6:31 (17:53)	2:51 (20:44)		6:00 (26:44)	3:46 (30:30)
	10:33 (41:03)	3:12 (44:15)	6:40 (50:55)	4:25 (55:20)		6:38 (1:01:58)	4:14 (1:06:12)
	1:28 (1:07:40)	0:32 (1:08:12)					
14.	Signe Foverskov		Søllerød OK	1:08:18	+27:41		
	4:00 (4:00)	5:16 (9:16)	9:41 (18:57)	2:57 (21:54)		5:59 (27:53)	4:26 (32:19)
	8:36 (40:55)	3:52 (44:47)	6:20 (51:07)	4:54 (56:01)		6:32 (1:02:33)	3:50 (1:06:23)
	1:08 (1:07:31)	0:47 (1:08:18)					
15.	Rita Løjmand		Herlufsholm OK	1:11:06	+30:29		
	3:41 (3:41)	5:13 (8:54)	7:36 (16:30)	2:59 (19:29)		9:40 (29:09)	4:34 (33:43)
	7:41 (41:24)	3:42 (45:06)	5:58 (51:04)	6:50 (57:54)		6:49 (1:04:43)	4:32 (1:09:15)
	1:16 (1:10:31)	0:35 (1:11:06)					
16.	Susanne Thrane		Søllerød OK	1:12:54	+32:17		
	3:50 (3:50)	3:40 (7:30)	20:21 (27:51)	2:34 (30:25)		7:37 (38:02)	4:04 (42:06)
	6:51 (48:57)	3:11 (52:08)	5:31 (57:39)	3:59 (1:01:38)		5:38 (1:07:16)	3:28 (1:10:44)
	1:36 (1:12:20)	0:34 (1:12:54)					
17.	Lone Jørgensen		Herlufsholm OK	1:23:00	+42:23		
	7:39 (7:39)	3:02 (10:41)	8:26 (19:07)	3:20 (22:27)		12:50 (35:17)	5:09 (40:26)
	8:25 (48:51)	5:45 (54:36)	8:41 (1:03:17)	5:32 (1:08:49)		7:00 (1:15:49)	5:26 (1:21:15)
	1:12 (1:22:27)	0:33 (1:23:00)					
18.	Helle Thyme		Allerød OK	1:26:40	+46:03		
	10:28 (10:28)	3:36 (14:04)	25:49 (39:53)	2:53 (42:46)		5:37 (48:23)	5:01 (53:24)
	8:25 (1:01:49)	3:01 (1:04:50)	6:16 (1:11:06)	4:33 (1:15:39)		5:58 (1:21:37)	3:25 (1:25:02)
	1:00 (1:26:02)	0:38 (1:26:40)					
	Ann Rasmussen		Søllerød OK	Ej startet			
H60			(32 / 32)	Tid	Efter		
1.	Jørgen Skaarup		Ballerup OK	34:02			
	2:18 (2:18)	1:50 (4:08)	3:38 (7:46)	1:53 (9:39)		3:18 (12:57)	2:23 (15:20)
	3:41 (19:01)	1:53 (20:54)	3:25 (24:19)	2:24 (26:43)		3:57 (30:40)	2:10 (32:50)
	0:44 (33:34)	0:28 (34:02)					
2.	Troels Bent Hansen		Allerød OK	37:31	+3:29		
	2:24 (2:24)	1:44 (4:08)	4:36 (8:44)	1:51 (10:35)		4:30 (15:05)	2:27 (17:32)
	4:28 (22:00)	2:09 (24:09)	3:25 (27:34)	2:23 (29:57)		4:04 (34:01)	2:11 (36:12)
	0:51 (37:03)	0:28 (37:31)					
3.	Knud Madsen		OK Sorø	38:22	+4:20		
	2:41 (2:41)	1:59 (4:40)	4:00 (8:40)	2:01 (10:41)		3:46 (14:27)	2:35 (17:02)
	4:15 (21:17)	2:06 (23:23)	3:51 (27:14)	2:42 (29:56)		4:23 (34:19)	2:37 (36:56)
	0:50 (37:46)	0:36 (38:22)					
4.	Bruno Stub		PI-København	38:29	+4:27		
	2:14 (2:14)	1:32 (3:46)	3:45 (7:31)	1:51 (9:22)		2:57 (12:19)	2:32 (14:51)
	4:40 (19:31)	4:45 (24:16)	3:49 (28:05)	2:25 (30:30)		4:17 (34:47)	2:29 (37:16)
	0:47 (38:03)	0:26 (38:29)					
5.	Gert Lillevang Nielsen		Allerød OK	39:26	+5:24		
	3:15 (3:15)	1:43 (4:58)	4:17 (9:15)	2:06 (11:21)		3:40 (15:01)	2:45 (17:46)
	4:23 (22:09)	2:11 (24:20)	3:43 (28:03)	2:53 (30:56)		4:33 (35:29)	2:26 (37:55)
	0:57 (38:52)	0:34 (39:26)					
6.	Niels la Cour Bentzon		Søllerød OK	39:40	+5:38		
	2:33 (2:33)	2:31 (5:04)	4:25 (9:29)	2:00 (11:29)		3:27 (14:56)	2:31 (17:27)
	4:18 (21:45)	2:08 (23:53)	3:59 (27:52)	2:58 (30:50)		4:44 (35:34)	2:57 (38:31)
	0:42 (39:13)	0:27 (39:40)					
7.	Søren Peter Larsen		FIF Hillerød Orientering	40:12	+6:10		
	2:28 (2:28)	1:50 (4:18)	4:27 (8:45)	2:38 (11:23)		3:55 (15:18)	2:56 (18:14)
	4:55 (23:09)	2:33 (25:42)	3:34 (29:16)	2:57 (32:13)		4:18 (36:31)	2:29 (39:00)
	0:43 (39:43)	0:29 (40:12)					
8.	Lars Vedel Jørgensen		Farum OK	40:13	+6:11		
	2:26 (2:26)	2:19 (4:45)	4:20 (9:05)	2:07 (11:12)		3:46 (14:58)	2:46 (17:44)
	4:35 (22:19)	2:18 (24:37)	4:01 (28:38)	3:05 (31:43)		4:32 (36:15)	2:31 (38:46)
	0:53 (39:39)	0:34 (40:13)					
9.	Carsten Hansen		FIF Hillerød Orientering	40:38	+6:36		

	2:18 (2:18)	2:35 (4:53)	6:54 (11:47)	1:59 (13:46)	3:17 (17:03)	2:33 (19:36)
	4:32 (24:08)	2:09 (26:17)	3:26 (29:43)	2:32 (32:15)	4:26 (36:41)	2:28 (39:09)
	0:54 (40:03)	0:35 (40:38)				
10.	Jens Peter Gundorf		OK ØST Birkerød	40:47 +6:45		
	2:31 (2:31)	1:55 (4:26)	4:44 (9:10)	2:03 (11:13)	3:20 (14:33)	3:01 (17:34)
	6:16 (23:50)	2:18 (26:08)	3:40 (29:48)	2:41 (32:29)	4:29 (36:58)	2:29 (39:27)
	0:51 (40:18)	0:29 (40:47)				
11.	Hans Henrik Juda		Køge OK	41:25 +7:23		
	2:37 (2:37)	2:36 (5:13)	4:05 (9:18)	2:18 (11:36)	3:19 (14:55)	2:39 (17:34)
	5:38 (23:12)	2:17 (25:29)	3:34 (29:03)	2:52 (31:55)	4:36 (36:31)	3:08 (39:39)
	1:14 (40:53)	0:32 (41:25)				
12.	Gregers Jørgensen		Ballerup OK	42:24 +8:22		
	2:49 (2:49)	1:46 (4:35)	4:06 (8:41)	1:44 (10:25)	3:13 (13:38)	2:39 (16:17)
	7:05 (23:22)	2:20 (25:42)	3:24 (29:06)	4:07 (33:13)	4:53 (38:06)	2:57 (41:03)
	0:46 (41:49)	0:35 (42:24)				
13.	Ole D. Jensen		Tisvilde Hegn OK	44:06 +10:04		
	2:01:37 (2:01:37)	– (4:36)	4:31 (9:07)	2:46 (11:53)	3:55 (15:48)	3:04 (18:52)
	4:51 (23:43)	2:36 (26:19)	4:18 (30:37)	3:14 (33:51)	5:27 (39:18)	3:27 (42:45)
	0:54 (43:39)	0:27 (44:06)				
14.	Jens Korsholm		Farum OK	44:13 +10:11		
	2:43 (2:43)	2:33 (5:16)	4:44 (10:00)	2:12 (12:12)	3:46 (15:58)	2:37 (18:35)
	4:55 (23:30)	2:23 (25:53)	5:38 (31:31)	3:07 (34:38)	5:04 (39:42)	3:04 (42:46)
	0:53 (43:39)	0:34 (44:13)				
15.	Svend-Erik Munck		Herlufsholm OK	46:37 +12:35		
	2:44 (2:44)	3:44 (6:28)	4:49 (11:17)	2:20 (13:37)	4:25 (18:02)	3:04 (21:06)
	5:05 (26:11)	2:28 (28:39)	4:11 (32:50)	3:13 (36:03)	5:03 (41:06)	4:00 (45:06)
	0:57 (46:03)	0:34 (46:37)				
16.	Thomas Østergaard		OK ØST Birkerød	47:21 +13:19		
	3:03 (3:03)	3:30 (6:33)	4:48 (11:21)	2:21 (13:42)	4:45 (18:27)	3:33 (22:00)
	5:50 (27:50)	2:32 (30:22)	4:13 (34:35)	3:23 (37:58)	5:02 (43:00)	2:48 (45:48)
	0:59 (46:47)	0:34 (47:21)				
17.	Michael Hjorth		Ballerup OK	48:32 +14:30		
	2:56 (2:56)	2:58 (5:54)	5:01 (10:55)	2:25 (13:20)	3:58 (17:18)	3:27 (20:45)
	5:32 (26:17)	2:38 (28:55)	5:10 (34:05)	3:45 (37:50)	5:22 (43:12)	3:51 (47:03)
	0:56 (47:59)	0:33 (48:32)				
18.	Steen Fladberg		Køge OK	49:23 +15:21		
	5:18 (5:18)	1:58 (7:16)	5:47 (13:03)	2:26 (15:29)	4:18 (19:47)	3:09 (22:56)
	6:38 (29:34)	2:20 (31:54)	4:32 (36:26)	3:16 (39:42)	5:12 (44:54)	2:56 (47:50)
	1:02 (48:52)	0:31 (49:23)				
19.	Frans Andersen		Herlufsholm OK	49:38 +15:36		
	8:25 (8:25)	2:05 (10:30)	4:51 (15:21)	2:10 (17:31)	3:41 (21:12)	3:38 (24:50)
	5:26 (30:16)	2:25 (32:41)	4:42 (37:23)	2:57 (40:20)	5:07 (45:27)	2:46 (48:13)
	0:55 (49:08)	0:30 (49:38)				
20.	Lars Fock		Søllerød OK	49:42 +15:40		
	3:01 (3:01)	3:02 (6:03)	5:22 (11:25)	2:18 (13:43)	4:20 (18:03)	3:08 (21:11)
	5:24 (26:35)	2:44 (29:19)	5:49 (35:08)	4:02 (39:10)	5:56 (45:06)	3:04 (48:10)
	0:57 (49:07)	0:35 (49:42)				
21.	John Høegh Petersen		Allerød OK	49:53 +15:51		
	3:28 (3:28)	2:37 (6:05)	6:20 (12:25)	2:38 (15:03)	4:06 (19:09)	3:02 (22:11)
	6:12 (28:23)	2:38 (31:01)	4:02 (35:03)	5:01 (40:04)	4:53 (44:57)	2:59 (47:56)
	1:26 (49:22)	0:31 (49:53)				
22.	Niels Aabye		Ballerup OK	50:14 +16:12		
	3:04 (3:04)	3:39 (6:43)	6:05 (12:48)	2:24 (15:12)	4:31 (19:43)	3:24 (23:07)
	5:53 (29:00)	2:45 (31:45)	4:46 (36:31)	3:24 (39:55)	5:31 (45:26)	3:11 (48:37)
	0:59 (49:36)	0:38 (50:14)				
23.	Henrik Kleffel		Søllerød OK	52:57 +18:55		
	4:11 (4:11)	2:08 (6:19)	5:02 (11:21)	2:49 (14:10)	4:45 (18:55)	2:59 (21:54)
	5:41 (27:35)	7:54 (35:29)	4:59 (40:28)	3:09 (43:37)	5:02 (48:39)	2:57 (51:36)
	0:50 (52:26)	0:31 (52:57)				
24.	Torben Kristensen		Herlufsholm OK	54:32 +20:30		
	3:38 (3:38)	4:05 (7:43)	5:45 (13:28)	2:49 (16:17)	4:44 (21:01)	3:47 (24:48)
	6:01 (30:49)	3:06 (33:55)	5:05 (39:00)	4:01 (43:01)	6:26 (49:27)	3:20 (52:47)
	1:11 (53:58)	0:34 (54:32)				
25.	Thomas Kragh Christensen		OK ØST Birkerød	55:53 +21:51		
	2:38 (2:38)	3:13 (5:51)	6:24 (12:15)	2:07 (14:22)	3:39 (18:01)	2:29 (20:30)
	8:08 (28:38)	2:34 (31:12)	11:21 (42:33)	3:11 (45:44)	5:01 (50:45)	3:51 (54:36)
	0:48 (55:24)	0:29 (55:53)				
26.	Torkil Hansen		PI-København	56:32 +22:30		
	3:44 (3:44)	3:10 (6:54)	5:50 (12:44)	2:31 (15:15)	5:17 (20:32)	3:59 (24:31)
	7:37 (32:08)	3:41 (35:49)	4:37 (40:26)	4:16 (44:42)	5:55 (50:37)	3:53 (54:30)
	1:13 (55:43)	0:49 (56:32)				
27.	Anders Bang		Køge OK	1:02:06 +28:04		
	3:47 (3:47)	2:55 (6:42)	6:11 (12:53)	3:02 (15:55)	5:08 (21:03)	3:25 (24:28)
	12:09 (36:37)	3:42 (40:19)	6:40 (46:59)	3:40 (50:39)	6:23 (57:02)	3:19 (1:00:21)
	1:07 (1:01:28)	0:38 (1:02:06)				
28.	Hans-Ole Jensen		OK Sorø	1:03:03 +29:01		
	3:47 (3:47)	3:44 (7:31)	6:58 (14:29)	2:32 (17:01)	7:49 (24:50)	4:21 (29:11)
	7:19 (36:30)	3:07 (39:37)	5:45 (45:22)	5:08 (50:30)	6:50 (57:20)	3:48 (1:01:08)
	1:17 (1:02:25)	0:38 (1:03:03)				
29.	Hannibal Sander		Ballerup OK	1:08:09 +34:07		
	10:56 (10:56)	3:57 (14:53)	7:51 (22:44)	2:49 (25:33)	5:02 (30:35)	3:49 (34:24)
	7:05 (41:29)	3:38 (45:07)	6:04 (51:11)	4:17 (55:28)	7:25 (1:02:53)	3:33 (1:06:26)
	1:08 (1:07:34)	0:35 (1:08:09)				
30.	Kristen Bonnen		Ballerup OK	1:12:33 +38:31		
	3:48 (3:48)	3:41 (7:29)	10:14 (17:43)	2:51 (20:34)	6:20 (26:54)	3:36 (30:30)
	10:07 (40:37)	3:32 (44:09)	8:08 (52:17)	4:13 (56:30)	9:51 (1:06:21)	4:21 (1:10:42)
	1:12 (1:11:54)	0:39 (1:12:33)				
	Henrik Wibe		Allerød OK	Fejlklip		
	2:39 (2:39)	2:47 (5:26)	– (–)	– (14:30)	4:46 (19:16)	13:19 (32:35)
	9:25 (42:00)	2:51 (44:51)	5:38 (50:29)	3:03 (53:32)	5:15 (58:47)	3:28 (1:02:15)
	1:00 (1:03:15)	0:34 (1:03:49)				
	Lars Konradsen		FIF Hillerød Orientering	Ej startet		
H65			(25 / 25)	Tid Efter		
1.	Peter Sørensen		PI-København	35:07		
	2:15 (2:15)	2:18 (4:33)	3:25 (7:58)	1:52 (9:50)	3:08 (12:58)	2:43 (15:41)
	3:55 (19:36)	2:12 (21:48)	3:04 (24:52)	2:31 (27:23)	4:12 (31:35)	2:12 (33:47)
	0:53 (34:40)	0:27 (35:07)				

2.	Keld Johnsen 2:13 (2:13) 3:51 (18:54) 0:42 (34:56)	1:42 (3:55) 2:15 (21:09) 0:28 (35:24)	Tisvide Hegn OK 3:48 (7:43) 3:51 (25:00)	35:24 +0:17 1:48 (9:31) 2:28 (27:28)	3:03 (12:34) 3:43 (31:11)	2:29 (15:03) 3:03 (34:14)
3.	Anders Jonsson 2:15 (2:15) 3:42 (18:40) 1:07 (37:09)	1:50 (4:05) 2:05 (20:45) 0:37 (37:46)	Søllerød OK 3:39 (7:44) 3:44 (24:29)	37:46 +2:39 1:55 (9:39) 2:38 (27:07)	3:03 (12:42) 4:59 (32:06)	2:16 (14:58) 3:56 (36:02)
4.	Jørgen Münster-Swendsen 2:42 (2:42) 4:39 (23:04) 0:50 (40:31)	2:18 (5:00) 2:43 (25:47) 0:29 (41:00)	Søllerød OK 4:40 (9:40) 3:38 (29:25)	41:00 +5:53 1:58 (11:38) 2:57 (32:22)	3:28 (15:06) 4:36 (36:58)	3:19 (18:25) 2:43 (39:41)
4.	Peter Nørgaard 2:45 (2:45) 4:08 (21:49) 0:45 (40:34)	2:03 (4:48) 2:28 (24:17) 0:26 (41:00)	Ballerup OK 4:44 (9:32) 5:08 (29:25)	41:00 +5:53 1:54 (11:26) 2:42 (32:07)	3:25 (14:51) 4:44 (36:51)	2:50 (17:41) 2:58 (39:49)
6.	Erik Sørensen 3:21 (3:21) 4:41 (22:36) 0:51 (42:51)	1:51 (5:12) 2:01 (24:37) 0:27 (43:18)	Allerød OK 4:18 (9:30) 7:17 (31:54)	43:18 +8:11 2:14 (11:44) 2:41 (34:35)	3:21 (15:05) 4:17 (38:52)	2:50 (17:55) 3:08 (42:00)
7.	Frede Scheye 3:03 (3:03) 6:26 (23:56) 0:49 (43:17)	2:00 (5:03) 2:32 (26:28) 0:25 (43:42)	Herlufsholm OK 4:11 (9:14) 4:29 (30:57)	43:42 +8:35 1:59 (11:13) 3:07 (34:04)	3:32 (14:45) 5:21 (39:25)	2:45 (17:30) 3:03 (42:28)
8.	Emil Olesen 2:37 (2:37) 5:22 (24:26) 1:05 (44:01)	2:51 (5:28) 2:49 (27:15) 0:32 (44:33)	FIF Hillerød Orientering 4:27 (9:55) 4:46 (32:01)	44:33 +9:26 2:11 (12:06) 3:11 (35:12)	3:44 (15:50) 4:44 (39:56)	3:14 (19:04) 3:00 (42:56)
9.	Jimmy Hoen 2:53 (2:53) 5:29 (25:01) 1:07 (45:03)	3:04 (5:57) 2:40 (27:41) 0:26 (45:29)	Ballerup OK 4:49 (10:46) 4:45 (32:26)	45:29 +10:22 2:10 (12:56) 3:57 (36:23)	4:04 (17:00) 4:30 (40:53)	2:32 (19:32) 3:03 (43:56)
10.	Jørgen Wisbech 2:42 (2:42) 6:20 (25:08) 0:55 (46:16)	2:15 (4:57) 2:23 (27:31) 0:31 (46:47)	Søllerød OK 4:55 (9:52) 6:42 (34:13)	46:47 +11:40 2:06 (11:58) 3:14 (37:27)	3:58 (15:56) 5:07 (42:34)	2:52 (18:48) 2:47 (45:21)
11.	Helmuth Hansen 3:12 (3:12) 5:43 (26:30) 0:41 (47:16)	2:11 (5:23) 2:28 (28:58) 0:26 (47:42)	Herlufsholm OK 5:21 (10:44) 6:13 (35:11)	47:42 +12:35 1:58 (12:42) 3:13 (38:24)	4:59 (17:41) 5:17 (43:41)	3:06 (20:47) 2:54 (46:35)
12.	Peter Wraa 3:12 (3:12) 5:15 (28:23) 1:00 (49:17)	2:16 (5:28) 2:32 (30:55) 0:36 (49:53)	Tisvide Hegn OK 8:13 (13:41) 3:50 (34:45)	49:53 +14:46 2:18 (15:59) 3:12 (37:57)	3:40 (19:39) 5:07 (43:04)	3:29 (23:08) 5:13 (48:17)
13.	Henrik Ole Petersen 2:59 (2:59) 5:09 (25:57) 1:05 (49:33)	2:35 (5:34) 2:52 (28:49) 0:36 (50:09)	Allerød OK 5:17 (10:51) 5:53 (34:42)	50:09 +15:02 2:26 (13:17) 3:47 (38:29)	4:27 (17:44) 6:39 (45:08)	3:04 (20:48) 3:20 (48:28)
13.	Ole Galle 3:01 (3:01) 5:16 (26:36) 1:02 (49:34)	2:21 (5:22) 2:49 (29:25) 0:35 (50:09)	Tisvide Hegn OK 5:27 (10:49) 4:51 (34:16)	50:09 +15:02 2:36 (13:25) 3:45 (38:01)	4:35 (18:00) 6:27 (44:28)	3:20 (21:20) 4:04 (48:32)
15.	Chris Bagge 3:21 (3:21) 6:24 (29:38) 0:59 (51:00)	3:18 (6:39) 2:49 (32:27) 0:35 (51:35)	FIF Hillerød Orientering 5:09 (11:48) 4:28 (36:55)	51:35 +16:28 2:28 (14:16) 4:05 (41:00)	4:59 (19:15) 5:31 (46:31)	3:59 (23:14) 3:30 (50:01)
16.	Rolf Andersen 3:12 (3:12) 7:14 (31:15) 0:59 (53:57)	2:27 (5:39) 3:02 (34:17) 0:34 (54:31)	Amager OK 6:51 (12:30) 4:58 (39:15)	54:31 +19:24 2:44 (15:14) 3:52 (43:07)	5:00 (20:14) 6:23 (49:30)	3:47 (24:01) 3:28 (52:58)
17.	Niels Raagaard 3:02 (3:02) 6:38 (27:35) 1:10 (54:19)	2:09 (5:11) 3:18 (30:53) 0:54 (55:13)	Søllerød OK 4:48 (9:59) 5:32 (36:25)	55:13 +20:06 2:35 (12:34) 4:10 (40:35)	4:32 (17:06) 8:38 (49:13)	3:51 (20:57) 3:56 (53:09)
18.	Birger Tynell 3:45 (3:45) 9:07 (32:14) 1:09 (58:00)	3:13 (6:58) 2:53 (35:07) 0:38 (58:38)	Søllerød OK 4:56 (11:54) 7:16 (42:23)	58:38 +23:31 2:38 (14:32) 4:04 (46:27)	5:19 (19:51) 6:47 (53:14)	3:16 (23:07) 3:37 (56:51)
19.	Peter Reinholdt 3:12 (3:12) 10:04 (33:31) 1:32 (1:01:03)	3:01 (6:13) 3:18 (36:49) 0:29 (1:01:32)	Farum OK 5:46 (11:59) 6:11 (43:00)	1:01:32 +26:25 2:40 (14:39) 3:52 (46:52)	5:07 (19:46) 7:35 (54:27)	3:41 (23:27) 5:04 (59:31)
20.	Bo Christensen 3:29 (3:29) 12:06 (37:43) 1:15 (1:04:44)	3:13 (6:42) 4:18 (42:01) 0:37 (1:05:21)	Allerød OK 6:16 (12:58) 5:58 (47:59)	1:05:21 +30:14 3:01 (15:59) 4:18 (52:17)	5:32 (21:31) 6:27 (58:44)	4:06 (25:37) 4:45 (1:03:29)
21.	Jan Bigler 3:49 (3:49) 8:30 (40:35) 0:56 (1:06:59)	5:20 (9:09) 3:04 (43:39) 0:34 (1:07:33)	Herlufsholm OK 6:44 (15:53) 6:19 (49:58)	1:07:33 +32:26 2:58 (18:51) 4:22 (54:20)	5:33 (24:24) 6:56 (1:01:16)	7:41 (32:05) 4:47 (1:06:03)
22.	Poul R. Koziara 4:00 (4:00) 8:44 (40:07) 1:05 (1:13:30)	4:09 (8:09) 4:20 (44:27) 0:38 (1:14:08)	Køge OK 7:13 (15:22) 8:20 (52:47)	1:14:08 +39:01 4:25 (19:47) 5:11 (57:58)	6:36 (26:23) 9:19 (1:07:17)	5:00 (31:23) 5:08 (1:12:25)
23.	Svend Tantholdt 4:37 (4:37) 10:19 (49:01) 1:25 (1:25:39)	6:58 (11:35) 5:42 (54:43) 0:45 (1:26:24)	OK ØST Birkerød 9:49 (21:24) 5:42 (54:43) 8:09 (1:02:52)	1:26:24 +51:17 3:44 (25:08) 7:13 (1:10:05)	7:23 (32:31) 8:55 (1:19:00)	6:11 (38:42) 5:14 (1:24:14)
24.	Ebbe Kajberg 8:25 (8:25) 6:14 (1:18:42) 1:29 (1:44:30)	1:57 (10:22) 3:12 (1:21:54) 0:37 (1:45:07)	OK Sorø 8:33 (18:55) 4:42 (1:26:36)	1:45:07 +70:00 43:44 (1:02:39) 4:55 (1:31:31)	4:49 (1:07:28) 6:18 (1:37:49)	5:00 (1:12:28) 5:12 (1:43:01)
	Ole Berner		Søllerød OK	Ej startet		
D60			(11 / 11)	Tid	Efter	
1.	Eva Konring Olesen		FIF Hillerød Orientering	38:16		

	3:52 (3:52)	2:25 (6:17)	3:13 (9:30)	5:23 (14:53)	1:50 (16:43)	5:21 (22:04)
	5:47 (27:51)	2:58 (30:49)	2:14 (33:03)	1:12 (34:15)	2:24 (36:39)	1:01 (37:40)
	0:36 (38:16)					
2.	Annlou Husen	Farum OK	41:58	+3:42		
	4:13 (4:13)	4:08 (8:21)	3:07 (11:28)	6:41 (18:09)	1:54 (20:03)	5:36 (25:39)
	5:39 (31:18)	3:01 (34:19)	2:10 (36:29)	1:14 (37:43)	2:23 (40:06)	1:13 (41:19)
	0:39 (41:58)					
3.	Kit Lang Jørgensen	Farum OK	42:08	+3:52		
	4:08 (4:08)	2:32 (6:40)	3:02 (9:42)	5:32 (15:14)	1:54 (17:08)	5:52 (23:00)
	6:27 (29:27)	2:49 (32:16)	3:11 (35:27)	1:05 (36:32)	3:51 (40:23)	1:07 (41:30)
	0:38 (42:08)					
4.	Elsebeth Troelsgård Fock	Søllerød OK	43:37	+5:21		
	4:18 (4:18)	2:39 (6:57)	3:16 (10:13)	8:15 (18:28)	1:39 (20:07)	5:55 (26:02)
	6:30 (32:32)	2:48 (35:20)	2:23 (37:43)	1:17 (39:00)	2:56 (41:56)	1:05 (43:01)
	0:36 (43:37)					
5.	Ellen Kühn Jensen	Ballerup OK	45:19	+7:03		
	4:04 (4:04)	3:05 (7:09)	3:18 (10:27)	6:40 (17:07)	2:02 (19:09)	6:15 (25:24)
	7:20 (32:44)	3:45 (36:29)	3:29 (39:58)	1:10 (41:08)	2:31 (43:39)	1:06 (44:45)
	0:34 (45:19)					
6.	Ellen Frier	Søllerød OK	46:13	+7:57		
	4:30 (4:30)	3:26 (7:56)	3:39 (11:35)	6:21 (17:56)	2:16 (20:12)	5:57 (26:09)
	8:13 (34:22)	3:12 (37:34)	3:08 (40:42)	1:07 (41:49)	2:37 (44:26)	1:11 (45:37)
	0:36 (46:13)					
7.	Tove Sonne Andersen	OK ØST Birkerød	48:28	+10:12		
	3:46 (3:46)	2:06 (5:52)	3:04 (8:56)	5:23 (14:19)	1:58 (16:17)	4:53 (21:10)
	16:55 (38:05)	2:34 (40:39)	2:27 (43:06)	1:16 (44:22)	2:27 (46:49)	1:04 (47:53)
	0:35 (48:28)					
8.	Lene Hansen	Herlufsholm OK	49:26	+11:10		
	4:39 (4:39)	2:49 (7:28)	3:55 (11:23)	6:33 (17:56)	2:05 (20:01)	7:33 (27:34)
	7:53 (35:27)	3:39 (39:06)	3:04 (42:10)	1:51 (44:01)	3:21 (47:22)	1:22 (48:44)
	0:42 (49:26)					
9.	Anne Andersen	Amager OK	51:25	+13:09		
	4:45 (4:45)	2:54 (7:39)	4:28 (12:07)	8:59 (21:06)	2:25 (23:31)	6:57 (30:28)
	8:29 (38:57)	3:59 (42:56)	2:42 (45:38)	1:28 (47:06)	2:39 (49:45)	1:04 (50:49)
	0:36 (51:25)					
10.	Johanne Lind	Ballerup OK	56:40	+18:24		
	6:57 (6:57)	2:39 (9:36)	3:47 (13:23)	6:32 (19:55)	2:17 (22:12)	7:14 (29:26)
	13:42 (43:08)	3:33 (46:41)	2:41 (49:22)	2:12 (51:34)	3:06 (54:40)	1:22 (56:02)
	0:38 (56:40)					
11.	Inge Christiansen	Amager OK	1:29:15	+50:59		
	14:07 (14:07)	5:18 (19:25)	21:46 (41:11)	7:47 (48:58)	2:45 (51:43)	8:11 (59:54)
	13:00 (1:12:54)	5:23 (1:18:17)	4:32 (1:22:49)	1:56 (1:24:45)	2:43 (1:27:28)	1:10 (1:28:38)
	0:37 (1:29:15)					
D65		(12 / 12)	Tid	Efter		
1.	Inger Kirkegaard	Tisvilde Hegn OK	37:39			
	4:14 (4:14)	2:36 (6:50)	2:57 (9:47)	6:05 (15:52)	1:32 (17:24)	5:04 (22:28)
	5:36 (28:04)	2:38 (30:42)	1:53 (32:35)	1:10 (33:45)	2:24 (36:09)	0:58 (37:07)
	0:32 (37:39)					
2.	Janet Bentzen	OK ØST Birkerød	39:40	+2:01		
	3:39 (3:39)	3:22 (7:01)	2:55 (9:56)	5:53 (15:49)	1:55 (17:44)	5:17 (23:01)
	5:43 (28:44)	2:36 (31:20)	2:02 (33:22)	2:02 (35:24)	2:35 (37:59)	1:09 (39:08)
	0:32 (39:40)					
3.	Gerda Marie Christiansen	Køge OK	39:44	+2:05		
	4:50 (4:50)	2:42 (7:32)	3:12 (10:44)	5:34 (16:18)	1:37 (17:55)	5:28 (23:23)
	7:00 (30:23)	2:28 (32:51)	2:06 (34:57)	1:06 (36:03)	2:17 (38:20)	0:51 (39:11)
	0:33 (39:44)					
4.	Merete Ravnshøj Andersen	Herlufsholm OK	43:20	+5:41		
	3:57 (3:57)	2:59 (6:56)	3:01 (9:57)	7:26 (17:23)	3:18 (20:41)	5:32 (26:13)
	6:24 (32:37)	2:51 (35:28)	2:44 (38:12)	1:04 (39:16)	2:38 (41:54)	0:56 (42:50)
	0:30 (43:20)					
5.	Lisbeth Damsgaard	Søllerød OK	47:31	+9:52		
	3:55 (3:55)	5:00 (8:55)	3:08 (12:03)	5:35 (17:38)	1:35 (19:13)	5:00 (24:13)
	10:03 (34:16)	4:26 (38:42)	2:34 (41:16)	1:44 (43:00)	2:42 (45:42)	1:12 (46:54)
	0:37 (47:31)					
6.	Birgit Olsen	Tisvilde Hegn OK	56:59	+19:20		
	5:52 (5:52)	5:12 (11:04)	3:28 (14:32)	9:15 (23:47)	2:30 (26:17)	7:06 (33:23)
	11:16 (44:39)	2:58 (47:37)	2:46 (50:23)	1:37 (52:00)	3:07 (55:07)	1:14 (56:21)
	0:38 (56:59)					
7.	Liselotte Andersen	Ballerup OK	1:00:59	+23:20		
	5:53 (5:53)	3:46 (9:39)	4:13 (13:52)	9:59 (23:51)	3:02 (26:53)	8:41 (35:34)
	9:01 (44:35)	4:57 (49:32)	3:12 (52:44)	1:34 (54:18)	4:05 (58:23)	1:40 (1:00:03)
	0:56 (1:00:59)					
8.	Betty Folino	FIF Hillerød Orientering	1:06:24	+28:45		
	7:21 (7:21)	4:01 (11:22)	4:25 (15:47)	9:52 (25:39)	2:47 (28:26)	8:24 (36:50)
	14:09 (50:59)	4:25 (55:24)	3:19 (58:43)	1:46 (1:00:29)	3:52 (1:04:21)	1:21 (1:05:42)
	0:42 (1:06:24)					
9.	Bodil M. Mortensen	Ballerup OK	1:09:46	+32:07		
	5:38 (5:38)	3:46 (9:24)	5:12 (14:36)	10:31 (25:07)	3:47 (28:54)	9:37 (38:31)
	9:24 (47:55)	3:56 (51:51)	4:31 (56:22)	2:08 (58:30)	6:10 (1:04:40)	4:24 (1:09:04)
	0:42 (1:09:46)					
10.	Lena Hansen	Herlufsholm OK	1:51:09	+73:30		
	6:11 (6:11)	5:13 (11:24)	15:45 (27:09)	10:09 (37:18)	2:44 (40:02)	8:04 (48:06)
	31:11 (1:19:17)	11:07 (1:30:24)	11:37 (1:42:01)	1:38 (1:43:39)	4:48 (1:48:27)	1:50 (1:50:17)
	0:52 (1:51:09)					
	Annie Bøving Michaelsen	Tisvilde Hegn OK	Ej startet			
	Grethe Elholm	OK Sorø	Ej startet			
H70		(67 / 67)	Tid	Efter		
1.	Karsten Richardt	Køge OK	34:14			
	3:44 (3:44)	2:10 (5:54)	2:55 (8:49)	5:04 (13:53)	1:51 (15:44)	4:48 (20:32)
	4:40 (25:12)	2:23 (27:35)	1:54 (29:29)	1:01 (30:30)	2:14 (32:44)	1:00 (33:44)
	0:30 (34:14)					
2.	Karsten Schultz	FIF Hillerød Orientering	34:17	+0:03		
	3:20 (3:20)	1:55 (5:15)	2:48 (8:03)	4:40 (12:43)	1:23 (14:06)	4:41 (18:47)
	6:10 (24:57)	2:26 (27:23)	1:55 (29:18)	1:00 (30:18)	2:16 (32:34)	1:02 (33:36)
	0:41 (34:17)					

3.	Aage Damsgaard 3:18 (3:18) 4:57 (24:30) 0:30 (34:23)	2:37 (5:55) 2:33 (27:03)	FIF Hillerød Orientering 2:53 (8:48) 2:05 (29:08)	34:23 +0:09 4:42 (13:30) 1:31 (30:39)	1:22 (14:52) 2:19 (32:58)	4:41 (19:33) 0:55 (33:53)
4.	Klaus Olsen 3:55 (3:55) 5:20 (27:18) 0:32 (36:41)	2:13 (6:08) 2:35 (29:53)	Tisvide Hegn OK 2:55 (9:03) 2:09 (32:02)	36:41 +2:27 5:56 (14:59) 1:01 (33:03)	2:01 (17:00) 2:16 (35:19)	4:58 (21:58) 0:50 (36:09)
5.	Ronnie McGrail 3:23 (3:23) 9:48 (28:31) 0:33 (37:20)	2:12 (5:35) 2:22 (30:53)	Søllerød OK 2:53 (8:28) 1:45 (32:38)	37:20 +3:06 4:44 (13:12) 1:01 (33:39)	1:28 (14:40) 2:12 (35:51)	4:03 (18:43) 0:56 (36:47)
6.	Tage Ebbensgaard 3:20 (3:20) 5:59 (27:26) 0:34 (37:31)	2:23 (5:43) 2:28 (29:54)	Køge OK 3:32 (9:15) 2:19 (32:13)	37:31 +3:17 5:10 (14:25) 1:13 (33:26)	1:56 (16:21) 2:28 (35:54)	5:06 (21:27) 1:03 (36:57)
7.	Niels Landspørg 3:07 (3:07) 7:33 (27:20) 0:26 (37:38)	2:04 (5:11) 2:10 (29:30)	Tisvide Hegn OK 2:49 (8:00) 1:38 (31:08)	37:38 +3:24 5:56 (13:56) 2:58 (34:06)	1:28 (15:24) 2:11 (36:17)	4:23 (19:47) 0:55 (37:12)
8.	Jens Holmgaard 3:41 (3:41) 5:47 (27:27) 0:40 (38:31)	2:16 (5:57) 2:56 (30:23)	FIF Hillerød Orientering 2:49 (8:46) 2:24 (32:47)	38:31 +4:17 5:47 (14:33) 1:15 (34:02)	1:48 (16:21) 2:33 (36:35)	5:19 (21:40) 1:16 (37:51)
9.	Karsten Funder 3:08 (3:08) 8:34 (28:40) 0:39 (39:04)	2:07 (5:15) 2:48 (31:28)	FIF Hillerød Orientering 2:54 (8:09) 2:07 (33:35)	39:04 +4:50 4:45 (12:54) 1:15 (34:50)	1:55 (14:49) 2:38 (37:28)	5:17 (20:06) 0:57 (38:25)
10.	Per Christoffersen 4:28 (4:28) 8:00 (29:58) 0:34 (40:10)	2:10 (6:38) 3:14 (33:12)	Ballerup OK 3:07 (9:45) 2:13 (35:25)	40:10 +5:56 5:02 (14:47) 1:08 (36:33)	1:50 (16:37) 2:10 (38:43)	5:21 (21:58) 0:53 (39:36)
11.	Leif Sig 3:53 (3:53) 5:53 (29:17) 0:33 (40:26)	3:00 (6:53) 2:46 (32:03)	FIF Hillerød Orientering 3:13 (10:06) 2:27 (34:30)	40:26 +6:12 5:29 (15:35) 1:50 (36:20)	2:08 (17:43) 2:33 (38:53)	5:41 (23:24) 1:00 (39:53)
12.	Ulrik Danneskiold-Samsøe 3:49 (3:49) 7:20 (30:47) 0:31 (40:50)	1:51 (5:40) 2:57 (33:44)	Farum OK 3:01 (8:41) 2:01 (35:45)	40:50 +6:36 9:06 (17:47) 1:34 (37:19)	1:29 (19:16) 2:07 (39:26)	4:11 (23:27) 0:53 (40:19)
13.	Svend Mortensen 3:36 (3:36) 6:46 (29:17) 0:30 (41:33)	2:12 (5:48) 3:34 (32:51)	Tisvide Hegn OK 3:07 (8:55) 2:28 (35:19)	41:33 +7:19 6:24 (15:19) 1:51 (37:10)	1:50 (17:09) 2:50 (40:00)	5:22 (22:31) 1:03 (41:03)
14.	Jan Kristoffersen 3:40 (3:40) 6:07 (32:24) 0:24 (42:06)	3:01 (6:41) 2:12 (34:36)	Ballerup OK 3:11 (9:52) 2:03 (36:39)	42:06 +7:52 10:18 (20:10) 1:20 (37:59)	1:21 (21:31) 2:56 (40:55)	4:46 (26:17) 0:47 (41:42)
15.	Peter Werling 4:04 (4:04) 7:52 (30:13) 0:36 (43:11)	2:16 (6:20) 2:46 (32:59)	Søllerød OK 3:08 (9:28) 2:28 (35:27)	43:11 +8:57 6:18 (15:46) 1:52 (37:19)	1:36 (17:22) 3:52 (41:11)	4:59 (22:21) 1:24 (42:35)
16.	Egon Neregaard 4:01 (4:01) 10:20 (32:51) 0:38 (43:32)	2:32 (6:33) 2:53 (35:44)	Tisvide Hegn OK 3:14 (9:47) 2:02 (37:46)	43:32 +9:18 5:14 (15:01) 1:21 (39:07)	1:43 (16:44) 2:45 (41:52)	5:47 (22:31) 1:02 (42:54)
17.	Gert Bøgevig 4:18 (4:18) 6:27 (32:54) 0:39 (44:26)	2:42 (7:00) 3:07 (36:01)	Søllerød OK 3:59 (10:59) 2:51 (38:52)	44:26 +10:12 6:52 (17:51) 1:15 (40:07)	2:08 (19:59) 2:36 (42:43)	6:28 (26:27) 1:04 (43:47)
18.	Henning Løwenstein 4:34 (4:34) 6:39 (32:48) 0:38 (44:27)	2:50 (7:24) 3:10 (35:58)	FIF Hillerød Orientering 3:33 (10:57) 2:33 (38:31)	44:27 +10:13 7:13 (18:10) 1:32 (40:03)	2:00 (20:10) 2:40 (42:43)	5:59 (26:09) 1:06 (43:49)
19.	Jørgen Lund-Hansen 4:32 (4:32) 7:33 (32:46) 0:33 (45:00)	2:47 (7:19) 2:55 (35:41)	Farum OK 3:29 (10:48) 2:41 (38:22)	45:00 +10:46 6:03 (16:51) 1:56 (40:18)	1:50 (18:41) 2:52 (43:10)	6:32 (25:13) 1:17 (44:27)
20.	Kurt Valery 4:07 (4:07) 7:04 (32:16) 0:45 (45:21)	3:47 (7:54) 3:21 (35:37)	Tisvide Hegn OK 3:17 (11:11) 2:31 (38:08)	45:21 +11:07 5:38 (16:49) 1:50 (39:58)	2:04 (18:53) 3:21 (43:19)	6:19 (25:12) 1:17 (44:36)
21.	Jan Bartnik 4:32 (4:32) 7:20 (33:57) 0:43 (45:44)	2:46 (7:18) 3:10 (37:07)	Amager OK 4:04 (11:22) 2:22 (39:29)	45:44 +11:30 6:38 (18:00) 1:19 (40:48)	2:12 (20:12) 2:59 (43:47)	6:25 (26:37) 1:14 (45:01)
22.	Niels Conradsen 3:35 (3:35) 11:38 (35:12) 0:33 (45:49)	2:32 (6:07) 2:46 (37:58)	Søllerød OK 3:05 (9:12) 2:10 (40:08)	45:49 +11:35 6:22 (15:34) 1:12 (41:20)	1:59 (17:33) 2:37 (43:57)	6:01 (23:34) 1:19 (45:16)
23.	Erik Brühl 4:07 (4:07) 6:39 (33:14) 0:44 (46:41)	2:46 (6:53) 3:33 (36:47)	Søllerød OK 4:07 (11:00) 2:34 (39:21)	46:41 +12:27 6:27 (17:27) 1:33 (40:54)	2:15 (19:42) 3:38 (44:32)	6:53 (26:35) 1:25 (45:57)
23.	Jens Aaris Thisted 4:13 (4:13) 9:11 (33:31) 0:45 (46:41)	2:23 (6:36) 3:09 (36:40)	Søllerød OK 3:22 (9:58) 2:22 (39:02)	46:41 +12:27 6:02 (16:00) 2:05 (41:07)	2:06 (18:06) 3:14 (44:21)	6:14 (24:20) 1:35 (45:56)
25.	Kaj Rostvad 3:51 (3:51) 14:05 (36:22) 0:35 (47:15)	3:13 (7:04) 2:25 (38:47)	Søllerød OK 3:13 (10:17) 1:56 (40:43)	47:15 +13:01 4:59 (15:16) 1:24 (42:07)	1:44 (17:00) 3:39 (45:46)	5:17 (22:17) 0:54 (46:40)
26.	Mogens Jørgensen 5:15 (5:15) 6:57 (34:43) 0:44 (47:36)	3:25 (8:40) 3:19 (38:02)	Søllerød OK 3:51 (12:31) 2:35 (40:37)	47:36 +13:22 6:11 (18:42) 1:56 (42:33)	2:05 (20:47) 3:05 (45:38)	6:59 (27:46) 1:14 (46:52)

27.	Otto Kristensen 5:00 (5:00) 7:02 (33:40) 0:30 (48:07)	3:06 (8:06) 5:32 (39:12)	Køge OK 3:18 (11:24) 2:53 (42:05)	48:07 +13:53 6:33 (17:57) 1:34 (43:39)	2:40 (20:37) 2:57 (46:36)	6:01 (26:38) 1:01 (47:37)
28.	Sven Hedegaard 5:25 (5:25) 7:48 (38:07) 0:40 (51:28)	3:16 (8:41) 3:22 (41:29)	Allerød OK 4:22 (13:03) 3:35 (45:04)	51:28 +17:14 7:32 (20:35) 1:24 (46:28)	2:51 (23:26) 3:00 (49:28)	6:53 (30:19) 1:20 (50:48)
29.	Jens Saxtorph Kofod 5:26 (5:26) 5:10 (41:07) 0:30 (51:35)	4:53 (10:19) 2:21 (43:28)	OK ØST Birkerød 9:23 (19:42) 3:05 (46:33)	51:35 +17:21 4:59 (24:41) 1:18 (47:51)	1:28 (26:09) 2:19 (50:10)	9:48 (35:57) 0:55 (51:05)
30.	Svend Fladberg 5:30 (5:30) 10:21 (39:47) 0:40 (52:26)	3:11 (8:41) 3:18 (43:05)	Køge OK 4:15 (12:56) 3:22 (46:27)	52:26 +18:12 7:17 (20:13) 1:08 (47:35)	2:25 (22:38) 2:52 (50:27)	6:48 (29:26) 1:19 (51:46)
31.	Gunnar Lorenzen 5:09 (5:09) 8:12 (38:10) 0:48 (52:30)	4:12 (9:21) 3:33 (41:43)	Allerød OK 3:48 (13:09) 3:16 (44:59)	52:30 +18:16 7:54 (21:03) 1:44 (46:43)	2:19 (23:22) 3:28 (50:11)	6:36 (29:58) 1:31 (51:42)
32.	Poul Hansen 4:39 (4:39) 8:29 (38:21) 0:56 (52:44)	4:47 (9:26) 4:06 (42:27)	Farum OK 4:12 (13:38) 3:03 (45:30)	52:44 +18:30 6:59 (20:37) 1:30 (47:00)	2:26 (23:03) 3:23 (50:23)	6:49 (29:52) 1:25 (51:48)
33.	Erik Løvgren Jensen 13:59 (13:59) 7:00 (42:52) 0:34 (53:40)	2:22 (16:21) 2:34 (45:26)	Køge OK 3:05 (19:26) 2:35 (48:01)	53:40 +19:26 7:32 (26:58) 1:32 (49:33)	1:58 (28:56) 2:39 (52:12)	6:56 (35:52) 0:54 (53:06)
34.	Steen Winkler 3:32 (3:32) 5:46 (43:48) 0:35 (54:48)	8:18 (11:50) 2:53 (46:41)	FIF Hillerød Orientering 14:04 (25:54) 2:25 (49:06)	54:48 +20:34 5:14 (31:08) 1:29 (50:35)	1:29 (32:37) 2:36 (53:11)	5:25 (38:02) 1:02 (54:13)
35.	Per Mogens Petersen 5:11 (5:11) 8:25 (40:51) 0:42 (55:51)	3:58 (9:09) 4:04 (44:55)	OK ØST Birkerød 4:15 (13:24) 3:33 (48:28)	55:51 +21:37 7:44 (21:08) 1:39 (50:07)	2:28 (23:36) 3:45 (53:52)	8:50 (32:26) 1:17 (55:09)
36.	Erik Nielsen 5:07 (5:07) 7:49 (37:43) 0:43 (56:08)	3:11 (8:18) 3:47 (41:30)	Amager OK 4:04 (12:22) 6:07 (47:37)	56:08 +21:54 8:03 (20:25) 2:26 (50:03)	2:43 (23:08) 4:07 (54:10)	6:46 (29:54) 1:15 (55:25)
37.	Bendt Frandsen 4:42 (4:42) 21:41 (47:25) 0:38 (59:02)	2:27 (7:09) 2:53 (50:18)	Farum OK 3:21 (10:30) 2:44 (53:02)	59:02 +24:48 7:11 (17:41) 1:40 (54:42)	2:36 (20:17) 2:33 (57:15)	5:27 (25:44) 1:09 (58:24)
38.	Leo Mathiesen 5:40 (5:40) 9:00 (43:31) 0:46 (59:10)	3:20 (9:00) 4:27 (47:58)	FIF Hillerød Orientering 4:29 (13:29) 3:11 (51:09)	59:10 +24:56 10:10 (23:39) 1:52 (53:01)	2:43 (26:22) 3:36 (56:37)	8:09 (34:31) 1:47 (58:24)
39.	Palle Bay 5:02 (5:02) 8:31 (44:19) 0:42 (59:38)	7:13 (12:15) 4:29 (48:48)	Køge OK 4:46 (17:01) 3:18 (52:06)	59:38 +25:24 7:38 (24:39) 1:50 (53:56)	2:36 (27:15) 3:32 (57:28)	8:33 (35:48) 1:28 (58:56)
40.	Erik Lohse 5:47 (5:47) 18:49 (45:50) 0:36 (59:48)	2:26 (8:13) 5:24 (51:14)	OK ØST Birkerød 3:46 (11:59) 2:06 (53:20)	59:48 +25:34 7:29 (19:28) 2:10 (55:30)	1:41 (21:09) 2:39 (58:09)	5:52 (27:01) 1:03 (59:12)
41.	Leif Berg-sørensen 5:51 (5:51) 10:18 (46:14) 0:45 (59:55)	3:14 (9:05) 3:34 (49:48)	PI-København 4:38 (13:43) 3:13 (53:01)	59:55 +25:41 11:43 (25:26) 1:25 (54:26)	2:59 (28:25) 3:08 (57:34)	7:31 (35:56) 1:36 (59:10)
42.	Ole Rasmussen 9:31 (9:31) 10:03 (47:38) 0:37 (1:00:24)	4:24 (13:55) 3:31 (51:09)	Køge OK 3:25 (17:20) 3:00 (54:09)	1:00:24 +26:10 11:59 (29:19) 1:16 (55:25)	2:05 (31:24) 3:13 (58:38)	6:11 (37:35) 1:09 (59:47)
43.	Dan Haagerup 5:24 (5:24) 10:55 (43:42) 0:53 (1:00:25)	3:46 (9:10) 4:12 (47:54)	Tisvilde Hegn OK 4:20 (13:30) 3:55 (51:49)	1:00:25 +26:11 7:42 (21:12) 1:58 (53:47)	2:28 (23:40) 4:13 (58:00)	9:07 (32:47) 1:32 (59:32)
44.	Peter Sidenius 4:00 (4:00) 19:49 (49:55) 0:37 (1:03:31)	2:54 (6:54) 3:26 (53:21)	Farum OK 11:17 (18:11) 4:34 (57:55)	1:03:31 +29:17 5:35 (23:46) 1:03 (58:58)	1:23 (25:09) 2:58 (1:01:56)	4:57 (30:06) 0:58 (1:02:54)
45.	Ole Ring 6:52 (6:52) 8:39 (50:34) 0:49 (1:07:11)	4:44 (11:36) 3:54 (54:28)	OK Sorø 4:06 (15:42) 3:40 (58:08)	1:07:11 +32:57 13:56 (29:38) 2:58 (1:01:06)	3:17 (32:55) 3:42 (1:04:48)	9:00 (41:55) 1:34 (1:06:22)
46.	Niels Rørbech 5:49 (5:49) 8:53 (47:15) 0:51 (1:08:16)	4:39 (10:28) 4:30 (51:45)	Herlufsholm OK 4:57 (15:25) 3:36 (55:21)	1:08:16 +34:02 11:01 (26:26) 2:09 (57:30)	3:11 (29:37) 8:15 (1:05:45)	8:45 (38:22) 1:40 (1:07:25)
47.	Jens Buchardt 6:29 (6:29) 10:08 (50:29) 1:10 (1:08:29)	4:02 (10:31) 4:56 (55:25)	Allerød OK 5:33 (16:04) 4:07 (59:32)	1:08:29 +34:15 10:20 (26:24) 1:46 (1:01:18)	3:05 (29:29) 4:20 (1:05:38)	10:52 (40:21) 1:41 (1:07:19)
48.	Govert Heede 5:33 (5:33) 11:35 (51:01) 0:43 (1:08:46)	5:45 (11:18) 3:30 (54:31)	Ballerup OK 6:49 (18:07) 3:46 (58:17)	1:08:46 +34:32 12:07 (30:14) 2:18 (1:00:35)	2:40 (32:54) 6:15 (1:06:50)	6:32 (39:26) 1:13 (1:08:03)
49.	Gunnar Tamberg 5:50 (5:50) 13:23 (51:02) 0:57 (1:08:55)	5:31 (11:21) 4:04 (55:06)	Ballerup OK 4:44 (16:05) 3:31 (58:37)	1:08:55 +34:41 9:01 (25:06) 3:05 (1:01:42)	3:40 (28:46) 4:02 (1:05:44)	8:53 (37:39) 2:14 (1:07:58)
49.	Henning Busenius-Larsen 6:15 (6:15) 11:42 (49:33) 0:46 (1:08:55)	3:50 (10:05) 5:11 (54:44)	OK Sorø 5:38 (15:43) 4:55 (59:39)	1:08:55 +34:41 9:53 (25:36) 2:21 (1:02:00)	3:17 (28:53) 3:59 (1:06:59)	8:58 (37:51) 2:10 (1:08:09)

51.	Finn Hultengren 6:57 (6:57) 11:36 (55:40) 0:45 (1:14:07)	3:46 (10:43) 5:47 (1:01:27)	Ballerup OK 5:17 (16:00) 4:02 (1:05:29)	1:14:07 +39:53 10:51 (26:51) 1:53 (1:07:22)	6:57 (33:48) 3:57 (1:11:19)	10:16 (44:04) 2:03 (1:13:22)
52.	Peter Leander 9:07 (9:07) 9:58 (58:11) 0:50 (1:16:23)	4:18 (13:25) 5:04 (1:03:15)	Køge OK 5:25 (18:50) 4:12 (1:07:27)	1:16:23 +42:09 16:14 (35:04) 1:52 (1:09:19)	3:00 (38:04) 4:17 (1:13:36)	10:09 (48:13) 1:57 (1:15:33)
53.	Arne Grøndahl 7:28 (7:28) 12:00 (56:19) 1:20 (1:17:22)	4:30 (11:58) 5:27 (1:01:46)	Søllerød OK 6:12 (18:10) 4:53 (1:06:39)	1:17:22 +43:08 11:07 (29:17) 2:16 (1:08:55)	4:55 (34:12) 5:12 (1:14:07)	10:07 (44:19) 1:55 (1:16:02)
54.	Arne Steen Sørensen 11:40 (11:40) 10:34 (1:03:22) 0:40 (1:20:27)	2:38 (14:18) 3:29 (1:06:51)	OK ØST Birkerød 13:42 (28:00) 3:21 (1:10:12)	1:20:27 +46:13 15:27 (43:27) 2:17 (1:12:29)	2:14 (45:41) 6:12 (1:18:41)	7:07 (52:48) 1:06 (1:19:47)
55.	Erling Hansen 6:45 (6:45) 12:23 (1:05:26) 1:06 (1:26:31)	4:22 (11:07) 5:44 (1:11:10)	Køge OK 13:08 (24:15) 4:43 (1:15:53)	1:26:31 +52:17 13:05 (37:20) 2:13 (1:18:06)	4:23 (41:43) 5:17 (1:23:23)	11:20 (53:03) 2:02 (1:25:25)
56.	Niels Keiding 11:36 (11:36) 16:11 (1:21:15) 1:19 (1:51:21)	5:35 (17:11) 9:13 (1:30:28)	FIF Hillerød Orientering 7:30 (24:41) 5:55 (1:36:23)	1:51:21 +77:07 15:06 (39:47) 3:18 (1:39:41)	9:05 (48:52) 7:48 (1:47:29)	16:12 (1:05:04) 2:33 (1:50:02)
	Jørn Wigh 4:20 (4:20) 10:14 (35:01) 0:42 (46:03)	3:55 (8:15) – (–)	Søllerød OK 3:37 (11:52) – (40:06)	Fejlklip 5:17 (17:09) 1:15 (41:21)	1:46 (18:55) 2:49 (44:10)	5:52 (24:47) 1:11 (45:21)
	Lasse Schnack 3:54 (3:54) 6:26 (31:35) 0:36 (42:57)	4:07 (8:01) 3:35 (35:10)	OK ØST Birkerød 2:43 (10:44) 2:55 (38:05)	Fejlklip 7:41 (18:25) – (–)	1:47 (20:12) – (41:23)	4:57 (25:09) 0:58 (42:21)
	Søren Jensen – (–) 14:33 (47:44) 0:49 (1:02:42)	– (10:12) 3:42 (51:26)	PI-København 5:02 (15:14) 3:14 (54:40)	Fejlklip 8:01 (23:15) 1:41 (56:21)	2:33 (25:48) 4:03 (1:00:24)	7:23 (33:11) 1:29 (1:01:53)
	Bent Børsting Flemming Olsen Kurt Dose Niels Lund Ole Christiansen Ole Husen Steffen Nilsson Viggo Hansen		Herlufsholm OK OK Sorø Køge OK Søllerød OK Farum OK Farum OK Køge OK Ballerup OK	Ej startet Ej startet Ej startet Ej startet Ej startet Ej startet Ej startet Ej startet		
H14			(15 / 15)	Tid Efter		
1.	Gustav L. Holmberg 2:12 (2:12) 1:03 (15:08) 1:51 (26:12)	1:08 (3:20) 2:23 (17:31) 1:56 (28:08)	FIF Hillerød Orientering 1:30 (4:50) 2:02 (19:33) 0:38 (28:46)	29:09 2:36 (7:26) 1:18 (20:51) 0:23 (29:09)	4:17 (11:43) 1:04 (21:55)	2:22 (14:05) 2:26 (24:21)
2.	Tobias Olloz 2:44 (2:44) 1:37 (16:20) 1:45 (28:57)	1:27 (4:11) 2:34 (18:54) 2:16 (31:13)	Tisvilde Hegn OK 1:30 (5:41) 2:09 (21:03) 0:43 (31:56)	32:26 +3:17 2:37 (8:18) 1:41 (22:44) 0:30 (32:26)	3:23 (11:41) 1:34 (24:18)	3:02 (14:43) 2:54 (27:12)
3.	Johannes Marager 4:42 (4:42) 1:32 (18:23) 2:05 (31:01)	1:32 (6:14) 2:37 (21:00) 2:08 (33:09)	Allerød OK 1:28 (7:42) 2:01 (23:01) 0:41 (33:50)	34:18 +5:09 2:39 (10:21) 1:44 (24:45) 0:28 (34:18)	3:22 (13:43) 1:31 (26:16)	3:08 (16:51) 2:40 (28:56)
4.	Albert Nørgaard Landsperg 2:43 (2:43) 1:35 (17:12) 2:09 (30:47)	1:41 (4:24) 2:30 (19:42) 2:34 (33:21)	Tisvilde Hegn OK 2:01 (6:25) 2:29 (22:11) 0:49 (34:10)	34:34 +5:25 3:05 (9:30) 1:38 (23:49) 0:24 (34:34)	3:10 (12:40) 1:51 (25:40)	2:57 (15:37) 2:58 (28:38)
5.	Jens Storm Lyngsø 2:37 (2:37) 1:33 (19:29) 1:53 (34:01)	1:55 (4:32) 3:02 (22:31) 2:29 (36:30)	Allerød OK 2:01 (6:33) 2:27 (24:58) 0:52 (37:22)	37:48 +8:39 3:18 (9:51) 1:58 (26:56) 0:26 (37:48)	3:53 (13:44) 1:34 (28:30)	4:12 (17:56) 3:38 (32:08)
6.	Oscar Rytter Larsen 3:01 (3:01) 1:55 (18:18) 2:07 (34:34)	1:32 (4:33) 2:51 (21:09) 2:31 (37:05)	Farum OK 2:14 (6:47) 2:14 (23:23) 0:44 (37:49)	38:14 +9:05 2:39 (9:26) 2:16 (25:39) 0:25 (38:14)	3:23 (12:49) 3:33 (29:12)	3:34 (16:23) 3:15 (32:27)
7.	Marinus Næstoft Juhl 4:24 (4:24) 1:45 (20:43) 2:25 (35:14)	1:53 (6:17) 2:38 (23:21) 2:47 (38:01)	Søllerød OK 2:19 (8:36) 2:20 (25:41) 0:53 (38:54)	39:18 +10:09 2:58 (11:34) 1:59 (27:40) 0:24 (39:18)	3:48 (15:22) 1:48 (29:28)	3:36 (18:58) 3:21 (32:49)
8.	Filip Nielsen 3:04 (3:04) 2:00 (20:30) 2:36 (35:48)	1:44 (4:48) 2:50 (23:20) 2:27 (38:15)	Farum OK 2:49 (7:37) 2:16 (25:36) 1:01 (39:16)	39:38 +10:29 2:57 (10:34) 2:01 (27:37) 0:22 (39:38)	4:24 (14:58) 2:10 (29:47)	3:32 (18:30) 3:25 (33:12)
9.	Marius Snedker Storgaard 6:36 (6:36) 1:50 (22:02) 2:23 (37:08)	1:23 (7:59) 3:02 (25:04) 2:58 (40:06)	Farum OK 3:08 (11:07) 2:41 (27:45) 2:02 (42:08)	42:37 +13:28 2:47 (13:54) 1:51 (29:36) 0:29 (42:37)	3:10 (17:04) 1:46 (31:22)	3:08 (20:12) 3:23 (34:45)
10.	Sebastian Røysland Maltby 4:44 (4:44) 1:55 (21:37) 2:59 (38:14)	1:34 (6:18) 3:36 (25:13) 3:06 (41:20)	Søllerød OK 2:30 (8:48) 2:38 (27:51) 1:07 (42:27)	42:51 +13:42 3:56 (12:44) 1:58 (29:49) 0:24 (42:51)	3:24 (16:08) 2:01 (31:50)	3:34 (19:42) 3:25 (35:15)
11.	Anders Koch Meldgaard 4:34 (4:34) 1:44 (23:56) 2:38 (39:59)	1:51 (6:25) 2:26 (26:22) 2:35 (42:34)	FIF Hillerød Orientering 3:24 (9:49) 2:05 (28:27) 0:46 (43:20)	43:42 +14:33 3:05 (12:54) 1:47 (30:14) 0:22 (43:42)	6:23 (19:17) 1:34 (31:48)	2:55 (22:12) 5:33 (37:21)
12.	Gustav Kjær Hemmingsen 2:59 (2:59) 3:17 (22:15) 4:03 (42:29)	1:41 (4:40) 3:28 (25:43) 3:55 (46:24)	FIF Hillerød Orientering 1:29 (6:09) 2:55 (28:38) 0:56 (47:20)	47:49 +18:40 2:50 (8:59) 2:54 (31:32) 0:29 (47:49)	6:07 (15:06) 2:26 (33:58)	3:52 (18:58) 4:28 (38:26)
13.	Daniel Egekvist 3:56 (3:56) 2:56 (25:39) 2:47 (44:16)	1:53 (5:49) 3:45 (29:24) 3:01 (47:17)	FIF Hillerød Orientering 4:23 (10:12) 3:12 (32:36) 0:53 (48:10)	48:40 +19:31 3:05 (13:17) 1:53 (34:29) 0:30 (48:40)	5:09 (18:26) 1:23 (35:52)	4:17 (22:43) 5:37 (41:29)

14.	Thea Hoffmann		OK Sorø	53:10	+24:01		
	3:26 (3:26)	1:54 (5:20)	2:41 (8:01)	3:43 (11:44)		5:22 (17:06)	4:50 (21:56)
	2:39 (24:35)	4:04 (28:39)	5:35 (34:14)	2:25 (36:39)		2:12 (38:51)	5:14 (44:05)
	3:05 (47:10)	4:30 (51:40)	1:04 (52:44)	0:26 (53:10)			
15.	Tom Hansen		Uden klub	4:22:41	+233:32		
	- (3:38:20)	1:40 (3:40:00)	2:26 (3:42:26)	3:55 (3:46:21)		4:07 (3:50:28)	3:58 (3:54:26)
	2:01 (3:56:27)	4:18 (4:00:45)	2:50 (4:03:35)	1:56 (4:05:31)		2:18 (4:07:49)	6:57 (4:14:46)
	2:34 (4:17:20)	3:51 (4:21:11)	0:59 (4:22:10)	0:31 (4:22:41)			

H16B		(3 / 3)		Tid	Efter		
1.	Lasse Alkjær Eriksen		FIF Hillerød Orientering	41:42			
	2:56 (2:56)	1:51 (4:47)	2:02 (6:49)	3:01 (9:50)		6:46 (16:36)	3:51 (20:27)
	1:43 (22:10)	3:12 (25:22)	2:15 (27:37)	2:01 (29:38)		1:55 (31:33)	3:28 (35:01)
	2:40 (37:41)	2:48 (40:29)	0:52 (41:21)	0:21 (41:42)			
2.	Kasper Skyttø		Farum OK	57:16	+15:34		
	6:09 (6:09)	2:29 (8:38)	3:33 (12:11)	4:03 (16:14)		6:51 (23:05)	4:35 (27:40)
	2:24 (30:04)	3:55 (33:59)	3:50 (37:49)	2:46 (40:35)		1:49 (42:24)	5:41 (48:05)
	2:56 (51:01)	4:28 (56:29)	1:18 (56:47)	0:29 (57:16)			
3.	Thomas Valdemar Graae		Søllerød OK	1:04:22	+22:40		
	5:53 (5:53)	2:13 (8:06)	2:37 (10:43)	4:43 (15:26)		6:52 (22:18)	6:05 (28:23)
	3:13 (31:36)	5:58 (37:34)	3:33 (41:07)	3:11 (44:18)		3:13 (47:31)	6:47 (54:18)
	3:52 (58:10)	4:32 (1:02:42)	1:12 (1:03:54)	0:28 (1:04:22)			

H20B		(6 / 6)		Tid	Efter		
1.	Mikkel Lau Petersen		Allerød OK	24:00			
	1:55 (1:55)	1:06 (3:01)	1:06 (4:07)	1:56 (6:03)		2:28 (8:31)	2:09 (10:40)
	1:04 (11:44)	1:54 (13:38)	1:46 (15:24)	1:13 (16:37)		1:01 (17:38)	2:11 (19:49)
	1:08 (20:57)	2:04 (23:01)	0:35 (23:36)	0:24 (24:00)			
2.	Andreas Alkjær Eriksen		FIF Hillerød Orientering	30:13	+6:13		
	2:33 (2:33)	1:20 (3:53)	2:19 (6:12)	2:29 (8:41)		2:41 (11:22)	2:43 (14:05)
	1:32 (15:37)	2:18 (17:55)	1:48 (19:43)	1:35 (21:18)		1:25 (22:43)	2:50 (25:33)
	1:34 (27:07)	2:01 (29:08)	0:43 (29:51)	0:22 (30:13)			
3.	Thor Find Andersen		Søllerød OK	36:18	+12:18		
	2:43 (2:43)	1:20 (4:03)	1:21 (5:24)	3:46 (9:10)		2:59 (12:09)	5:14 (17:23)
	1:31 (18:54)	2:46 (21:40)	2:28 (24:08)	1:45 (25:53)		1:19 (27:12)	3:05 (30:17)
	1:52 (32:09)	2:46 (34:55)	0:51 (35:46)	0:32 (36:18)			
4.	Jens K. Larsen		Søllerød OK	38:02	+14:02		
	4:06 (4:06)	1:31 (5:37)	2:18 (7:55)	3:00 (10:55)		3:57 (14:52)	3:42 (18:34)
	1:28 (20:02)	2:31 (22:33)	2:15 (24:48)	1:59 (26:47)		1:29 (28:16)	3:20 (31:36)
	2:29 (34:05)	2:45 (36:50)	0:44 (37:34)	0:28 (38:02)			
5.	Jon Bjarke Sørensen		Allerød OK	41:44	+17:44		
	4:17 (4:17)	1:34 (5:51)	1:46 (7:37)	3:46 (11:23)		4:17 (15:40)	3:49 (19:29)
	1:38 (21:07)	2:57 (24:04)	2:52 (26:56)	1:57 (28:53)		2:24 (31:17)	3:41 (34:58)
	2:32 (37:30)	2:50 (40:20)	1:00 (41:20)	0:24 (41:44)			
6.	Per Lybek Schaltz		Ballerup OK	52:09	+28:09		
	3:46 (3:46)	2:18 (6:04)	4:22 (10:26)	3:18 (13:44)		4:27 (18:11)	4:21 (22:32)
	2:03 (24:35)	3:57 (28:32)	3:16 (31:48)	2:32 (34:20)		2:24 (36:44)	7:39 (44:23)
	3:37 (48:00)	2:51 (50:51)	0:57 (51:48)	0:21 (52:09)			

H21B		(5 / 5)		Tid	Efter		
1.	Mads Lassen		Søllerød OK	41:03			
	2:57 (2:57)	1:32 (4:29)	3:51 (8:20)	3:10 (11:30)		3:42 (15:12)	3:40 (18:52)
	2:05 (20:57)	2:59 (23:56)	2:42 (26:38)	2:22 (29:00)		1:39 (30:39)	4:06 (34:45)
	2:26 (37:11)	2:32 (39:43)	0:51 (40:34)	0:29 (41:03)			
2.	Henrik Eiberg		Søllerød OK	42:19	+1:16		
	3:16 (3:16)	1:29 (4:45)	2:13 (6:58)	2:47 (9:45)		3:22 (13:07)	3:14 (16:21)
	3:04 (19:25)	3:30 (22:55)	2:16 (25:11)	1:47 (26:58)		2:19 (29:17)	3:07 (32:24)
	3:33 (35:57)	4:39 (40:36)	1:18 (41:54)	0:25 (42:19)			
3.	Mathias Jørgen Larsen		PI-København	54:33	+13:30		
	3:29 (3:29)	2:04 (5:33)	2:18 (7:51)	4:00 (11:51)		7:21 (19:12)	5:24 (24:36)
	2:23 (26:59)	4:09 (31:08)	2:52 (34:00)	2:19 (36:19)		2:20 (38:39)	4:01 (42:40)
	2:50 (45:30)	7:15 (52:45)	1:12 (53:57)	0:36 (54:33)			
4.	Benjamin Trock		Amager OK	57:20	+16:17		
	2:34 (2:34)	1:31 (4:05)	23:38 (27:43)	2:15 (29:58)		3:18 (33:16)	3:08 (36:24)
	2:17 (38:41)	2:59 (41:40)	1:53 (43:33)	1:33 (45:06)		1:28 (46:34)	5:31 (52:05)
	1:48 (53:53)	2:21 (56:14)	0:39 (56:53)	0:27 (57:20)			
5.	Emil Pedersen		Køge OK	1:19:09	+38:06		
	9:17 (9:17)	1:41 (10:58)	2:14 (13:12)	2:59 (16:11)		19:03 (35:14)	3:46 (39:00)
	2:40 (41:40)	3:30 (45:10)	3:22 (48:32)	2:13 (50:45)		5:12 (55:57)	9:39 (1:05:36)
	3:15 (1:08:51)	8:46 (1:17:37)	1:07 (1:18:44)	0:25 (1:19:09)			

H35B		(36 / 36)		Tid	Efter		
1.	Dennis Øbro		Tisvide Hegn OK	31:55			
	2:47 (2:47)	1:32 (4:19)	1:40 (5:59)	2:34 (8:33)		2:53 (11:26)	3:07 (14:33)
	1:27 (16:00)	2:43 (18:43)	1:57 (20:40)	1:36 (22:16)		1:24 (23:40)	2:59 (26:39)
	1:49 (28:28)	2:18 (30:46)	0:42 (31:28)	0:27 (31:55)			
2.	Steen T. Hasholt		Allerød OK	32:50	+0:55		
	2:57 (2:57)	1:35 (4:32)	1:33 (6:05)	2:38 (8:43)		3:15 (11:58)	3:01 (14:59)
	1:27 (16:26)	2:32 (18:58)	1:56 (20:54)	1:43 (22:37)		1:14 (23:51)	2:45 (26:36)
	2:36 (29:12)	2:26 (31:38)	0:45 (32:23)	0:27 (32:50)			
3.	Martin Hjorth		Ballerup OK	33:11	+1:16		
	2:26 (2:26)	1:26 (3:52)	2:30 (6:22)	2:37 (8:59)		3:14 (12:13)	3:18 (15:31)
	1:33 (17:04)	2:19 (19:23)	2:14 (21:37)	1:46 (23:23)		1:31 (24:54)	2:56 (27:50)
	1:59 (29:49)	2:17 (32:06)	0:41 (32:47)	0:24 (33:11)			
4.	Michael H. Petersen		Tisvide Hegn OK	33:32	+1:37		
	2:29 (2:29)	1:24 (3:53)	2:20 (6:13)	2:48 (9:01)		2:56 (11:57)	3:18 (15:15)
	1:37 (16:52)	2:38 (19:30)	2:08 (21:38)	1:59 (23:37)		1:42 (25:19)	3:08 (28:27)
	1:30 (29:57)	2:23 (32:20)	0:47 (33:07)	0:25 (33:32)			
5.	Troels Juhl		Søllerød OK	33:52	+1:57		
	2:49 (2:49)	1:21 (4:10)	1:59 (6:09)	2:32 (8:41)		3:24 (12:05)	2:47 (14:52)
	1:26 (16:18)	2:55 (19:13)	2:02 (21:15)	1:43 (22:58)		1:57 (24:55)	2:57 (27:52)
	2:26 (30:18)	2:36 (32:54)	0:36 (33:30)	0:22 (33:52)			
6.	Martin Ullitz		Farum OK	35:16	+3:21		
	2:34 (2:34)	1:24 (3:58)	2:58 (6:56)	2:28 (9:24)		3:55 (13:19)	3:04 (16:23)
	1:52 (18:15)	2:49 (21:04)	1:52 (22:56)	1:32 (24:28)		1:46 (26:14)	3:25 (29:39)
	2:12 (31:51)	2:11 (34:02)	0:48 (34:50)	0:26 (35:16)			
7.	Steen Knuhtsen		Søllerød OK	37:24	+5:29		

	4:15 (4:15)	1:28 (5:43)	3:03 (8:46)	2:33 (11:19)	4:32 (15:51)	2:58 (18:49)
	1:21 (20:10)	2:46 (22:56)	2:07 (25:03)	1:50 (26:53)	1:21 (28:14)	3:19 (31:33)
	1:50 (33:23)	2:48 (36:11)	0:47 (36:58)	0:26 (37:24)		
8.	Christian Matzen		Allerød OK	37:30	+5:35	
	3:59 (3:59)	1:27 (5:26)	2:59 (8:25)	3:13 (11:38)	3:35 (15:13)	3:23 (18:36)
	1:34 (20:10)	2:35 (22:45)	2:14 (24:59)	1:41 (26:40)	2:01 (28:41)	3:01 (31:42)
	1:36 (33:18)	2:38 (35:56)	1:10 (37:06)	0:24 (37:30)		
9.	Klaus Nielsen		Farum OK	38:21	+6:26	
	2:57 (2:57)	1:38 (4:35)	1:44 (6:19)	3:04 (9:23)	3:40 (13:03)	3:31 (16:34)
	1:44 (18:18)	2:34 (20:52)	2:09 (23:01)	3:03 (26:04)	1:39 (27:43)	3:24 (31:07)
	2:22 (33:29)	3:25 (36:54)	0:53 (37:47)	0:34 (38:21)		
10.	Lars Stegmann		Herlufsholm OK	38:56	+7:01	
	3:08 (3:08)	1:54 (5:02)	2:23 (7:25)	2:45 (10:10)	3:15 (13:25)	2:51 (16:16)
	1:32 (17:48)	2:39 (20:27)	3:17 (23:44)	1:31 (25:15)	2:16 (27:31)	4:42 (32:13)
	2:12 (34:25)	3:16 (37:41)	0:52 (38:33)	0:23 (38:56)		
11.	Karsten Jørgensen		PI-København	38:59	+7:04	
	3:13 (3:13)	1:40 (4:53)	1:50 (6:43)	3:08 (9:51)	3:40 (13:31)	3:36 (17:07)
	1:56 (19:03)	3:09 (22:12)	2:29 (24:41)	2:04 (26:45)	1:48 (28:33)	4:23 (32:56)
	1:54 (34:50)	2:42 (37:32)	0:56 (38:28)	0:31 (38:59)		
12.	Jan Sørensen		OK Sorø	39:20	+7:25	
	3:14 (3:14)	1:40 (4:54)	2:41 (7:35)	3:08 (10:43)	3:31 (14:14)	3:51 (18:05)
	1:39 (19:44)	3:14 (22:58)	2:51 (25:49)	2:09 (27:58)	1:45 (29:43)	3:23 (33:06)
	1:52 (34:58)	3:10 (38:08)	0:44 (38:52)	0:28 (39:20)		
13.	Louis Steintal		FIF Hillerød Orientering	42:49	+10:54	
	3:37 (3:37)	1:45 (5:22)	2:35 (7:57)	2:49 (10:46)	3:45 (14:31)	3:32 (18:03)
	1:38 (19:41)	3:06 (22:47)	2:06 (24:53)	1:56 (26:49)	3:27 (30:16)	6:06 (36:22)
	1:41 (38:03)	3:12 (41:15)	1:11 (42:26)	0:23 (42:49)		
14.	John Barnewitz		Køge OK	43:18	+11:23	
	7:13 (7:13)	2:05 (9:18)	4:43 (14:01)	2:52 (16:53)	3:04 (19:57)	3:44 (23:41)
	1:36 (25:17)	2:47 (28:04)	2:11 (30:15)	1:46 (32:01)	1:57 (33:58)	3:03 (37:01)
	1:45 (38:46)	3:19 (42:05)	0:46 (42:51)	0:27 (43:18)		
15.	Bo Brinkmann		Køge OK	43:39	+11:44	
	3:17 (3:17)	1:55 (5:12)	2:24 (7:36)	3:11 (10:47)	4:03 (14:50)	4:23 (19:13)
	1:54 (21:07)	3:15 (24:22)	3:09 (27:31)	2:11 (29:42)	2:11 (31:53)	4:34 (36:27)
	2:13 (38:40)	3:30 (42:10)	0:53 (43:03)	0:36 (43:39)		
16.	Simon Mundus		Herlufsholm OK	44:18	+12:23	
	3:05 (3:05)	1:32 (4:37)	1:59 (6:36)	2:55 (9:31)	4:06 (13:37)	4:09 (17:46)
	1:55 (19:41)	2:54 (22:35)	3:14 (25:49)	1:43 (27:32)	3:21 (30:53)	4:42 (35:35)
	3:49 (39:24)	3:36 (43:00)	0:56 (43:56)	0:22 (44:18)		
17.	Karl Kristian Hartmeyer		FIF Hillerød Orientering	44:31	+12:36	
	3:06 (3:06)	1:59 (5:05)	3:21 (8:26)	3:06 (11:32)	4:14 (15:46)	4:05 (19:51)
	2:01 (21:52)	4:41 (26:33)	2:43 (29:16)	2:16 (31:32)	2:52 (34:24)	3:51 (38:15)
	1:53 (40:08)	3:01 (43:09)	0:52 (44:01)	0:30 (44:31)		
18.	Henrik Poulsen		FIF Hillerød Orientering	46:33	+14:38	
	3:26 (3:26)	2:10 (5:36)	2:28 (8:04)	5:25 (13:29)	4:27 (17:56)	4:06 (22:02)
	2:05 (24:07)	3:42 (27:49)	2:49 (30:38)	2:19 (32:57)	2:00 (34:57)	4:31 (39:28)
	2:07 (41:35)	3:17 (44:52)	1:08 (46:00)	0:33 (46:33)		
19.	Erik Skriver		PI-København	46:36	+14:41	
	3:54 (3:54)	2:08 (6:02)	2:58 (9:00)	3:34 (12:34)	4:57 (17:31)	4:26 (21:57)
	2:09 (24:06)	3:47 (27:53)	2:52 (30:45)	2:26 (33:11)	1:52 (35:03)	4:19 (39:22)
	2:09 (41:31)	3:18 (44:49)	1:11 (46:00)	0:36 (46:36)		
20.	Tom Hansen		Køge OK	47:41	+15:46	
	3:20 (3:20)	1:40 (5:00)	2:26 (7:26)	3:55 (11:21)	4:07 (15:28)	3:58 (19:26)
	2:01 (21:27)	4:18 (25:45)	2:50 (28:35)	1:56 (30:31)	2:18 (32:49)	6:57 (39:46)
	2:34 (42:20)	3:51 (46:11)	0:59 (47:10)	0:31 (47:41)		
21.	Michael Wraa		Tisvilde Hegn OK	48:53	+16:58	
	3:37 (3:37)	2:09 (5:46)	2:09 (7:55)	3:55 (11:50)	4:44 (16:34)	5:18 (21:52)
	2:15 (24:07)	3:53 (28:00)	3:11 (31:11)	2:46 (33:57)	2:06 (36:03)	4:54 (40:57)
	2:23 (43:20)	3:45 (47:05)	1:11 (48:16)	0:37 (48:53)		
22.	Daniel Nørgaard Bachmann		Amager OK	50:24	+18:29	
	4:46 (4:46)	2:03 (6:49)	6:27 (13:16)	3:50 (17:06)	4:05 (21:11)	3:52 (25:03)
	2:03 (27:06)	3:44 (30:50)	2:58 (33:48)	2:31 (36:19)	2:07 (38:26)	4:29 (42:55)
	2:48 (45:43)	3:03 (48:46)	1:02 (49:48)	0:36 (50:24)		
23.	Henrik Johansen		Køge OK	50:37	+18:42	
	3:36 (3:36)	1:45 (5:21)	2:32 (7:53)	3:23 (11:16)	4:35 (15:51)	3:59 (19:50)
	2:32 (22:22)	3:52 (26:14)	3:37 (29:51)	2:01 (31:52)	2:33 (34:25)	9:07 (43:32)
	2:27 (45:59)	3:09 (49:08)	1:02 (50:10)	0:27 (50:37)		
24.	Mikael Scheby		OK Sorø	52:58	+21:03	
	7:10 (7:10)	1:24 (8:34)	2:03 (10:37)	2:59 (13:36)	4:40 (18:16)	6:18 (24:34)
	1:42 (26:16)	3:00 (29:16)	2:31 (31:47)	1:57 (33:44)	2:17 (36:01)	7:12 (43:13)
	2:50 (46:03)	5:39 (51:42)	0:46 (52:28)	0:30 (52:58)		
25.	Dan Eriksen		Tisvilde Hegn OK	53:58	+22:03	
	6:53 (6:53)	1:32 (8:25)	4:28 (12:53)	2:33 (15:26)	3:05 (18:31)	3:21 (21:52)
	2:26 (24:18)	3:37 (27:55)	4:17 (32:12)	1:46 (33:58)	6:31 (40:29)	5:48 (46:17)
	2:27 (48:44)	3:55 (52:39)	0:55 (53:34)	0:24 (53:58)		
26.	Jesper Carlsson		Køge OK	54:14	+22:19	
	4:13 (4:13)	2:03 (6:16)	3:17 (9:33)	4:08 (13:41)	3:57 (17:38)	4:14 (21:52)
	1:42 (23:34)	3:54 (27:28)	2:54 (30:22)	3:25 (33:47)	1:55 (35:42)	10:06 (45:48)
	2:57 (48:45)	3:59 (52:44)	1:05 (53:49)	0:25 (54:14)		
27.	Henrik Jørgensen		Allerød OK	54:20	+22:25	
	3:45 (3:45)	2:13 (5:58)	3:10 (9:08)	4:09 (13:17)	4:51 (18:08)	5:03 (23:11)
	2:37 (25:48)	4:25 (30:13)	3:30 (33:43)	2:33 (36:16)	2:40 (38:56)	5:04 (44:00)
	3:57 (47:57)	4:35 (52:32)	1:14 (53:46)	0:34 (54:20)		
28.	René Tabanera		Søllerød OK	56:45	+24:50	
	3:06 (3:06)	2:00 (5:06)	3:01 (8:07)	4:21 (12:28)	9:11 (21:39)	4:27 (26:06)
	2:20 (28:26)	4:23 (32:49)	3:05 (35:54)	2:54 (38:48)	5:41 (44:29)	3:39 (48:08)
	3:29 (51:37)	3:48 (55:25)	0:52 (56:17)	0:28 (56:45)		
29.	Peter Krogh		OK ØST Birkerød	57:27	+25:32	
	5:43 (5:43)	3:17 (9:00)	4:25 (13:25)	4:52 (18:17)	5:22 (23:39)	5:55 (29:34)
	2:21 (31:55)	3:56 (35:51)	3:05 (38:56)	2:46 (41:42)	2:16 (43:58)	5:10 (49:08)
	2:30 (51:38)	3:43 (55:21)	1:19 (56:40)	0:47 (57:27)		
30.	Anders Bjerregaard Christensen		Tisvilde Hegn OK	57:28	+25:33	
	4:54 (4:54)	1:45 (6:39)	2:21 (9:00)	3:16 (12:16)	11:48 (24:04)	9:52 (33:56)
	1:42 (35:38)	2:45 (38:23)	2:39 (41:02)	2:38 (43:40)	1:55 (45:35)	6:03 (51:38)
	1:49 (53:27)	2:35 (56:02)	0:59 (57:01)	0:27 (57:28)		
31.	Jørgen Luxhøj		Søllerød OK	1:09:23	+37:28	

	4:22 (4:22)	2:53 (7:15)	4:05 (11:20)	4:54 (16:14)	6:08 (22:22)	6:43 (29:05)
	3:16 (32:21)	6:19 (38:40)	4:30 (43:10)	3:54 (47:04)	3:07 (50:11)	7:11 (57:22)
	3:40 (1:01:02)	5:32 (1:06:34)	1:58 (1:08:32)	0:51 (1:09:23)		
32.	Karsten Hørring Riegels		Ballerup OK	1:18:05 +46:10		
	3:25 (3:25)	4:00 (7:25)	11:50 (19:15)	12:05 (31:20)	5:08 (36:28)	8:23 (44:51)
	2:24 (47:15)	3:50 (51:05)	2:56 (54:01)	2:19 (56:20)	3:35 (59:55)	8:13 (1:08:08)
	2:47 (1:10:55)	5:38 (1:16:33)	1:05 (1:17:38)	0:27 (1:18:05)		
33.	Kim Arendal Andersen		Amager OK	1:30:08 +58:13		
	29:19 (29:19)	2:55 (32:14)	4:14 (36:28)	5:35 (42:03)	4:54 (46:57)	4:55 (51:52)
	6:24 (58:16)	4:30 (1:02:46)	3:08 (1:05:54)	2:29 (1:08:23)	3:21 (1:11:44)	6:50 (1:18:34)
	3:16 (1:21:50)	6:14 (1:28:04)	1:31 (1:29:35)	0:33 (1:30:08)		
34.	Poul Gregersen		Ballerup OK	1:32:13 +60:18		
	6:58 (6:58)	3:00 (9:58)	4:33 (14:31)	18:17 (32:48)	9:37 (42:25)	6:37 (49:02)
	3:04 (52:06)	6:24 (58:30)	4:32 (1:03:02)	3:42 (1:06:44)	2:52 (1:09:36)	7:27 (1:17:03)
	5:18 (1:22:21)	6:48 (1:29:09)	1:56 (1:31:05)	1:08 (1:32:13)		
	Bo Christiansen		Farum OK	Ej startet		
	Tøger Gralle Nørgaard		Amager OK	Ej startet		
D12			(9 / 9)	Tid Efter		
1.	Karen Mathilde Markussen		Allerød OK	21:56		
	2:20 (2:20)	2:13 (4:33)	1:47 (6:20)	3:05 (9:25)	2:16 (11:41)	1:06 (12:47)
	2:04 (14:51)	0:49 (15:40)	1:11 (16:51)	1:12 (18:03)	1:42 (19:45)	1:41 (21:26)
	0:30 (21:56)					
2.	Alma Okkels Jensen		OK Sorø	22:33 +0:37		
	2:19 (2:19)	2:09 (4:28)	1:50 (6:18)	3:30 (9:48)	2:24 (12:12)	1:09 (13:21)
	2:23 (15:44)	0:56 (16:40)	1:09 (17:49)	1:24 (19:13)	1:27 (20:40)	1:26 (22:06)
	0:27 (22:33)					
3.	Signe Westen Rasmussen		Allerød OK	23:16 +1:20		
	2:32 (2:32)	2:03 (4:35)	1:59 (6:34)	3:31 (10:05)	2:23 (12:28)	1:13 (13:41)
	2:22 (16:03)	0:55 (16:58)	1:15 (18:13)	1:15 (19:28)	1:51 (21:19)	1:27 (22:46)
	0:30 (23:16)					
4.	Amanda Ingvild Dahl		FIF Hillerød Orientering	23:52 +1:56		
	2:29 (2:29)	2:08 (4:37)	2:07 (6:44)	3:28 (10:12)	2:19 (12:31)	1:19 (13:50)
	2:41 (16:31)	1:06 (17:37)	1:10 (18:47)	1:30 (20:17)	1:34 (21:51)	1:36 (23:27)
	0:25 (23:52)					
5.	Emma Stegmann		Herlufsholm OK	26:56 +5:00		
	2:20 (2:20)	2:08 (4:28)	1:47 (6:15)	6:08 (12:23)	2:15 (14:38)	1:38 (16:16)
	2:56 (19:12)	0:56 (20:08)	1:12 (21:20)	1:58 (23:18)	1:45 (25:03)	1:31 (26:34)
	0:22 (26:56)					
6.	Selma Schytte Olsen		Søllerød OK	28:02 +6:06		
	2:34 (2:34)	2:16 (4:50)	1:43 (6:33)	3:20 (9:53)	2:46 (12:39)	5:14 (17:53)
	2:18 (20:11)	0:53 (21:04)	1:18 (22:22)	1:44 (24:06)	1:48 (25:54)	1:36 (27:30)
	0:32 (28:02)					
7.	Dagmar Kopp Stannum		Tisvilde Hegn OK	28:29 +6:33		
	3:00 (3:00)	2:25 (5:25)	2:37 (8:02)	3:27 (11:29)	3:12 (14:41)	2:01 (16:42)
	3:34 (20:16)	1:16 (21:32)	1:18 (22:50)	1:25 (24:15)	1:47 (26:02)	1:58 (28:00)
	0:29 (28:29)					
8.	Milla Hærishøj Nørskov		Tisvilde Hegn OK	35:06 +13:10		
	4:29 (4:29)	2:19 (6:48)	1:50 (8:38)	3:36 (12:14)	2:24 (14:38)	1:20 (15:58)
	2:56 (18:54)	1:07 (20:01)	1:16 (21:17)	9:54 (31:11)	1:55 (33:06)	1:31 (34:37)
	0:29 (35:06)					
9.	Lucia Holck		Tisvilde Hegn OK	37:49 +15:53		
	1:57 (1:57)	1:49 (3:46)	1:47 (5:33)	4:21 (9:54)	2:07 (12:01)	16:38 (28:39)
	2:16 (30:55)	1:10 (32:05)	1:11 (33:16)	1:21 (34:37)	1:22 (35:59)	1:19 (37:18)
	0:31 (37:49)					
D14B			(6 / 6)	Tid Efter		
1.	Agnes Due Nygaard		Søllerød OK	20:41		
	1:59 (1:59)	1:43 (3:42)	1:39 (5:21)	3:02 (8:23)	2:09 (10:32)	1:06 (11:38)
	2:19 (13:57)	0:49 (14:46)	1:08 (15:54)	1:30 (17:24)	1:23 (18:47)	1:30 (20:17)
	0:24 (20:41)					
2.	Johanne Schøier Kovsted		Tisvilde Hegn OK	21:07 +0:26		
	1:52 (1:52)	2:04 (3:56)	1:43 (5:39)	3:17 (8:56)	2:18 (11:14)	1:09 (12:23)
	2:20 (14:43)	0:48 (15:31)	1:10 (16:41)	1:26 (18:07)	1:22 (19:29)	1:16 (20:45)
	0:22 (21:07)					
3.	Frida Hagedorn		Søllerød OK	21:56 +1:15		
	2:09 (2:09)	1:57 (4:06)	1:45 (5:51)	3:03 (8:54)	2:11 (11:05)	1:07 (12:12)
	2:19 (14:31)	0:56 (15:27)	1:08 (16:35)	1:21 (17:56)	1:32 (19:28)	1:59 (21:27)
	0:29 (21:56)					
4.	Nora Marie Poulsen Fugl		Amager OK	37:09 +16:28		
	3:15 (3:15)	2:55 (6:10)	2:55 (9:05)	5:45 (14:50)	4:20 (19:10)	2:25 (21:35)
	4:15 (25:50)	1:19 (27:09)	2:15 (29:24)	2:21 (31:45)	2:25 (34:10)	2:23 (36:33)
	0:36 (37:09)					
	Iben Thrane Christensen		Tisvilde Hegn OK	Udgået		
	- (-)	- (-)	- (-)	- (-)	- (-)	- (-)
	- (-)	- (-)	- (-)	- (-)	- (-)	- (-)
	- (-)					
	Amalie Laugaard Hansen		Køge OK	Ej startet		
D20C			(4 / 4)	Tid Efter		
1.	Mathilde Poulsen		FIF Hillerød Orientering	21:13		
	2:09 (2:09)	1:46 (3:55)	1:43 (5:38)	2:56 (8:34)	2:03 (10:37)	1:09 (11:46)
	2:27 (14:13)	0:50 (15:03)	1:16 (16:19)	1:26 (17:45)	1:33 (19:18)	1:28 (20:46)
	0:27 (21:13)					
2.	Fiona Bojen		Tisvilde Hegn OK	24:11 +2:58		
	2:29 (2:29)	1:49 (4:18)	1:50 (6:08)	3:20 (9:28)	2:24 (11:52)	2:52 (14:44)
	2:24 (17:08)	0:52 (18:00)	1:20 (19:20)	1:26 (20:46)	1:32 (22:18)	1:26 (23:44)
	0:27 (24:11)					
3.	Sara Lykke Brinch		FIF Hillerød Orientering	25:21 +4:08		
	2:13 (2:13)	1:43 (3:56)	1:45 (5:41)	2:50 (8:31)	2:09 (10:40)	5:24 (16:04)
	2:21 (18:25)	0:55 (19:20)	1:13 (20:33)	1:19 (21:52)	1:24 (23:16)	1:32 (24:48)
	0:33 (25:21)					
4.	Nanna Rytter Larsen		Farum OK	27:10 +5:57		
	2:44 (2:44)	2:15 (4:59)	2:06 (7:05)	4:01 (11:06)	2:53 (13:59)	1:19 (15:18)
	2:36 (17:54)	1:33 (19:27)	1:32 (20:59)	1:55 (22:54)	1:51 (24:45)	1:50 (26:35)
	0:35 (27:10)					
D21C			(16 / 16)	Tid Efter		
1.	Maja Lykke Brinch		FIF Hillerød Orientering	19:41		

	2:01 (2:01)	1:39 (3:40)	1:39 (5:19)	2:48 (8:07)	1:54 (10:01)	1:06 (11:07)
	2:18 (13:25)	0:50 (14:15)	1:07 (15:22)	1:13 (16:35)	1:25 (18:00)	1:14 (19:14)
	0:27 (19:41)					
2.	Karen Wibe Enevoldsen	Allerød OK	21:59	+2:18		
	2:22 (2:22)	1:55 (4:17)	1:47 (6:04)	3:06 (9:10)	2:09 (11:19)	1:10 (12:29)
	2:37 (15:06)	0:50 (15:56)	1:10 (17:06)	1:27 (18:33)	1:22 (19:55)	1:31 (21:26)
	0:33 (21:59)					
3.	Anja Niehues Birch	Allerød OK	23:20	+3:39		
	2:17 (2:17)	2:03 (4:20)	1:54 (6:14)	3:07 (9:21)	2:15 (11:36)	1:28 (13:04)
	2:25 (15:29)	0:47 (16:16)	1:36 (17:52)	1:46 (19:38)	1:31 (21:09)	1:41 (22:50)
	0:30 (23:20)					
4.	Mette Lyskjær Jensen	Farum OK	26:13	+6:32		
	2:40 (2:40)	2:24 (5:04)	1:57 (7:01)	3:43 (10:44)	2:35 (13:19)	1:11 (14:30)
	3:06 (17:36)	1:02 (18:38)	1:39 (20:17)	1:54 (22:11)	1:44 (23:55)	1:42 (25:37)
	0:36 (26:13)					
5.	Synnøve Røysland	Søllerød OK	26:31	+6:50		
	2:26 (2:26)	2:46 (5:12)	1:52 (7:04)	3:42 (10:46)	2:11 (12:57)	1:14 (14:11)
	3:40 (17:51)	1:20 (19:11)	1:14 (20:25)	2:29 (22:54)	1:33 (24:27)	1:32 (25:59)
	0:32 (26:31)					
6.	Lone Anette Larsen	Tisvide Hegn OK	27:57	+8:16		
	2:38 (2:38)	2:36 (5:14)	2:07 (7:21)	3:45 (11:06)	2:47 (13:53)	1:28 (15:21)
	3:04 (18:25)	1:04 (19:29)	1:25 (20:54)	2:48 (23:42)	1:44 (25:26)	1:54 (27:20)
	0:37 (27:57)					
7.	Else Sørensen	PI-København	28:05	+8:24		
	3:11 (3:11)	2:43 (5:54)	2:16 (8:10)	3:55 (12:05)	2:54 (14:59)	1:25 (16:24)
	2:54 (19:18)	1:02 (20:20)	1:26 (21:46)	1:49 (23:35)	1:58 (25:33)	1:52 (27:25)
	0:40 (28:05)					
8.	Tina Hansen	Tisvide Hegn OK	28:35	+8:54		
	2:35 (2:35)	2:27 (5:02)	2:09 (7:11)	3:59 (11:10)	2:30 (13:40)	3:37 (17:17)
	2:53 (20:10)	0:58 (21:08)	1:19 (22:27)	1:46 (24:13)	1:39 (25:52)	2:13 (28:05)
	0:30 (28:35)					
9.	Anna Damstedt Glæsner	Amager OK	34:14	+14:33		
	2:33 (2:33)	2:41 (5:14)	1:57 (7:11)	4:13 (11:24)	2:37 (14:01)	7:50 (21:51)
	3:02 (24:53)	1:00 (25:53)	1:48 (27:41)	2:41 (30:22)	1:50 (32:12)	1:34 (33:46)
	0:28 (34:14)					
10.	Lone Hansen	Farum OK	34:42	+15:01		
	3:40 (3:40)	3:11 (6:51)	2:49 (9:40)	5:00 (14:40)	3:28 (18:08)	1:45 (19:53)
	3:48 (23:41)	1:15 (24:56)	1:59 (26:55)	2:14 (29:09)	2:08 (31:17)	2:43 (34:00)
	0:42 (34:42)					
11.	Anna Arnskov Jensen	Amager OK	38:23	+18:42		
	3:31 (3:31)	3:08 (6:39)	2:30 (9:09)	4:32 (13:41)	3:15 (16:56)	6:01 (22:57)
	3:35 (26:32)	1:18 (27:50)	2:11 (30:01)	3:10 (33:11)	2:07 (35:18)	2:19 (37:37)
	0:46 (38:23)					
12.	AnneLi Aabye	Ballerup OK	38:40	+18:59		
	4:11 (4:11)	3:31 (7:42)	3:02 (10:44)	5:38 (16:22)	3:30 (19:52)	1:56 (21:48)
	4:14 (26:02)	1:22 (27:24)	2:22 (29:46)	2:27 (32:13)	2:42 (34:55)	2:52 (37:47)
	0:53 (38:40)					
13.	Katrine Nielsen	Farum OK	1:11:23	+51:42		
	3:54 (3:54)	4:14 (8:08)	2:49 (10:57)	6:02 (16:59)	3:23 (20:22)	28:55 (49:17)
	4:46 (54:03)	1:49 (55:52)	2:40 (58:32)	6:02 (1:04:34)	3:21 (1:07:55)	2:45 (1:10:40)
	0:43 (1:11:23)					
	Christa Dahl	Søllerød OK	Fejlklip			
	3:03 (3:03)	2:28 (5:31)	2:48 (8:19)	21:20 (29:39)	— (—)	— (—)
	— (36:44)	1:50 (38:34)	1:46 (40:20)	1:53 (42:13)	2:33 (44:46)	2:01 (46:47)
	0:37 (47:24)					
	Helena Gásdal Karstensen	OK ØST Birkerød	Ej startet			
	Kirsten Nymann Petersen	OK ØST Birkerød	Ej startet			
H12			(14 / 14)	Tid	Efter	
1.	Mads Christian Maarup	Allerød OK	17:13			
	1:50 (1:50)	1:31 (3:21)	1:25 (4:46)	2:28 (7:14)	1:46 (9:00)	0:54 (9:54)
	1:54 (11:48)	0:42 (12:30)	0:55 (13:25)	1:06 (14:31)	1:08 (15:39)	1:10 (16:49)
	0:24 (17:13)					
2.	Niels Elton Jokumsen	FIF Hillerød Orientering	18:00	+0:47		
	1:46 (1:46)	2:09 (3:55)	1:26 (5:21)	2:27 (7:48)	1:42 (9:30)	0:57 (10:27)
	1:52 (12:19)	0:42 (13:01)	0:55 (13:56)	1:27 (15:23)	1:05 (16:28)	1:11 (17:39)
	0:21 (18:00)					
3.	Torbjørn Høyer Staugaard	FIF Hillerød Orientering	19:17	+2:04		
	1:59 (1:59)	1:39 (3:38)	1:38 (5:16)	2:42 (7:58)	1:59 (9:57)	0:57 (10:54)
	2:04 (12:58)	0:44 (13:42)	0:56 (14:38)	1:06 (15:44)	1:57 (17:41)	1:10 (18:51)
	0:26 (19:17)					
4.	Vincent Becker	Søllerød OK	19:30	+2:17		
	1:53 (1:53)	1:49 (3:42)	1:27 (5:09)	2:27 (7:36)	1:45 (9:21)	1:01 (10:22)
	1:53 (12:15)	0:42 (12:57)	1:01 (13:58)	2:32 (16:30)	1:12 (17:42)	1:20 (19:02)
	0:28 (19:30)					
5.	Oscar Bæk Christiansen	Søllerød OK	20:11	+2:58		
	2:07 (2:07)	1:43 (3:50)	1:35 (5:25)	3:32 (8:57)	2:02 (10:59)	1:03 (12:02)
	2:10 (14:12)	0:48 (15:00)	1:00 (16:00)	1:16 (17:16)	1:19 (18:35)	1:10 (19:45)
	0:26 (20:11)					
6.	Frederik L. Holmberg	FIF Hillerød Orientering	20:13	+3:00		
	2:08 (2:08)	1:44 (3:52)	1:53 (5:45)	2:58 (8:43)	2:02 (10:45)	1:06 (11:51)
	2:09 (14:00)	0:45 (14:45)	1:09 (15:54)	1:14 (17:08)	1:16 (18:24)	1:24 (19:48)
	0:25 (20:13)					
7.	Ditlev Melbye	Søllerød OK	21:26	+4:13		
	2:09 (2:09)	1:46 (3:55)	1:44 (5:39)	2:54 (8:33)	2:09 (10:42)	1:26 (12:08)
	2:08 (14:16)	0:44 (15:00)	1:11 (16:11)	1:11 (17:22)	2:04 (19:26)	1:38 (21:04)
	0:22 (21:26)					
8.	Asbjørn Vejen Eriksen	Tisvide Hegn OK	22:02	+4:49		
	2:16 (2:16)	1:58 (4:14)	1:43 (5:57)	2:56 (8:53)	2:18 (11:11)	1:04 (12:15)
	2:45 (15:00)	0:52 (15:52)	1:12 (17:04)	1:23 (18:27)	1:40 (20:07)	1:28 (21:35)
	0:27 (22:02)					
9.	Mads Ottar Jespersen	OK Sorø	22:11	+4:58		
	2:19 (2:19)	2:09 (4:28)	1:53 (6:21)	3:03 (9:24)	2:02 (11:26)	1:08 (12:34)
	2:31 (15:05)	0:55 (16:00)	1:07 (17:07)	1:51 (18:58)	1:29 (20:27)	1:18 (21:45)
	0:26 (22:11)					
10.	Noah Ullitz	Farum OK	25:48	+8:35		

	2:40 (2:40)	2:21 (5:01)	2:32 (7:33)	4:14 (11:47)	2:20 (14:07)	1:26 (15:33)
	2:39 (18:12)	1:15 (19:27)	1:17 (20:44)	1:30 (22:14)	1:27 (23:41)	1:36 (25:17)
	0:31 (25:48)					
11.	Sebastian Holm Meyer		Søllerød OK	25:55 +8:42		
	2:29 (2:29)	2:03 (4:32)	2:00 (6:32)	3:41 (10:13)	3:06 (13:19)	1:21 (14:40)
	2:44 (17:24)	0:57 (18:21)	1:22 (19:43)	2:32 (22:15)	1:32 (23:47)	1:43 (25:30)
	0:25 (25:55)					
12.	Mathias Rosenkjær Kristensen		Tisvilde Hegn OK	26:28 +9:15		
	2:13 (2:13)	2:02 (4:15)	2:01 (6:16)	3:18 (9:34)	2:35 (12:09)	1:04 (13:13)
	2:35 (15:48)	0:43 (16:31)	1:14 (17:45)	3:32 (21:17)	2:45 (24:02)	1:59 (26:01)
	0:27 (26:28)					
13.	Tobias Holm Miller		OK ØST Birkerød	31:25 +14:12		
	8:46 (8:46)	2:50 (11:36)	1:58 (13:34)	2:49 (16:23)	2:08 (18:31)	1:05 (19:36)
	3:29 (23:05)	1:09 (24:14)	1:00 (25:14)	1:23 (26:37)	2:23 (29:00)	1:59 (30:59)
	0:26 (31:25)					
14.	Elias Chin		Køge OK	33:34 +16:21		
	2:35 (2:35)	2:27 (5:02)	2:05 (7:07)	3:46 (10:53)	2:38 (13:31)	8:21 (21:52)
	2:40 (24:32)	1:16 (25:48)	1:15 (27:03)	2:00 (29:03)	2:02 (31:05)	1:52 (32:57)
	0:37 (33:34)					

H14B

		(6 / 6)		Tid	Efter		
1.	Asbjørn Gemmer Hanghøj		Ballerup OK	18:24			
	1:58 (1:58)	1:37 (3:35)	1:29 (5:04)	2:33 (7:37)	1:48 (9:25)	0:59 (10:24)	
	2:01 (12:25)	0:50 (13:15)	1:07 (14:22)	1:18 (15:40)	1:09 (16:49)	1:11 (18:00)	
	0:24 (18:24)						
2.	Axel Hendel Aaen		FIF Hillerød Orientering	21:08 +2:44			
	2:03 (2:03)	1:44 (3:47)	1:48 (5:35)	3:27 (9:02)	2:08 (11:10)	1:11 (12:21)	
	2:20 (14:41)	0:52 (15:33)	1:06 (16:39)	1:15 (17:54)	1:28 (19:22)	1:21 (20:43)	
	0:25 (21:08)						
3.	Andreas Søgaard Jensen		Allerød OK	23:22 +4:58			
	2:21 (2:21)	2:04 (4:25)	1:58 (6:23)	3:29 (9:52)	2:25 (12:17)	1:07 (13:24)	
	2:25 (15:49)	0:57 (16:46)	1:04 (17:50)	2:09 (19:59)	1:27 (21:26)	1:25 (22:51)	
	0:31 (23:22)						
4.	Emil Stegmann		Herlufsholm OK	24:31 +6:07			
	2:31 (2:31)	2:01 (4:32)	2:14 (6:46)	3:34 (10:20)	2:15 (12:35)	1:15 (13:50)	
	2:41 (16:31)	1:19 (17:50)	1:20 (19:10)	1:30 (20:40)	1:38 (22:18)	1:44 (24:02)	
	0:29 (24:31)						
5.	Eskild Gemmer Hanghøj		Ballerup OK	29:18 +10:54			
	2:13 (2:13)	1:49 (4:02)	1:36 (5:38)	3:01 (8:39)	2:02 (10:41)	9:04 (19:45)	
	2:11 (21:56)	1:44 (23:40)	1:12 (24:52)	1:18 (26:10)	1:20 (27:30)	1:21 (28:51)	
	0:27 (29:18)						
6.	Jonas Ebbensgaard		OK ØST Birkerød	35:30 +17:06			
	2:35 (2:35)	4:24 (6:59)	2:25 (9:24)	6:30 (15:54)	3:49 (19:43)	1:55 (21:38)	
	3:50 (25:28)	1:53 (27:21)	1:31 (28:52)	2:03 (30:55)	2:06 (33:01)	1:57 (34:58)	
	0:32 (35:30)						

H20C

		(1 / 1)		Tid	Efter		
1.	Andreas Sparre Højsted		Amager OK	29:24			
	2:45 (2:45)	2:16 (5:01)	2:24 (7:25)	3:48 (11:13)	2:46 (13:59)	1:55 (15:54)	
	3:16 (19:10)	1:37 (20:47)	1:25 (22:12)	2:47 (24:59)	1:41 (26:40)	2:17 (28:57)	
	0:27 (29:24)						

H21C

		(10 / 10)		Tid	Efter		
1.	René Niehues Birch		Allerød OK	18:30			
	1:44 (1:44)	1:27 (3:11)	1:25 (4:36)	2:25 (7:01)	1:47 (8:48)	1:11 (9:59)	
	1:56 (11:55)	0:46 (12:41)	1:03 (13:44)	1:39 (15:23)	1:27 (16:50)	1:11 (18:01)	
	0:29 (18:30)						
2.	Philip Knak		PI-København	19:52 +1:22			
	1:54 (1:54)	1:47 (3:41)	1:33 (5:14)	2:51 (8:05)	1:44 (9:49)	1:15 (11:04)	
	2:27 (13:31)	0:43 (14:14)	1:08 (15:22)	1:24 (16:46)	1:30 (18:16)	1:05 (19:21)	
	0:31 (19:52)						
3.	Carsten Jokumsen		FIF Hillerød Orientering	25:42 +7:12			
	2:31 (2:31)	2:30 (5:01)	1:53 (6:54)	3:29 (10:23)	2:30 (12:53)	1:13 (14:06)	
	3:05 (17:11)	0:58 (18:09)	1:18 (19:27)	2:13 (21:40)	1:44 (23:24)	1:46 (25:10)	
	0:32 (25:42)						
4.	Henning Hansen		Køge OK	27:31 +9:01			
	2:51 (2:51)	2:28 (5:19)	2:18 (7:37)	3:56 (11:33)	2:42 (14:15)	1:27 (15:42)	
	3:03 (18:45)	1:07 (19:52)	1:30 (21:22)	1:44 (23:06)	1:48 (24:54)	2:00 (26:54)	
	0:37 (27:31)						
5.	Palle Røssell		Tisvilde Hegn OK	29:17 +10:47			
	2:44 (2:44)	2:14 (4:58)	1:49 (6:47)	3:25 (10:12)	2:18 (12:30)	1:21 (13:51)	
	3:18 (17:09)	1:02 (18:11)	1:41 (19:52)	3:08 (23:00)	4:10 (27:10)	1:28 (28:38)	
	0:39 (29:17)						
6.	Torben Nielsen		Køge OK	29:19 +10:49			
	3:13 (3:13)	2:54 (6:07)	2:10 (8:17)	3:47 (12:04)	2:46 (14:50)	1:28 (16:18)	
	3:08 (19:26)	1:12 (20:38)	1:36 (22:14)	2:46 (25:00)	1:45 (26:45)	1:57 (28:42)	
	0:37 (29:19)						
7.	Benny Clausen		Herlufsholm OK	31:24 +12:54			
	3:26 (3:26)	2:37 (6:03)	2:14 (8:17)	4:22 (12:39)	2:48 (15:27)	2:40 (18:07)	
	3:28 (21:35)	1:06 (22:41)	1:48 (24:29)	1:55 (26:24)	1:58 (28:22)	2:26 (30:48)	
	0:36 (31:24)						
8.	Søren Bjørnøen		OK ØST Birkerød	41:06 +22:36			
	3:44 (3:44)	3:16 (7:00)	2:51 (9:51)	5:25 (15:16)	3:15 (18:31)	2:15 (20:46)	
	3:45 (24:31)	1:29 (26:00)	2:16 (28:16)	3:46 (32:02)	2:44 (34:46)	5:33 (40:19)	
	0:47 (41:06)						
9.	Aske Tandrup Nyengaard		Søllerød OK	42:11 +23:41			
	3:15 (3:15)	3:02 (6:17)	3:09 (9:26)	7:22 (16:48)	4:09 (20:57)	4:14 (25:11)	
	3:54 (29:05)	2:09 (31:14)	2:39 (33:53)	2:43 (36:36)	2:15 (38:51)	2:36 (41:27)	
	0:44 (42:11)						
	Tonni Leth Kristensen		Tisvilde Hegn OK	Ej startet			

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		(17 / 17)		Tid	Efter		
1.	Vibeke Bøgevig		Søllerød OK	36:05			
	3:19 (3:19)	3:50 (7:09)	5:02 (12:11)	1:11 (13:22)	5:11 (18:33)	6:10 (24:43)	
	3:21 (28:04)	2:40 (30:44)	1:16 (32:00)	2:32 (34:32)	0:59 (35:31)	0:34 (36:05)	
2.	Jette Stepputat		Søllerød OK	43:33 +7:28			
	3:24 (3:24)	3:55 (7:19)	6:59 (14:18)	1:18 (15:36)	6:11 (21:47)	9:35 (31:22)	
	3:24 (34:46)	2:52 (37:38)	1:25 (39:03)	2:46 (41:49)	1:08 (42:57)	0:36 (43:33)	

3.	Annelise Hansen		FIF Hillerød Orientering	45:01	+8:56		
	3:57 (3:57)	4:24 (8:21)	7:16 (15:37)	1:24 (17:01)		7:46 (24:47)	8:10 (32:57)
	3:14 (36:11)	2:39 (38:50)	1:21 (40:11)	2:53 (43:04)		1:17 (44:21)	0:40 (45:01)
4.	Inger Landsperg		Tisvilde Hegn OK	45:53	+9:48		
	4:54 (4:54)	4:38 (9:32)	5:31 (15:03)	1:10 (16:13)		5:31 (21:44)	9:12 (30:56)
	4:01 (34:57)	2:52 (37:49)	3:09 (40:58)	3:00 (43:58)		1:10 (45:08)	0:45 (45:53)
5.	Kirsten Olsen		Søllerød OK	48:27	+12:22		
	4:00 (4:00)	4:27 (8:27)	6:05 (14:32)	1:28 (16:00)		8:05 (24:05)	10:08 (34:13)
	3:46 (37:59)	3:05 (41:04)	1:35 (42:39)	3:38 (46:17)		1:28 (47:45)	0:42 (48:27)
6.	Kirsten Brunstedt		OK ØST Birkerød	49:12	+13:07		
	4:12 (4:12)	4:41 (8:53)	6:07 (15:00)	1:03 (16:03)		6:53 (22:56)	11:49 (34:45)
	3:37 (38:22)	3:22 (41:44)	1:38 (43:22)	3:39 (47:01)		1:20 (48:21)	0:51 (49:12)
7.	Lisbeth Jensen		Ballerup OK	49:47	+13:42		
	3:53 (3:53)	4:12 (8:05)	6:05 (14:10)	1:41 (15:51)		11:16 (27:07)	8:59 (36:06)
	4:06 (40:12)	3:02 (43:14)	1:32 (44:46)	2:48 (47:34)		1:36 (49:10)	0:37 (49:47)
8.	Lisbeth G. Larsen		FIF Hillerød Orientering	50:58	+14:53		
	4:16 (4:16)	4:26 (8:42)	8:51 (17:33)	1:24 (18:57)		7:22 (26:19)	9:46 (36:05)
	3:53 (39:58)	3:12 (43:10)	2:01 (45:11)	3:49 (49:00)		1:23 (50:23)	0:35 (50:58)
9.	Aase Neregaard		Tisvilde Hegn OK	51:53	+15:48		
	3:23 (3:23)	3:51 (7:14)	19:18 (26:32)	1:17 (27:49)		5:03 (32:52)	6:42 (39:34)
	2:59 (42:33)	2:46 (45:19)	1:37 (46:56)	3:08 (50:04)		1:13 (51:17)	0:36 (51:53)
10.	Birgit Berner		Køge OK	53:14	+17:09		
	4:46 (4:46)	4:13 (8:59)	8:48 (17:47)	1:39 (19:26)		10:52 (30:18)	8:02 (38:20)
	4:29 (42:49)	3:26 (46:15)	1:41 (47:56)	3:40 (51:36)		1:05 (52:41)	0:33 (53:14)
11.	Ellen Thisted		Søllerød OK	54:04	+17:59		
	9:10 (9:10)	4:42 (13:52)	7:54 (21:46)	1:17 (23:03)		7:39 (30:42)	8:13 (38:55)
	3:48 (42:43)	3:10 (45:53)	2:02 (47:55)	3:56 (51:51)		1:30 (53:21)	0:43 (54:04)
12.	Kirsten Truelsen		Ballerup OK	56:34	+20:29		
	4:57 (4:57)	5:20 (10:17)	8:50 (19:07)	3:07 (22:14)		8:55 (31:09)	9:18 (40:27)
	4:19 (44:46)	3:24 (48:10)	1:40 (49:50)	4:00 (53:50)		1:55 (55:45)	0:49 (56:34)
13.	Hanne Hansen		Køge OK	56:48	+20:43		
	4:28 (4:28)	5:18 (9:46)	10:24 (20:10)	2:02 (22:12)		7:36 (29:48)	9:56 (39:44)
	4:10 (43:54)	5:00 (48:54)	2:20 (51:14)	3:22 (54:36)		1:31 (56:07)	0:41 (56:48)
14.	Jette Bachhausen		FIF Hillerød Orientering	1:06:29	+30:24		
	5:23 (5:23)	5:51 (11:14)	13:28 (24:42)	1:34 (26:16)		8:09 (34:25)	12:32 (46:57)
	5:11 (52:08)	4:11 (56:19)	2:11 (58:30)	4:42 (1:03:12)		2:09 (1:05:21)	1:08 (1:06:29)
15.	Lise Gantzhorn		Allerød OK	1:10:31	+34:26		
	5:31 (5:31)	6:12 (11:43)	12:08 (23:51)	1:55 (25:46)		10:36 (36:22)	12:57 (49:19)
	4:48 (54:07)	4:16 (58:23)	2:34 (1:00:57)	7:17 (1:08:14)		1:36 (1:09:50)	0:41 (1:10:31)
16.	Susan Tamberg		Ballerup OK	1:34:40	+58:35		
	6:25 (6:25)	6:50 (13:15)	9:20 (22:35)	2:08 (24:43)		8:50 (33:33)	31:05 (1:04:38)
	10:29 (1:15:07)	5:37 (1:20:44)	3:49 (1:24:33)	6:18 (1:30:51)		2:32 (1:33:23)	1:17 (1:34:40)
	Anne Hultengren		Ballerup OK	Fejlkli			
	8:00 (8:00)	8:55 (16:55)	- (-)	- (-)		- (-)	- (-)
	- (-)	- (-)	- (-)	- (-)		- (-)	- (1:30:32)
D14			(15 / 15)	Tid	Efter		
1.	Sigrid Høyer Staugaard		FIF Hillerød Orientering	28:45			
	2:15 (2:15)	1:19 (3:34)	1:25 (4:59)	2:18 (7:17)		2:29 (9:46)	2:33 (12:19)
	1:21 (13:40)	2:14 (15:54)	3:46 (19:40)	1:06 (20:46)		2:36 (23:22)	1:43 (25:05)
	2:35 (27:40)	0:41 (28:21)	0:24 (28:45)				
2.	Ebba Graff Frederiksen		FIF Hillerød Orientering	34:30	+5:45		
	2:48 (2:48)	1:32 (4:20)	2:44 (7:04)	2:42 (9:46)		3:47 (13:33)	3:14 (16:47)
	1:33 (18:20)	3:04 (21:24)	1:55 (23:19)	1:54 (25:13)		3:02 (28:15)	1:44 (29:59)
	3:15 (33:14)	0:48 (34:02)	0:28 (34:30)				
3.	Sofie Okkels Jensen		OK Sorø	35:31	+6:46		
	2:36 (2:36)	1:40 (4:16)	2:47 (7:03)	3:09 (10:12)		3:26 (13:38)	3:25 (17:03)
	1:56 (18:59)	2:46 (21:45)	2:10 (23:55)	1:49 (25:44)		3:43 (29:27)	2:06 (31:33)
	2:41 (34:14)	0:53 (35:07)	0:24 (35:31)				
4.	Ellen K. Larsen		Søllerød OK	39:31	+10:46		
	3:51 (3:51)	1:46 (5:37)	3:26 (9:03)	4:11 (13:14)		4:00 (17:14)	3:46 (21:00)
	1:57 (22:57)	2:50 (25:47)	2:02 (27:49)	1:43 (29:32)		3:30 (33:02)	2:04 (35:06)
	3:00 (38:06)	0:54 (39:00)	0:31 (39:31)				
5.	Clara Friis Scheby		OK Sorø	39:35	+10:50		
	3:19 (3:19)	1:54 (5:13)	2:20 (7:33)	3:20 (10:53)		4:17 (15:10)	4:01 (19:11)
	1:52 (21:03)	2:45 (23:48)	2:19 (26:07)	1:57 (28:04)		3:36 (31:40)	2:57 (34:37)
	3:38 (38:15)	0:54 (39:09)	0:26 (39:35)				
6.	Sofie Fakir Olsen		Ballerup OK	42:08	+13:23		
	4:33 (4:33)	1:45 (6:18)	2:11 (8:29)	3:55 (12:24)		3:22 (15:46)	3:43 (19:29)
	1:44 (21:13)	4:14 (25:27)	2:20 (27:47)	2:48 (30:35)		4:14 (34:49)	1:48 (36:37)
	4:07 (40:44)	1:00 (41:44)	0:24 (42:08)				
7.	Emilie Bæk Christiansen		Søllerød OK	42:19	+13:34		
	3:15 (3:15)	1:51 (5:06)	3:54 (9:00)	3:08 (12:08)		3:46 (15:54)	4:00 (19:54)
	2:10 (22:04)	3:42 (25:46)	2:08 (27:54)	2:08 (30:02)		3:48 (33:50)	4:05 (37:55)
	3:03 (40:58)	0:53 (41:51)	0:28 (42:19)				
8.	Silje Halberg Petersen		FIF Hillerød Orientering	43:20	+14:35		
	3:22 (3:22)	1:56 (5:18)	2:08 (7:26)	3:11 (10:37)		5:31 (16:08)	3:53 (20:01)
	3:30 (23:31)	3:29 (27:00)	2:18 (29:18)	1:51 (31:09)		5:18 (36:27)	1:52 (38:19)
	3:38 (41:57)	0:54 (42:51)	0:29 (43:20)				
9.	Frida Kärner Grooss		Allerød OK	43:44	+14:59		
	3:25 (3:25)	1:42 (5:07)	2:01 (7:08)	2:44 (9:52)		3:44 (13:36)	4:55 (18:31)
	1:55 (20:26)	3:32 (23:58)	2:07 (26:05)	5:16 (31:21)		3:48 (35:09)	2:14 (37:23)
	5:08 (42:31)	0:48 (43:19)	0:25 (43:44)				
10.	Martha Kaas Nielsen		Tisvilde Hegn OK	46:47	+18:02		
	3:05 (3:05)	1:50 (4:55)	6:15 (11:10)	3:46 (14:56)		4:22 (19:18)	4:13 (23:31)
	1:54 (25:25)	4:20 (29:45)	2:25 (32:10)	2:04 (34:14)		4:06 (38:20)	2:38 (40:58)
	4:18 (45:16)	1:04 (46:20)	0:27 (46:47)				
11.	Alma Olivia Hørring Riegels		Ballerup OK	53:31	+24:46		
	3:49 (3:49)	2:20 (6:09)	2:42 (8:51)	5:10 (14:01)		4:48 (18:49)	4:55 (23:44)
	3:27 (27:11)	3:45 (30:56)	3:42 (34:38)	4:18 (38:56)		4:02 (42:58)	3:56 (46:54)
	4:35 (51:29)	1:32 (53:01)	0:30 (53:31)				
12.	Nanna Østergaard Lindberg		FIF Hillerød Orientering	1:00:30	+31:45		
	8:22 (8:22)	1:45 (10:07)	5:23 (15:30)	3:26 (18:56)		7:12 (26:08)	4:02 (30:10)
	1:59 (32:09)	4:07 (36:16)	6:18 (42:34)	2:01 (44:35)		8:08 (52:43)	2:33 (55:16)
	3:33 (58:49)	1:13 (1:00:02)	0:28 (1:00:30)				
13.	susan		Uden klub	5:25:35	+296:50		

	- (4:11:13)	2:35 (4:13:48)	5:17 (4:19:05)	7:59 (4:27:04)	5:59 (4:33:03)	5:58 (4:39:01)
	3:27 (4:42:28)	5:33 (4:48:01)	2:56 (4:50:57)	6:32 (4:57:29)	7:58 (5:05:27)	11:53 (5:17:20)
	5:06 (5:22:26)	2:29 (5:24:55)	0:40 (5:25:35)			
	Hannah Gro Markussen		Allerød OK	Fejlkjip		
	3:53 (3:53)	2:11 (6:04)	3:04 (9:08)	3:46 (12:54)	- (-)	- (31:10)
	2:25 (33:35)	3:51 (37:26)	2:54 (40:20)	3:10 (43:30)	4:55 (48:25)	4:07 (52:32)
	4:54 (57:26)	1:04 (58:30)	0:36 (59:06)			
	Alde Funder Skovlyst		FIF Hillerød Orientering	Ej startet		
D16B			(5 / 5)	Tid	Efter	
1.	Gunvor Skytte Kirkegaard		Tisvilde Hegn OK	1:07:36		
	4:20 (4:20)	1:56 (6:16)	13:18 (19:34)	3:25 (22:59)	7:17 (30:16)	5:05 (35:21)
	7:55 (43:16)	4:06 (47:22)	3:01 (50:23)	2:37 (53:00)	6:25 (59:25)	2:18 (1:01:43)
	4:30 (1:06:13)	0:56 (1:07:09)	0:27 (1:07:36)			
	Frederikke Gundersen		Tisvilde Hegn OK	Fejlkjip		
	3:37 (3:37)	2:03 (5:40)	- (-)	- (39:23)	5:04 (44:27)	5:12 (49:39)
	2:21 (52:00)	3:42 (55:42)	2:56 (58:38)	2:32 (1:01:10)	4:53 (1:06:03)	7:05 (1:13:08)
	3:58 (1:17:06)	0:48 (1:17:54)	0:31 (1:18:25)			
	Leah Chin		Køge OK	Fejlkjip		
	4:05 (4:05)	2:15 (6:20)	- (-)	- (23:36)	7:08 (30:44)	7:26 (38:10)
	- (-)	- (44:16)	- (-)	- (-)	- (1:06:59)	3:18 (1:10:17)
	5:58 (1:16:15)	1:40 (1:17:55)	0:38 (1:18:33)			
	Anna Aaen		Farum OK	Ej startet		
	Hannah Nielsen		Farum OK	Ej startet		
D20B			(2 / 2)	Tid	Efter	
1.	Katrine Hansen		Herlufsholm OK	1:04:38		
	4:45 (4:45)	2:50 (7:35)	3:19 (10:54)	5:03 (15:57)	6:11 (22:08)	6:28 (28:36)
	3:19 (31:55)	4:20 (36:15)	3:47 (40:02)	4:37 (44:39)	5:46 (50:25)	6:27 (56:52)
	5:46 (1:02:38)	1:33 (1:04:11)	0:27 (1:04:38)			
2.	Lea Skytthe		Farum OK	1:07:11	+2:33	
	7:05 (7:05)	2:23 (9:28)	2:52 (12:20)	4:43 (17:03)	13:14 (30:17)	5:59 (36:16)
	2:51 (39:07)	5:49 (44:56)	3:58 (48:54)	3:16 (52:10)	5:46 (57:56)	3:07 (1:01:03)
	4:19 (1:05:22)	1:08 (1:06:30)	0:41 (1:07:11)			
D21B			(10 / 10)	Tid	Efter	
1.	Nina Steen Vindegaard Sørensen		OK ØST Birkerød	39:45		
	2:59 (2:59)	1:50 (4:49)	2:13 (7:02)	3:09 (10:11)	3:41 (13:52)	4:23 (18:15)
	1:53 (20:08)	3:00 (23:08)	2:08 (25:16)	1:42 (26:58)	6:03 (33:01)	1:51 (34:52)
	3:13 (38:05)	1:01 (39:06)	0:39 (39:45)			
2.	Nikita Bang		PI-København	41:14	+1:29	
	3:31 (3:31)	2:10 (5:41)	2:26 (8:07)	3:32 (11:39)	4:10 (15:49)	4:10 (19:59)
	2:12 (22:11)	3:45 (25:56)	2:25 (28:21)	1:54 (30:15)	4:24 (34:39)	2:17 (36:56)
	3:05 (40:01)	0:45 (40:46)	0:28 (41:14)			
3.	Ida Vedel Lange		Farum OK	41:19	+1:34	
	3:14 (3:14)	1:55 (5:09)	2:25 (7:34)	3:07 (10:41)	3:56 (14:37)	4:11 (18:48)
	2:03 (20:51)	3:18 (24:09)	2:54 (27:03)	1:48 (28:51)	3:57 (32:48)	3:17 (36:05)
	3:43 (39:48)	0:59 (40:47)	0:32 (41:19)			
4.	Roser Marre Badallo		Amager OK	41:46	+2:01	
	3:57 (3:57)	1:44 (5:41)	4:16 (9:57)	4:00 (13:57)	3:40 (17:37)	4:03 (21:40)
	1:44 (23:24)	3:47 (27:11)	2:11 (29:22)	1:55 (31:17)	3:31 (34:48)	2:04 (36:52)
	3:22 (40:14)	0:59 (41:13)	0:33 (41:46)			
5.	Clara Ryge Carlsen		OK ØST Birkerød	47:52	+8:07	
	3:07 (3:07)	1:49 (4:56)	2:34 (7:30)	3:22 (10:52)	4:10 (15:02)	3:51 (18:53)
	8:44 (27:37)	3:05 (30:42)	2:09 (32:51)	2:19 (35:10)	3:47 (38:57)	3:46 (42:43)
	3:43 (46:26)	0:58 (47:24)	0:28 (47:52)			
6.	Dorrit Røpke		Farum OK	56:52	+17:07	
	3:56 (3:56)	2:08 (6:04)	3:07 (9:11)	4:07 (13:18)	5:04 (18:22)	6:23 (24:45)
	6:23 (31:08)	4:29 (35:37)	2:38 (38:15)	3:50 (42:05)	5:36 (47:41)	3:17 (50:58)
	4:09 (55:07)	1:13 (56:20)	0:32 (56:52)			
7.	Marianne Gundel		Ballerup OK	1:00:47	+21:02	
	9:32 (9:32)	2:02 (11:34)	2:48 (14:22)	5:23 (19:45)	5:00 (24:45)	5:25 (30:10)
	3:16 (33:26)	4:35 (38:01)	2:36 (40:37)	2:46 (43:23)	5:58 (49:21)	3:40 (53:01)
	5:00 (58:01)	2:12 (1:00:13)	0:34 (1:00:47)			
8.	Hanne Grimstrup		Køge OK	1:04:32	+24:47	
	4:26 (4:26)	2:31 (6:57)	3:04 (10:01)	4:43 (14:44)	6:54 (21:38)	4:52 (26:30)
	2:57 (29:27)	4:53 (34:20)	4:02 (38:22)	2:47 (41:09)	8:30 (49:39)	6:40 (56:19)
	6:05 (1:02:24)	1:31 (1:03:55)	0:37 (1:04:32)			
	Astrid Lannig		Søllerød OK	Fejlkjip		
	4:47 (4:47)	1:48 (6:35)	2:44 (9:19)	3:14 (12:33)	4:32 (17:05)	4:07 (21:12)
	2:26 (23:38)	3:24 (27:02)	6:37 (33:39)	2:21 (36:00)	4:50 (40:50)	3:11 (44:01)
	- (-)	- (48:58)	0:35 (49:33)			
	Sandra Mundus		Herlufsholm OK	Fejlkjip		
	3:47 (3:47)	1:54 (5:41)	2:25 (8:06)	3:37 (11:43)	10:53 (22:36)	4:27 (27:03)
	1:55 (28:58)	9:43 (38:41)	- (-)	- (51:00)	7:13 (58:13)	3:23 (1:01:36)
	4:34 (1:06:10)	1:54 (1:08:04)	0:28 (1:08:32)			
D35B			(31 / 31)	Tid	Efter	
1.	Signe Hanghøj		Ballerup OK	33:46		
	2:47 (2:47)	1:39 (4:26)	2:16 (6:42)	2:45 (9:27)	3:00 (12:27)	4:19 (16:46)
	1:25 (18:11)	2:25 (20:36)	1:57 (22:33)	2:47 (25:20)	3:05 (28:25)	1:47 (30:12)
	2:18 (32:30)	0:48 (33:18)	0:28 (33:46)			
2.	Susanne Vedel Jørgensen		Farum OK	38:32	+4:46	
	3:07 (3:07)	1:52 (4:59)	2:30 (7:29)	3:24 (10:53)	3:53 (14:46)	3:55 (18:41)
	1:50 (20:31)	3:03 (23:34)	2:11 (25:45)	1:53 (27:38)	3:39 (31:17)	2:24 (33:41)
	3:16 (36:57)	1:01 (37:58)	0:34 (38:32)			
3.	Mia Stegman		Herlufsholm OK	43:53	+10:07	
	3:44 (3:44)	1:39 (5:23)	2:38 (8:01)	3:30 (11:31)	3:37 (15:08)	3:43 (18:51)
	2:08 (20:59)	4:14 (25:13)	2:46 (27:59)	2:27 (30:26)	4:41 (35:07)	3:10 (38:17)
	4:29 (42:46)	0:45 (43:31)	0:22 (43:53)			
4.	Christina Lyng Andersen		Tisvilde Hegn OK	45:36	+11:50	
	3:34 (3:34)	1:52 (5:26)	4:36 (10:02)	3:14 (13:16)	4:15 (17:31)	4:40 (22:11)
	2:17 (24:28)	3:12 (27:40)	2:05 (29:45)	2:50 (32:35)	4:48 (37:23)	2:19 (39:42)
	4:28 (44:10)	0:57 (45:07)	0:29 (45:36)			
5.	Henriette Reinwald		Amager OK	46:54	+13:08	
	3:36 (3:36)	1:44 (5:20)	2:51 (8:11)	3:25 (11:36)	4:11 (15:47)	4:00 (19:47)
	3:24 (23:11)	4:30 (27:41)	2:20 (30:01)	2:40 (32:41)	5:45 (38:26)	2:32 (40:58)
	4:19 (45:17)	1:04 (46:21)	0:33 (46:54)			

6.	Mette Vejen Eriksen		Tisvilde Hegn OK	49:11	+15:25		
	3:48 (3:48)	2:22 (6:10)	2:32 (8:42)	4:11 (12:53)		6:35 (19:28)	4:40 (24:08)
	2:21 (26:29)	3:35 (30:04)	2:56 (33:00)	2:22 (35:22)		4:52 (40:14)	2:33 (42:47)
	4:45 (47:32)	1:02 (48:34)	0:37 (49:11)				
7.	Marianne T. Hasholt		Allerød OK	50:33	+16:47		
	3:36 (3:36)	1:50 (5:26)	4:21 (9:47)	3:53 (13:40)		4:00 (17:40)	7:06 (24:46)
	3:48 (28:34)	3:42 (32:16)	2:16 (34:32)	2:29 (37:01)		3:57 (40:58)	3:46 (44:44)
	4:16 (49:00)	1:00 (50:00)	0:33 (50:33)				
8.	Fiona Becker		Søllerød OK	51:04	+17:18		
	3:05 (3:05)	2:50 (5:55)	2:37 (8:32)	4:00 (12:32)		3:26 (15:58)	3:53 (19:51)
	2:20 (22:11)	4:15 (26:26)	2:20 (28:46)	4:07 (32:53)		3:53 (36:46)	2:55 (39:41)
	10:06 (49:47)	0:54 (50:41)	0:23 (51:04)				
9.	Dorte Munk-Petersen		Søllerød OK	52:13	+18:27		
	5:24 (5:24)	2:22 (7:46)	3:39 (11:25)	4:10 (15:35)		4:23 (19:58)	3:58 (23:56)
	2:15 (26:11)	3:31 (29:42)	2:42 (32:24)	4:03 (36:27)		6:55 (43:22)	3:34 (46:56)
	3:47 (50:43)	0:57 (51:40)	0:33 (52:13)				
10.	Lisbeth Søgaard Jensen		Søllerød OK	54:55	+21:09		
	4:07 (4:07)	2:02 (6:09)	4:19 (10:28)	3:55 (14:23)		4:20 (18:43)	5:04 (23:47)
	2:47 (26:34)	5:33 (32:07)	4:00 (36:07)	2:57 (39:04)		4:32 (43:36)	3:19 (46:55)
	6:20 (53:15)	1:10 (54:25)	0:30 (54:55)				
11.	Trine Næstoft		Søllerød OK	55:18	+21:32		
	3:57 (3:57)	2:24 (6:21)	3:38 (9:59)	4:51 (14:50)		4:54 (19:44)	5:13 (24:57)
	2:23 (27:20)	5:09 (32:29)	2:53 (35:22)	3:29 (38:51)		5:23 (44:14)	4:23 (48:37)
	4:53 (53:30)	1:14 (54:44)	0:34 (55:18)				
12.	Anni Lind		PI-København	56:10	+22:24		
	3:35 (3:35)	1:53 (5:28)	2:42 (8:10)	3:53 (12:03)		4:13 (16:16)	4:47 (21:03)
	2:03 (23:06)	12:25 (35:31)	4:27 (39:58)	2:35 (42:33)		5:07 (47:40)	2:37 (50:17)
	4:10 (54:27)	1:10 (55:37)	0:33 (56:10)				
13.	Maria Munk Eriksen		Søllerød OK	57:38	+23:52		
	5:01 (5:01)	2:38 (7:39)	4:47 (12:26)	4:15 (16:41)		7:03 (23:44)	6:31 (30:15)
	2:41 (32:56)	3:58 (36:54)	3:08 (40:02)	2:46 (42:48)		5:07 (47:55)	2:35 (50:30)
	5:23 (55:53)	1:12 (57:05)	0:33 (57:38)				
14.	Marlene Marager		Allerød OK	57:47	+24:01		
	5:12 (5:12)	2:07 (7:19)	3:27 (10:46)	6:34 (17:20)		4:53 (22:13)	6:12 (28:25)
	2:38 (31:03)	4:26 (35:29)	3:08 (38:37)	3:42 (42:19)		5:09 (47:28)	2:58 (50:26)
	5:22 (55:48)	1:21 (57:09)	0:38 (57:47)				
15.	Britta Frederiksen		FIF Hillerød Orientering	1:02:52	+29:06		
	4:18 (4:18)	2:12 (6:30)	2:51 (9:21)	4:11 (13:32)		4:51 (18:23)	5:13 (23:36)
	3:22 (26:58)	10:54 (37:52)	2:25 (40:17)	7:21 (47:38)		4:36 (52:14)	3:18 (55:32)
	5:27 (1:00:59)	1:22 (1:02:21)	0:31 (1:02:52)				
16.	Anne Marie Topp		OK ØST Birkerød	1:03:02	+29:16		
	5:16 (5:16)	2:10 (7:26)	2:34 (10:00)	3:36 (13:36)		5:47 (19:23)	7:13 (26:36)
	12:21 (38:57)	4:52 (43:49)	2:46 (46:35)	2:00 (48:35)		6:13 (54:48)	2:29 (57:17)
	3:37 (1:00:54)	1:24 (1:02:18)	0:44 (1:03:02)				
17.	Inge K. Kristoffersen		Ballerup OK	1:05:34	+31:48		
	4:32 (4:32)	2:37 (7:09)	5:02 (12:11)	5:44 (17:55)		5:40 (23:35)	6:25 (30:00)
	2:43 (32:43)	4:17 (37:00)	5:26 (42:26)	5:21 (47:47)		6:41 (54:28)	3:15 (57:43)
	5:35 (1:03:18)	1:34 (1:04:52)	0:42 (1:05:34)				
18.	Christina Nilsson		Amager OK	1:05:41	+31:55		
	4:46 (4:46)	2:23 (7:09)	4:17 (11:26)	4:28 (15:54)		13:03 (28:57)	5:44 (34:41)
	2:53 (37:34)	4:07 (41:41)	3:06 (44:47)	2:40 (47:27)		6:35 (54:02)	3:57 (57:59)
	5:02 (1:03:01)	1:43 (1:04:44)	0:57 (1:05:41)				
19.	Lene Øbro		Tisvilde Hegn OK	1:11:41	+37:55		
	3:23 (3:23)	2:00 (5:23)	3:27 (8:50)	4:25 (13:15)		4:16 (17:31)	5:50 (23:21)
	2:04 (25:25)	2:57 (28:22)	22:20 (50:42)	4:17 (54:59)		4:05 (59:04)	4:45 (1:03:49)
	5:13 (1:09:02)	1:59 (1:11:01)	0:40 (1:11:41)				
20.	Pernille Halberg Petersen		FIF Hillerød Orientering	1:12:16	+38:30		
	10:42 (10:42)	2:20 (13:02)	19:22 (32:24)	3:50 (36:14)		4:41 (40:55)	5:15 (46:10)
	2:25 (48:35)	4:41 (53:16)	2:36 (55:52)	2:26 (58:18)		4:39 (1:02:57)	2:08 (1:05:05)
	5:04 (1:10:09)	1:27 (1:11:36)	0:40 (1:12:16)				
21.	Trine Hershøj		Ballerup OK	1:13:19	+39:33		
	15:21 (15:21)	2:03 (17:24)	4:34 (21:58)	7:23 (29:21)		9:48 (39:09)	4:40 (43:49)
	2:33 (46:22)	4:09 (50:31)	2:40 (53:11)	2:42 (55:53)		4:11 (1:00:04)	6:45 (1:06:49)
	4:50 (1:11:39)	1:07 (1:12:46)	0:33 (1:13:19)				
22.	Gitte Rasmussen		Køge OK	1:17:49	+44:03		
	5:53 (5:53)	3:00 (8:53)	3:51 (12:44)	5:25 (18:09)		10:35 (28:44)	7:16 (36:00)
	4:55 (40:55)	5:01 (45:56)	4:32 (50:28)	4:45 (55:13)		8:45 (1:03:58)	4:16 (1:08:14)
	6:40 (1:14:54)	1:53 (1:16:47)	1:02 (1:17:49)				
23.	Susan Laugaard Hansen		Køge OK	1:29:35	+55:49		
	15:13 (15:13)	2:35 (17:48)	5:17 (23:05)	7:59 (31:04)		5:59 (37:03)	5:58 (43:01)
	3:27 (46:28)	5:33 (52:01)	2:56 (54:57)	6:32 (1:01:29)		7:58 (1:09:27)	11:53 (1:21:20)
	5:06 (1:26:26)	2:29 (1:28:55)	0:40 (1:29:35)				
24.	Cita Nielsen		Herlufsholm OK	1:37:13	+63:27		
	8:54 (8:54)	2:46 (11:40)	10:42 (22:22)	14:45 (37:07)		6:15 (43:22)	5:06 (48:28)
	2:56 (51:24)	10:24 (1:01:48)	10:50 (1:12:38)	2:31 (1:15:09)		8:24 (1:23:33)	5:22 (1:28:55)
	5:53 (1:34:48)	1:40 (1:36:28)	0:45 (1:37:13)				
	Jane Nielsen		Farum OK	Fejlklip			
	3:45 (3:45)	2:01 (5:46)	– (–)	– (20:59)		4:15 (25:14)	3:46 (29:00)
	1:50 (30:50)	4:39 (35:29)	2:45 (38:14)	3:12 (41:26)		6:38 (48:04)	2:59 (51:03)
	4:06 (55:09)	1:54 (57:03)	0:39 (57:42)				
	Dorthe Hansen		Søllerød OK	Udgået			
	6:40 (6:40)	3:38 (10:18)	7:13 (17:31)	7:23 (24:54)		6:56 (31:50)	18:34 (50:24)
	3:37 (54:01)	10:35 (1:04:36)	27:25 (1:32:01)	– (–)		– (–)	– (–)
	– (–)	– (–)	– (–)				
	Helle Aaen		Farum OK	Ej startet			
	Marianne Petersen		OK ØST Birkerød	Ej startet			
	Sidse Graff Jensen		FIF Hillerød Orientering	Ej startet			
	Susanne Christiansen		Farum OK	Ej startet			
	Tina Ertbjerg		Ballerup OK	Ej startet			
Beg			(31 / 31)	Tid	Efter		
1.	Adam Elbæk		Søllerød OK	17:21			
	2:06 (2:06)	1:59 (4:05)	1:41 (5:46)	1:51 (7:37)		1:07 (8:44)	2:04 (10:48)
	0:48 (11:36)	1:05 (12:41)	1:52 (14:33)	0:54 (15:27)		1:25 (16:52)	0:29 (17:21)
2.	Frida Elbæk		Søllerød OK	20:46	+3:25		
	2:09 (2:09)	1:58 (4:07)	1:51 (5:58)	2:18 (8:16)		1:21 (9:37)	2:48 (12:25)
	1:25 (13:50)	1:26 (15:16)	1:56 (17:12)	1:11 (18:23)		1:48 (20:11)	0:35 (20:46)

3.	Jens Andreassen		Farum OK	24:22	+7:01		
	2:43 (2:43)	2:49 (5:32)	2:04 (7:36)	2:49 (10:25)		2:04 (12:29)	3:06 (15:35)
	1:02 (16:37)	1:22 (17:59)	2:44 (20:43)	1:07 (21:50)		1:55 (23:45)	0:37 (24:22)
4.	Emilie Koch Holmstrup		OK ØST Birkerød	25:51	+8:30		
	4:08 (4:08)	2:26 (6:34)	2:29 (9:03)	2:30 (11:33)		1:27 (13:00)	3:49 (16:49)
	1:04 (17:53)	1:12 (19:05)	3:34 (22:39)	1:06 (23:45)		1:39 (25:24)	0:27 (26:51)
5.	Jonathan Vejgaard Andersen		Ballerup OK	26:16	+8:55		
	2:54 (2:54)	2:45 (5:39)	2:14 (7:53)	3:02 (10:55)		1:50 (12:45)	3:14 (15:59)
	1:23 (17:22)	1:39 (19:01)	3:16 (22:17)	1:30 (23:47)		1:52 (25:39)	0:37 (26:16)
6.	Listbeth Haals		PI-København	26:40	+9:19		
	3:19 (3:19)	2:48 (6:07)	2:16 (8:23)	2:53 (11:16)		1:42 (12:58)	3:39 (16:37)
	1:12 (17:49)	1:41 (19:30)	2:48 (22:18)	1:16 (23:34)		2:19 (25:53)	0:47 (26:40)
7.	Anne M. Jensen		Søllerød OK	27:45	+10:24		
	2:59 (2:59)	2:26 (5:25)	2:05 (7:30)	2:49 (10:19)		1:31 (11:50)	3:01 (14:51)
	1:04 (15:55)	1:47 (17:42)	6:18 (24:00)	1:11 (25:11)		1:56 (27:07)	0:38 (27:45)
8.	Stig Andersen		Herlufsholm OK	28:01	+10:40		
	4:40 (4:40)	2:55 (7:35)	2:19 (9:54)	2:45 (12:39)		1:27 (14:06)	3:05 (17:11)
	1:14 (18:25)	1:39 (20:04)	4:03 (24:07)	1:13 (25:20)		1:58 (27:18)	0:43 (28:01)
9.	Asta Sæther-Dahl		Søllerød OK	28:10	+10:49		
	3:22 (3:22)	3:23 (6:45)	2:44 (9:29)	3:32 (13:01)		1:10 (14:11)	3:23 (17:34)
	1:37 (19:11)	1:38 (20:49)	3:44 (24:33)	1:19 (25:52)		1:46 (27:38)	0:32 (28:10)
10.	Henrik Krag-Jensen		Søllerød OK	28:27	+11:06		
	3:50 (3:50)	2:43 (6:33)	2:41 (9:14)	3:20 (12:34)		1:55 (14:29)	3:57 (18:26)
	1:19 (19:45)	1:44 (21:29)	2:48 (24:17)	1:21 (25:38)		2:07 (27:45)	0:42 (28:27)
11.	Lasse Brunstedt Jacobsen		OK ØST Birkerød	28:51	+11:30		
	3:02 (3:02)	2:38 (5:40)	2:58 (8:38)	3:58 (12:36)		1:56 (14:32)	4:08 (18:40)
	1:05 (19:45)	2:03 (21:48)	2:54 (24:42)	1:17 (25:59)		2:06 (28:05)	0:46 (28:51)
12.	Bertram Johan Dahl		FIF Hillerød Orientering	28:58	+11:37		
	3:32 (3:32)	2:36 (6:08)	2:20 (8:28)	2:56 (11:24)		1:51 (13:15)	3:29 (16:44)
	1:31 (18:15)	1:58 (20:13)	4:28 (24:41)	1:32 (26:13)		2:13 (28:26)	0:32 (28:58)
12.	Caroline Koch Holmstrup		OK ØST Birkerød	28:58	+11:37		
	4:09 (4:09)	2:26 (6:35)	2:26 (9:01)	3:07 (12:08)		1:34 (13:42)	4:10 (17:52)
	1:07 (18:59)	1:34 (20:33)	3:24 (23:57)	1:50 (25:47)		2:37 (28:24)	0:34 (28:58)
14.	Dagmar Marager		Allerød OK	29:45	+12:24		
	3:51 (3:51)	3:27 (7:18)	3:13 (10:31)	3:26 (13:57)		2:01 (15:58)	3:46 (19:44)
	1:08 (20:52)	1:53 (22:45)	2:46 (25:31)	1:30 (27:01)		2:06 (29:07)	0:38 (29:45)
15.	Sebastian Sparre Højsted		Amager OK	30:50	+13:29		
	3:26 (3:26)	3:32 (6:58)	3:18 (10:16)	3:26 (13:42)		2:00 (15:42)	4:09 (19:51)
	1:32 (21:23)	1:47 (23:10)	3:02 (26:12)	1:34 (27:46)		2:31 (30:17)	0:33 (30:50)
16.	Johan Meldgaard Marschner		OK Sorø	31:11	+13:50		
	2:56 (2:56)	2:47 (5:43)	2:24 (8:07)	3:37 (11:44)		1:45 (13:29)	4:30 (17:59)
	1:30 (19:29)	2:06 (21:35)	4:20 (25:55)	2:55 (28:50)		1:51 (30:41)	0:30 (31:11)
17.	Silas Hoffmann		OK Sorø	31:23	+14:02		
	3:50 (3:50)	2:57 (6:47)	2:31 (9:18)	3:39 (12:57)		1:39 (14:36)	5:23 (19:59)
	1:53 (21:52)	1:39 (23:31)	3:20 (26:51)	2:03 (28:54)		1:56 (30:50)	0:33 (31:23)
18.	Maria Weber		Tisvilde Hegn OK	32:01	+14:40		
	4:14 (4:14)	3:40 (7:54)	3:09 (11:03)	3:45 (14:48)		1:51 (16:39)	3:50 (20:29)
	1:32 (22:01)	1:59 (24:00)	3:20 (27:20)	1:27 (28:47)		2:16 (31:03)	0:58 (32:01)
19.	Esben Andersen		Ballerup OK	33:19	+15:58		
	3:04 (3:04)	4:09 (7:13)	3:15 (10:28)	4:11 (14:39)		1:53 (16:32)	4:22 (20:54)
	2:30 (23:24)	1:40 (25:04)	4:12 (29:16)	1:32 (30:48)		1:58 (32:46)	0:33 (33:19)
20.	Amanda Hershøj-Hjorth		Ballerup OK	35:55	+18:34		
	3:30 (3:30)	3:49 (7:19)	3:28 (10:47)	3:56 (14:43)		2:36 (17:19)	4:50 (22:09)
	1:41 (23:50)	2:11 (26:01)	3:41 (29:42)	2:31 (32:13)		3:01 (35:14)	0:41 (35:55)
21.	Claus Mikkelsen		Herlufsholm OK	35:56	+18:35		
	4:13 (4:13)	3:42 (7:55)	3:20 (11:15)	3:55 (15:10)		2:00 (17:10)	5:17 (22:27)
	1:37 (24:04)	2:22 (26:26)	4:01 (30:27)	1:34 (32:01)		2:41 (34:42)	1:14 (35:56)
22.	Augusta Orry Bachhausen		FIF Hillerød Orientering	36:39	+19:18		
	4:17 (4:17)	5:10 (9:27)	2:53 (12:20)	4:11 (16:31)		2:37 (19:08)	5:50 (24:58)
	2:37 (27:35)	1:33 (29:08)	2:51 (31:59)	1:30 (33:29)		2:23 (35:52)	0:47 (36:39)
23.	Ida Nygaard Monrad		FIF Hillerød Orientering	39:05	+21:44		
	4:37 (4:37)	5:10 (9:47)	4:16 (14:03)	3:34 (17:37)		2:19 (19:56)	6:01 (25:57)
	1:17 (27:14)	2:03 (29:17)	4:48 (34:05)	1:49 (35:54)		2:41 (38:35)	0:30 (39:05)
24.	Adam Reinwald		Amager OK	40:39	+23:18		
	7:19 (7:19)	5:35 (12:54)	4:30 (17:24)	3:20 (20:44)		2:16 (23:00)	4:49 (27:49)
	1:47 (29:36)	2:18 (31:54)	3:56 (35:50)	1:56 (37:46)		2:17 (40:03)	0:36 (40:39)
25.	Andrea Hershøj-Hjorth		Ballerup OK	43:11	+25:50		
	4:01 (4:01)	5:29 (9:30)	4:20 (13:50)	3:07 (16:57)		2:08 (19:05)	6:13 (25:18)
	1:28 (26:46)	2:33 (29:19)	8:05 (37:24)	1:42 (39:06)		3:17 (42:23)	0:48 (43:11)
26.	Camilla Bergmann		Allerød OK	1:00:51	+43:30		
	6:36 (6:36)	5:51 (12:27)	5:13 (17:40)	8:01 (25:41)		3:26 (29:07)	7:35 (36:42)
	2:59 (39:41)	4:17 (43:58)	6:47 (50:45)	2:56 (53:41)		4:46 (58:27)	2:24 (1:00:51)
27.	Bente Dahl		PI-København	1:08:40	+51:19		
	7:37 (7:37)	4:59 (12:36)	5:19 (17:55)	12:27 (30:22)		3:27 (33:49)	7:52 (41:41)
	2:31 (44:12)	4:17 (48:29)	8:58 (57:27)	3:16 (1:00:43)		5:47 (1:06:30)	2:10 (1:08:40)
28.	Aia Rosell Holt		Køge OK	1:14:48	+57:27		
	6:01 (6:01)	5:15 (11:16)	5:14 (16:30)	6:45 (23:15)		24:00 (47:15)	7:40 (54:55)
	2:32 (57:27)	3:50 (1:01:17)	5:52 (1:07:09)	2:26 (1:09:35)		3:56 (1:13:31)	1:17 (1:14:48)
	Andreas Erichsen		OK Sorø	Ej startet			
	Iris Møller		OK Sorø	Ej startet			
	Thomas Gerardo Hansen Petersen		OK ØST Birkerød	Ej startet			
D10			(8 / 8)	Tid	Efter		
1.	Camille Friis Scheby		OK Sorø	22:26			
	2:27 (2:27)	2:27 (4:54)	1:55 (6:49)	2:40 (9:29)		1:30 (10:59)	2:54 (13:53)
	1:02 (14:55)	1:23 (16:18)	2:40 (18:58)	1:10 (20:08)		1:52 (22:00)	0:26 (22:26)
2.	Ida Marie Lyng Landsperg		Tisvilde Hegn OK	28:39	+6:13		
	2:55 (2:55)	3:24 (6:19)	3:07 (9:26)	3:20 (12:46)		1:52 (14:38)	4:28 (19:06)
	1:28 (20:34)	1:36 (22:10)	2:58 (25:08)	1:20 (26:28)		1:39 (28:07)	0:32 (28:39)
3.	Hanna Bæk Christiansen		Søllerød OK	35:35	+13:09		
	2:46 (2:46)	2:20 (5:06)	2:09 (7:15)	10:54 (18:09)		2:32 (20:41)	4:07 (24:48)
	1:25 (26:13)	1:45 (27:58)	3:21 (31:19)	1:28 (32:47)		2:24 (35:11)	0:24 (35:35)
4.	Carla Holm Eiberg		Søllerød OK	35:42	+13:16		
	2:55 (2:55)	2:19 (5:14)	2:11 (7:25)	11:09 (18:34)		2:24 (20:58)	3:57 (24:55)
	1:25 (26:20)	1:41 (28:01)	3:26 (31:27)	1:28 (32:55)		2:24 (35:19)	0:23 (35:42)

5.	Kaya Funder Skovlyst 4:14 (4:14) 2:20 (35:45)	5:43 (9:57) 2:04 (37:49)	FIF Hillerød Orientering 7:48 (17:45) 2:48 (40:37)	44:48 +22:22 6:45 (24:30) 1:31 (42:08)	3:51 (28:21) 2:09 (44:17)	5:04 (33:25) 0:31 (44:48)
6.	Lærke Konring Larsen 3:36 (3:36) 2:20 (31:10)	3:56 (7:32) 2:45 (33:55)	FIF Hillerød Orientering 4:36 (12:08) 5:20 (39:15)	44:49 +22:23 5:24 (17:32) 2:15 (41:30)	3:48 (21:20) 2:47 (44:17)	7:30 (28:50) 0:32 (44:49)
	Emma Nygaard Monrad 3:31 (3:31) – (22:47)	3:02 (6:33) 2:11 (24:58)	FIF Hillerød Orientering 2:43 (9:16) 3:22 (28:20)	Føjklip 4:57 (14:13) 1:50 (30:10)	1:38 (15:51) 2:21 (32:31)	– (–) 0:34 (33:05)
	Nanna Rosell Holt 5:58 (5:58) – (57:27)	5:19 (11:17) 3:50 (1:01:17)	Køge OK 5:02 (16:19) 5:45 (1:07:02)	Føjklip 6:36 (22:55) 2:29 (1:09:31)	24:15 (47:10) 4:00 (1:13:31)	– (–) 1:16 (1:14:47)

D12B

			(1 / 1)	Tid	Efter		
1.	Alvide Gemmer Hanghøj 3:27 (3:27) 1:40 (19:23)	2:47 (6:14) 2:01 (21:24)	Ballerup OK 2:58 (9:12) 2:45 (24:09)	28:27 3:22 (12:34) 1:43 (25:52)	1:26 (14:00) 2:00 (27:52)	3:43 (17:43) 0:35 (28:27)	

H10

			(8 / 8)	Tid	Efter		
1.	Niclas Cook Simonsen 2:20 (2:20) 2:04 (15:30)	2:23 (4:43) 1:07 (16:37)	FIF Hillerød Orientering 3:14 (7:57) 3:19 (19:56)	22:37 1:58 (9:55) 0:56 (20:52)	1:10 (11:05) 1:16 (22:08)	2:21 (13:26) 0:29 (22:37)	
2.	Rasmus Lühje 3:48 (3:48) 1:26 (19:43)	3:22 (7:10) 1:25 (21:08)	Søllerød OK 2:52 (10:02) 2:57 (24:05)	27:27 +4:50 3:03 (13:05) 1:21 (25:66)	1:57 (15:02) 1:29 (26:55)	3:15 (18:17) 0:32 (27:27)	
3.	David Lühje 3:51 (3:51) 1:23 (19:47)	3:54 (7:45) 1:30 (21:17)	Søllerød OK 2:28 (10:13) 2:56 (24:13)	28:02 +5:25 3:29 (13:42) 1:22 (25:35)	1:35 (15:17) 1:49 (27:24)	3:07 (18:24) 0:38 (28:02)	
4.	Emil Holm Miller 3:00 (3:00) 1:13 (20:26)	4:20 (7:20) 1:56 (22:22)	OK ØST Birkerød 2:32 (9:52) 3:06 (25:28)	29:26 +6:49 3:18 (13:10) 1:21 (26:49)	1:41 (14:51) 1:59 (28:48)	4:22 (19:13) 0:38 (29:26)	
5.	Samuel Næstoft Tabanera 3:31 (3:31) 2:08 (20:10)	3:31 (7:02) 2:16 (22:26)	Søllerød OK 2:33 (9:35) 4:36 (27:02)	31:00 +8:23 3:04 (12:39) 1:29 (28:31)	1:52 (14:31) 1:56 (30:27)	3:31 (18:02) 0:33 (31:00)	
6.	Rune Cederberg 2:59 (2:59) 2:22 (23:10)	4:09 (7:08) 1:48 (24:58)	Ballerup OK 3:19 (10:27) 4:02 (29:00)	33:07 +10:30 4:00 (14:27) 1:41 (30:41)	1:51 (16:18) 1:55 (32:36)	4:30 (20:48) 0:31 (33:07)	
7.	Magne Funder Skovlyst 2:51 (2:51) 1:55 (24:45)	3:48 (6:39) 2:07 (26:52)	FIF Hillerød Orientering 2:58 (9:37) 4:42 (31:34)	36:27 +13:50 4:00 (13:37) 1:48 (33:22)	2:37 (16:14) 2:35 (35:57)	6:36 (22:50) 0:30 (36:27)	
8.	Tobias Egekvist 2:55 (2:55) 2:01 (24:54)	3:47 (6:42) 1:54 (26:48)	FIF Hillerød Orientering 2:55 (9:37) 4:50 (31:38)	36:34 +13:57 4:05 (13:42) 1:43 (33:21)	2:39 (16:21) 2:40 (36:01)	6:32 (22:53) 0:33 (36:34)	

H12B

			(5 / 5)	Tid	Efter		
1.	Stian Hoffmann 2:27 (2:27) 0:57 (13:40)	2:18 (4:45) 1:19 (14:59)	OK Sorø 2:00 (6:45) 1:53 (16:52)	20:07 2:15 (9:00) 1:02 (17:54)	1:15 (10:15) 1:39 (19:33)	2:28 (12:43) 0:34 (20:07)	
2.	Lars Andersen 2:37 (2:37) 0:53 (13:55)	2:06 (4:43) 1:11 (15:06)	Tisvilde Hegn OK 2:05 (6:48) 2:59 (18:05)	20:51 +0:44 2:11 (8:59) 0:57 (19:02)	1:16 (10:15) 1:19 (20:21)	2:47 (13:02) 0:30 (20:51)	
3.	Victor Niehues Birch 2:38 (2:38) 1:05 (14:02)	2:03 (4:41) 1:33 (15:35)	Allerød OK 2:03 (6:44) 2:23 (17:58)	21:30 +1:23 2:24 (9:08) 1:18 (19:16)	1:08 (10:16) 1:41 (20:57)	2:41 (12:57) 0:33 (21:30)	
4.	Erik Magnus Graae 2:39 (2:39) 1:23 (16:07)	2:33 (5:12) 1:20 (17:27)	Søllerød OK 1:56 (7:08) 2:27 (19:54)	22:59 +2:52 2:35 (9:43) 0:59 (20:53)	1:41 (11:24) 1:41 (22:34)	3:20 (14:44) 0:25 (22:59)	
5.	Benjamin Næstoft Tabanera 2:34 (2:34) 2:07 (18:41)	2:59 (5:33) 1:39 (20:20)	Søllerød OK 2:31 (8:04) 5:17 (25:37)	29:26 +9:19 3:08 (11:12) 1:31 (27:08)	1:52 (13:04) 1:54 (29:02)	3:30 (16:34) 0:24 (29:26)	

Åben 1

			(21 / 21)	Tid	Efter		
1.	Allan Søgaard 3:01 (3:01) 1:52 (20:04) 2:44 (35:09)	3:20 (6:21) 2:06 (22:10) 2:17 (37:26)	OK Roskilde 4:32 (10:53) 1:10 (23:20) 3:38 (41:04)	43:56 2:51 (13:44) 4:28 (27:48) 1:54 (42:58)	1:13 (14:57) 3:16 (31:04) 0:35 (43:33)	3:15 (18:12) 1:21 (32:25) 0:23 (43:56)	
2.	Mikkel Buchgreitz 3:27 (3:27) 2:04 (21:31) 3:10 (40:22)	3:18 (6:45) 3:00 (24:31) 2:43 (43:05)	Søllerød 5:00 (11:45) 1:20 (25:51) 3:47 (46:52)	50:10 +6:14 3:07 (14:52) 5:35 (31:26) 2:13 (49:05)	1:09 (16:01) 4:06 (35:32) 0:41 (49:46)	3:26 (19:27) 1:40 (37:12) 0:24 (50:10)	
3.	Jens Hansen 3:42 (3:42) 2:15 (24:15) 3:21 (42:05)	3:40 (7:22) 2:38 (26:53) 2:42 (44:47)	ROID 3:28 (10:50) 1:30 (28:23) 3:55 (48:42)	52:17 +8:21 6:07 (16:57) 5:07 (33:30) 2:21 (51:03)	1:15 (18:12) 3:43 (37:13) 0:45 (51:48)	3:48 (22:00) 1:31 (38:44) 0:29 (52:17)	
4.	Hanne Fogh 4:01 (4:01) 2:21 (24:24) 3:18 (44:22)	3:40 (7:41) 3:04 (27:28) 2:58 (47:20)	FSK Orientering 5:42 (13:23) 1:46 (29:14) 4:14 (51:34)	55:27 +11:31 3:17 (16:40) 5:49 (35:03) 2:22 (53:56)	1:09 (17:49) 4:12 (39:15) 1:02 (54:58)	4:14 (22:03) 1:49 (41:04) 0:29 (55:27)	
5.	Bjørn Westen Rasmussen 3:46 (3:46) 2:44 (25:24) 3:35 (46:06)	3:49 (7:35) 2:52 (28:16) 3:00 (49:06)	FSK 5:39 (13:14) 1:44 (30:00) 4:27 (53:33)	57:37 +13:41 3:41 (16:55) 6:18 (36:18) 2:40 (56:13)	1:54 (18:49) 4:37 (40:55) 0:50 (57:03)	3:51 (22:40) 1:36 (42:31) 0:34 (57:37)	
6.	John Tripax 4:02 (4:02) 2:44 (28:33) 5:33 (54:39)	4:31 (8:33) 4:24 (32:57) 2:49 (57:28)	OK Roskilde 6:11 (14:44) 2:06 (35:03) 5:08 (1:02:36)	1:06:58 +23:02 3:51 (18:35) 7:17 (42:20) 2:51 (1:05:27)	1:57 (20:32) 4:41 (47:01) 0:59 (1:06:26)	5:17 (25:49) 2:05 (49:06) 0:32 (1:06:58)	
7.	Kim Folander 4:11 (4:11) 3:00 (30:19) 3:44 (54:53)	5:17 (9:28) 4:07 (34:26) 3:18 (58:11)	FSK Orientering 7:19 (16:47) 1:46 (36:12) 4:56 (1:03:07)	1:07:19 +23:23 3:59 (20:46) 6:53 (43:05) 2:49 (1:05:56)	1:41 (22:27) 5:39 (48:44) 0:55 (1:06:51)	4:52 (27:19) 2:25 (51:09) 0:28 (1:07:19)	
8.	Max Prang 3:21 (3:21) 5:38 (30:24) 3:25 (57:13)	4:09 (7:30) 3:11 (33:35) 3:25 (1:00:38)	Fredensborg OK 7:06 (14:36) 2:58 (36:33) 4:22 (1:05:00)	1:08:43 +24:47 3:45 (18:21) 10:35 (47:08) 2:26 (1:07:26)	2:07 (20:28) 4:49 (51:57) 0:48 (1:08:14)	4:18 (24:46) 1:51 (53:48) 0:29 (1:08:43)	
9.	Kurt Thuesen 3:50 (3:50) 3:09 (25:35) 3:26 (58:30)	3:48 (7:38) 2:44 (28:19) 2:57 (1:01:27)	FSK 6:10 (13:48) 1:45 (30:04) 4:42 (1:06:09)	1:10:05 +26:09 3:29 (17:17) 17:56 (48:00) 2:34 (1:08:43)	1:14 (18:31) 5:06 (53:06) 0:50 (1:09:33)	3:55 (22:26) 1:58 (55:04) 0:32 (1:10:05)	

10.	Henrik Nielsen 4:17 (4:17) 3:03 (29:32) 4:48 (56:04)	4:09 (8:26) 3:36 (33:08) 3:47 (59:51)	Holbæk OK 7:19 (15:45) 2:06 (35:14) 5:51 (1:05:42)	1:10:13 +26:17 4:08 (19:53) 8:10 (43:24) 2:55 (1:08:37)	1:31 (2:124) 5:45 (49:09) 1:01 (1:09:38)	5:05 (26:29) 2:07 (51:16) 0:35 (1:10:13)
11.	Hakon Mosbech 3:50 (3:50) 3:27 (30:41) 4:29 (58:03)	5:50 (9:40) 5:54 (36:35) 3:43 (1:01:46)	OK Skærmem 6:54 (16:34) 2:15 (38:50) 5:10 (1:06:56)	1:11:18 +27:22 4:47 (21:21) 7:07 (45:57) 2:49 (1:09:45)	1:29 (22:50) 5:16 (51:13) 1:02 (1:10:47)	4:24 (27:14) 2:21 (53:34) 0:31 (1:11:18)
12.	Michael 5:02 (5:02) 2:51 (32:41) 4:50 (1:00:13)	5:39 (10:41) 4:32 (37:13) 3:25 (1:03:38)	Uden klub 7:17 (17:58) 2:06 (39:19) 7:07 (1:10:45)	1:15:31 +31:35 4:09 (22:07) 8:43 (48:02) 3:02 (1:13:47)	2:20 (24:27) 5:04 (53:06) 1:11 (1:14:58)	5:23 (29:50) 2:17 (55:23) 0:33 (1:15:31)
12.	Michael Horn Rolighed 5:02 (5:02) 2:51 (32:41) 4:50 (1:00:13)	5:39 (10:41) 4:32 (37:13) 3:25 (1:03:38)	Lyngby OK 7:17 (17:58) 2:06 (39:19) 7:07 (1:10:45)	1:15:31 +31:35 4:09 (22:07) 8:43 (48:02) 3:02 (1:13:47)	2:20 (24:27) 5:04 (53:06) 1:11 (1:14:58)	5:23 (29:50) 2:17 (55:23) 0:33 (1:15:31)
14.	Ulla Hooge 4:56 (4:56) 3:06 (34:34) 4:38 (1:03:34)	5:28 (10:24) 4:49 (39:23) 4:09 (1:07:43)	OK Skærmem 8:45 (19:09) 2:14 (41:37) 5:38 (1:13:21)	1:18:15 +34:19 5:25 (24:34) 8:44 (50:21) 3:31 (1:16:52)	1:48 (26:22) 6:13 (56:34) 0:54 (1:17:46)	5:06 (31:28) 2:22 (58:56) 0:29 (1:18:15)
15.	Niels Hamborg Jensen 5:04 (5:04) 3:06 (32:07) 5:27 (1:05:45)	4:47 (9:51) 3:37 (35:44) 4:01 (1:09:46)	OK Skærmem Værløse 7:39 (17:30) 2:05 (37:49) 5:58 (1:15:44)	1:20:52 +36:56 4:39 (22:09) 13:34 (51:23) 3:43 (1:19:27)	2:20 (24:29) 6:08 (57:31) 0:53 (1:20:20)	4:32 (29:01) 2:47 (1:00:18) 0:32 (1:20:52)
16.	Karl Aage Hald 4:21 (4:21) 3:45 (35:07) 5:12 (1:07:01)	5:03 (9:24) 5:11 (40:18) 4:22 (1:11:23)	FSK Orientering 8:59 (18:23) 2:24 (42:42) 6:20 (1:17:43)	1:23:18 +39:22 4:33 (22:56) 9:01 (51:43) 3:32 (1:21:15)	1:45 (24:41) 6:25 (58:08) 1:19 (1:22:34)	6:41 (31:22) 3:41 (1:01:49) 0:44 (1:23:18)
17.	Allan Christiansen 5:07 (5:07) 3:00 (35:45) 4:39 (1:37:00)	6:55 (12:02) 5:08 (40:53) 4:00 (1:41:00)	Fredensborg OK 7:03 (19:05) 2:01 (42:54) 5:32 (1:46:32)	1:52:02 +68:06 5:41 (24:46) 39:00 (1:21:54) 4:00 (1:50:32)	2:19 (27:05) 6:56 (1:28:50) 0:53 (1:51:25)	5:40 (32:45) 3:31 (1:32:21) 0:37 (1:52:02)
	Håkan Berglund Lake 3:34 (3:34) 2:23 (23:19) 3:33 (46:06)	4:02 (7:36) 2:56 (26:15) 2:53 (48:59)	Kavlunds IF 5:31 (13:07) 2:29 (28:44) 4:15 (53:14)	Føjklip 3:35 (16:42) 6:55 (35:39) 2:28 (55:42)	– (–) 4:59 (40:38) 0:52 (56:34)	– (20:56) 1:55 (42:33) 0:28 (57:02)
	Michael Andersen 6:23 (6:23) – (–) – (–)	3:40 (10:03) – (–) – (–)	OK Roskilde 7:45 (17:48) – (–) – (–)	Føjklip 2:55 (20:43) – (–) – (–)	– (–) – (–) – (38:55)	– (–) – (–) 0:36 (39:31)
	Anders Juhl Thomsen Lars Basballe		OK Roskilde FSK Orientering	Ej startet Ej startet		
Åben 2			(27 / 27)	Tid Efter		
1.	Preben Sloth 2:52 (2:52) 1:48 (21:52) 0:32 (35:05)	5:32 (8:24) 4:22 (26:14)	FIF Hillerød Orientering 2:36 (11:00) 2:24 (28:38)	35:05 2:16 (13:16) 2:50 (31:28)	3:34 (16:50) 2:09 (33:37)	3:14 (20:04) 0:56 (34:33)
2.	Sven-Åke Emanuelsson 3:07 (3:07) 2:06 (24:47) 0:40 (40:42)	6:16 (9:23) 5:02 (29:49)	Helsingborgs SOK 2:52 (12:15) 2:44 (32:33)	40:42 +5:37 2:33 (14:48) 3:36 (36:09)	4:19 (19:07) 2:46 (38:55)	3:34 (22:41) 1:07 (40:02)
3.	Hanne Møller Jensen 3:35 (3:35) 2:48 (27:02) 0:31 (42:14)	5:40 (9:15) 4:36 (31:38)	OK Roskilde 4:14 (13:29) 2:51 (34:29)	42:14 +7:09 2:19 (15:48) 3:23 (37:52)	4:49 (20:37) 3:00 (40:52)	3:37 (24:14) 0:51 (41:43)
4.	Knud Lykking 5:21 (5:21) 2:16 (28:11) 0:39 (43:07)	6:49 (12:10) 4:25 (32:36)	OK73 2:51 (15:01) 2:31 (35:07)	43:07 +8:02 2:35 (17:36) 3:50 (38:57)	4:25 (22:01) 2:27 (41:24)	3:54 (25:55) 1:04 (42:28)
5.	Mogens Hansen 3:32 (3:32) 2:23 (28:28) 0:42 (43:48)	7:38 (11:10) 4:07 (32:35)	OK Skærmem Værløse 3:28 (14:38) 3:04 (35:39)	43:48 +8:43 2:32 (17:10) 3:31 (39:10)	4:54 (22:04) 2:46 (41:56)	4:01 (26:05) 1:10 (43:06)
6.	Patrick Søgaard 3:20 (3:20) 2:40 (30:13) 0:25 (44:22)	7:24 (10:44) 4:49 (35:02)	OK Roskilde 4:30 (15:14) 3:08 (38:10)	44:22 +9:17 2:36 (17:50) 3:16 (41:26)	5:24 (23:14) 1:42 (43:08)	4:19 (27:33) 0:49 (43:57)
7.	Else Gudme 3:33 (3:33) 2:57 (31:51) 0:32 (46:04)	6:55 (10:28) 4:00 (35:51)	OK73 5:58 (16:26) 2:56 (38:47)	46:04 +10:59 2:31 (18:57) 3:04 (41:51)	5:21 (24:18) 2:35 (44:26)	4:36 (28:54) 1:06 (45:32)
8.	Bjarne Pedersen 3:28 (3:28) 3:37 (29:50) 0:35 (47:01)	6:36 (10:04) 5:02 (34:52)	OK Roskilde 3:22 (13:26) 2:58 (37:50)	47:01 +11:56 2:46 (16:12) 4:49 (42:39)	4:48 (21:00) 2:29 (45:08)	5:13 (26:13) 1:18 (46:26)
9.	Henrik Boesen 4:07 (4:07) 2:21 (29:45) 0:35 (47:44)	6:43 (10:50) 5:13 (34:58)	OK Roskilde 3:28 (14:18) 3:04 (38:02)	47:44 +12:39 3:10 (17:28) 4:44 (42:46)	4:55 (22:23) 3:09 (45:55)	5:01 (27:24) 1:14 (47:09)
10.	Gunner Jørgensen 3:49 (3:49) 2:24 (30:44) 0:44 (47:56)	9:06 (12:55) 6:00 (36:44)	OK73 4:03 (16:58) 3:17 (40:01)	47:56 +12:51 2:55 (19:53) 3:13 (43:14)	4:43 (24:36) 2:41 (45:55)	3:44 (28:20) 1:17 (47:12)
11.	Jannie Nielsen 4:43 (4:43) 3:26 (32:49) 0:34 (48:58)	8:05 (12:48) 4:23 (37:12)	Holbæk OK 4:45 (17:33) 3:12 (40:24)	48:58 +13:53 2:54 (20:27) 4:03 (44:27)	5:11 (25:38) 2:41 (47:08)	3:45 (29:23) 1:16 (48:24)
12.	Inge Madsen 3:48 (3:48) 2:54 (32:10) 0:38 (50:39)	7:09 (10:57) 5:52 (38:02)	OK73 3:48 (14:45) 3:40 (41:42)	50:39 +15:34 3:21 (18:06) 4:05 (45:47)	6:16 (24:22) 3:01 (48:48)	4:54 (29:16) 1:13 (50:01)
13.	Svend Erik Jensen 4:58 (4:58) 2:49 (33:14) 0:44 (52:06)	7:57 (12:55) 6:06 (39:20)	OK Skærmem Værløse 4:04 (16:59) 3:23 (42:43)	52:06 +17:01 3:19 (20:18) 4:00 (46:43)	5:47 (26:05) 3:18 (50:01)	4:20 (30:25) 1:21 (51:22)

14.	Jytte Hougaard 3:17 (3:17) 2:40 (33:30) 0:35 (52:09)	7:27 (10:44) 5:24 (38:54)	OK Roskilde 8:46 (19:30) 4:05 (42:59)	52:09 +17:04 2:29 (21:59) 4:44 (47:43)	5:10 (27:09) 2:37 (50:20)	3:41 (30:50) 1:14 (51:34)
15.	Bent Mortensen 4:36 (4:36) 2:26 (34:16) 1:01 (53:44)	8:50 (13:26) 5:25 (39:41)	OK73 3:50 (17:16) 3:35 (43:16)	53:44 +18:39 3:28 (20:44) 4:59 (48:15)	6:43 (27:27) 2:59 (51:14)	4:23 (31:50) 1:29 (52:43)
16.	Nakiva Møgaw 4:16 (4:16) 3:33 (32:02) 1:25 (53:25)	6:48 (11:04) 3:19 (35:21) 0:30 (53:55)	OK ØST Birkerød 5:06 (16:10) 2:36 (37:57)	53:55 +18:50 6:06 (22:16) 5:42 (43:39)	2:52 (25:08) 3:25 (47:04)	3:21 (28:29) 4:56 (52:00)
17.	Eva Emanuelsson 4:15 (4:15) 3:14 (34:56) 0:44 (54:47)	8:06 (12:21) 5:33 (40:29)	Helsingborgs SOK 4:58 (17:19) 3:50 (44:19)	54:47 +19:42 3:45 (21:04) 4:40 (48:59)	5:57 (27:01) 3:39 (52:38)	4:41 (31:42) 1:25 (54:03)
18.	Steen Sørensen 3:21 (3:21) 2:40 (30:06) 0:39 (55:03)	7:10 (10:31) 4:59 (35:05)	OK Skærmøen Værløse 5:02 (15:33) 3:07 (38:12)	55:03 +19:58 2:49 (18:22) 11:23 (49:35)	5:14 (23:36) 3:40 (53:15)	3:50 (27:26) 1:09 (54:24)
19.	Marianne Lykking 4:01 (4:01) 3:12 (35:23) 0:44 (55:25)	8:37 (12:38) 5:07 (40:30)	OK73 4:14 (16:52) 3:27 (43:57)	55:25 +20:20 3:41 (20:33) 5:12 (49:09)	6:38 (27:11) 4:24 (53:33)	5:00 (32:11) 1:08 (54:41)
20.	Jørn Andreasen 4:39 (4:39) 3:16 (36:30) 0:43 (56:07)	11:50 (16:29) 5:38 (42:08)	OK73 3:43 (20:12) 3:27 (45:35)	56:07 +21:02 3:12 (23:24) 4:22 (49:57)	5:14 (28:38) 4:11 (54:08)	4:36 (33:14) 1:16 (55:24)
21.	Knud Torm 4:10 (4:10) 2:45 (39:33) 0:47 (58:36)	16:12 (20:22) 5:14 (44:47)	OK Skærmøen Værløse 3:31 (23:53) 3:27 (48:14)	58:36 +23:31 3:20 (27:13) 3:02 (51:16)	5:09 (32:22) 5:18 (56:34)	4:26 (36:48) 1:15 (57:49)
22.	Maiken Kjærulf 12:18 (12:18) 4:09 (42:58) 1:08 (1:00:36)	5:56 (18:14) 1:54 (44:52) 0:35 (1:01:11)	OK Sorø 3:58 (22:12) 2:34 (47:26)	1:01:11 +26:06 10:35 (32:47) 4:50 (52:16)	2:36 (35:23) 2:51 (55:07)	3:26 (38:49) 4:21 (59:28)
23.	Finn Olsen 5:23 (5:23) 5:02 (42:25) 0:44 (1:05:47)	9:17 (14:40) 5:59 (48:24)	OK Roskilde 5:26 (20:06) 4:07 (52:31)	1:05:47 +30:42 5:14 (25:20) 5:19 (57:50)	6:52 (32:12) 5:33 (1:03:23)	5:11 (37:23) 1:40 (1:05:03)
24.	Ulla Valnert 4:55 (4:55) 3:40 (43:36) 0:56 (1:09:39)	11:05 (16:00) 6:53 (50:29)	OK73 4:56 (20:56) 5:32 (56:01)	1:09:39 +34:34 4:17 (25:13) 6:02 (1:02:03)	8:01 (33:14) 4:55 (1:06:58)	6:42 (39:56) 1:45 (1:08:43)
25.	Lise Kolte 4:16 (4:16) 6:45 (47:13) 0:40 (1:12:17)	13:49 (18:05) 9:07 (56:20)	FSK Orientering 6:08 (24:13) 4:34 (1:00:54)	1:12:17 +37:12 4:37 (28:50) 5:33 (1:06:27)	6:32 (35:22) 3:49 (1:10:16)	5:06 (40:28) 1:21 (1:11:37)
26.	Annemette Galle 5:22 (5:22) 3:39 (47:09) 0:51 (1:15:07)	11:18 (16:40) 8:16 (55:25)	THOK 5:38 (22:18) 4:37 (1:00:02)	1:15:07 +40:02 5:11 (27:29) 7:06 (1:07:08)	9:10 (36:39) 4:53 (1:12:01)	6:51 (43:30) 2:15 (1:14:16)
27.	Leif Kajberg 5:17 (5:17) 3:53 (58:46) 0:42 (1:30:40)	8:54 (14:11) 6:20 (1:05:06)	OK 73 4:38 (18:49) 11:22 (1:16:28)	1:30:40 +55:35 2:57 (21:46) 6:09 (1:22:37)	10:56 (32:42) 4:50 (1:27:27)	22:11 (54:53) 2:31 (1:29:58)

Åben 3		(8 / 8)	Tid	Efter		
1.	Teresa Søndergaard Pohl 3:14 (3:14) 3:15 (26:43) 0:52 (43:43)	OK Roskilde 5:33 (8:47) 2:07 (28:50) 0:25 (44:08)	44:08 3:50 (12:37) 5:14 (34:04)	4:38 (17:15) 3:53 (37:57)	2:57 (20:12) 2:05 (40:02)	3:16 (23:28) 2:49 (42:51)
2.	Freja Kent 3:24 (3:24) 2:30 (32:22) 0:51 (45:49)	OK Roskilde 4:42 (8:06) 1:57 (34:19) 0:26 (46:15)	46:15 +2:07 3:41 (11:47) 2:14 (36:33)	13:22 (25:09) 3:27 (40:00)	2:25 (27:34) 2:06 (42:06)	2:18 (29:52) 2:52 (44:58)
3.	Signe Abild 3:37 (3:37) 2:50 (27:21) 1:06 (46:08)	Ingen Klub 6:19 (9:56) 3:06 (30:27) 0:30 (46:38)	46:38 +2:30 3:35 (13:31) 2:27 (32:54)	4:43 (18:14) 4:55 (37:49)	2:59 (21:13) 2:45 (40:34)	3:18 (24:31) 4:28 (45:02)
4.	Brian Merkel 4:00 (4:00) 2:56 (32:26) 1:32 (50:45)	OK Øst 4:41 (8:41) 1:56 (34:22) 0:28 (51:13)	51:13 +7:05 5:38 (14:19) 2:27 (36:49)	5:34 (19:53) 5:34 (42:23)	2:40 (22:33) 2:39 (45:02)	6:57 (29:30) 4:11 (49:13)
5.	Sisse Dalsgaard 4:15 (4:15) 3:33 (32:00) 1:22 (53:24)	OK ØST Birkerød 6:47 (11:02) 3:20 (35:20) 0:31 (53:55)	53:55 +9:47 5:11 (16:13) 2:34 (37:54)	6:02 (22:15) 5:38 (43:32)	2:50 (25:05) 3:30 (47:02)	3:22 (28:27) 5:00 (52:02)
6.	Holger Hansen 5:11 (5:11) 5:09 (57:42) 1:38 (1:23:39)	OK Tisvilde 27:25 (32:36) 3:25 (1:01:07) 0:43 (1:24:22)	1:24:22 +40:14 4:46 (37:22) 3:24 (1:04:31)	7:10 (44:32) 8:28 (1:12:59)	3:36 (48:08) 3:18 (1:16:17)	4:25 (52:33) 5:44 (1:22:01)
7.	Niels Torp Kastrup 5:32 (5:32) 26:14 (57:41) 1:09 (1:25:09)	Ballerup OK 7:54 (13:26) 2:19 (1:00:00) 0:45 (1:25:54)	1:25:54 +41:46 5:35 (19:01) 2:48 (1:02:48)	5:46 (24:47) 8:49 (1:11:37)	3:02 (27:49) 8:07 (1:19:44)	3:38 (31:27) 4:16 (1:24:00)
8.	Christopher Søgaard 6:10 (6:10) 6:58 (1:07:43) 3:01 (1:43:24)	OK Roskilde 10:19 (16:29) 5:01 (1:12:44) 0:48 (1:44:12)	1:44:12 +60:04 9:29 (25:58) 7:01 (1:19:45)	22:14 (48:12) 9:11 (1:28:56)	4:13 (52:25) 7:05 (1:36:01)	8:20 (1:00:45) 4:22 (1:40:23)

Åben 4		(2 / 2)	Tid	Efter		
1.	Sue Due Møller 2:03 (2:03) 0:41 (16:14)	2:07 (4:10) 1:03 (17:17)	21:19 1:06 (5:16) 1:09 (18:26)	2:25 (7:41) 1:08 (19:34)	1:43 (9:24) 1:17 (20:51)	6:09 (15:33) 0:28 (21:19)
2.	William Nielsen 2:37 (2:37) 2:19 (28:23)	3:48 (6:25) 1:11 (29:34)	THOK 1:56 (8:21) 2:08 (31:42)	4:57 (13:18) 2:00 (33:42)	4:26 (17:44) 1:52 (35:34)	8:20 (26:04) 0:28 (36:02)